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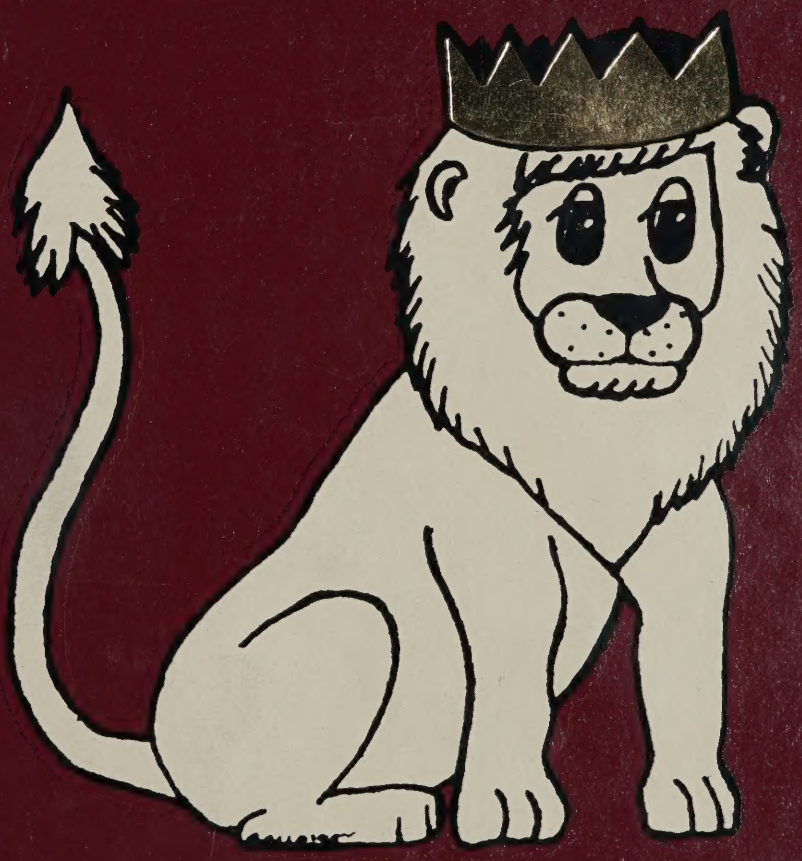
the lion KINGS



L I O N
1 9 9 5

Ludlow H

Class

FOR REFERENCE
Do not take from this room

gh School
1995

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the lion KINGS

▼Best friends Chris Alves and Tina Fernandes sport their school spirit on Booster Day.

LUDLOW HIGH SCHOOL
500 CHAPIN STREET
LUDLOW MA. 01056
(413) 589-9001

▲Simba, the lion from the actual Lion King movie, adorns the wall of the senior lounge.

▶Wrestling captains Ray Antaya and Steve Marino stand with lioness Diane Pielecha at their Student Patrol post.

the lion KINGS

Once upon a time, in a land not-at-all far away, our story began. The tale took place in the town of Ludlow, four years ago, when the frightened princes and princesses of the Class of 1995 first graced the corridors of Ludlow High School. It was a long and difficult journey to rise to the status of kings and queens, but the uniqueness and individuality of the class made accomplishments many and failures few.

▲Varsity soccer captain Dan Pires makes an important phone call in the main lobby.

▶Carissa Romaniak, Mike Alves, and Mandy LaPlante gather in the senior hallway between blocks.

▼Bella Marques and Maria Rodrigues parade around Boston during the trip to the International Festival.

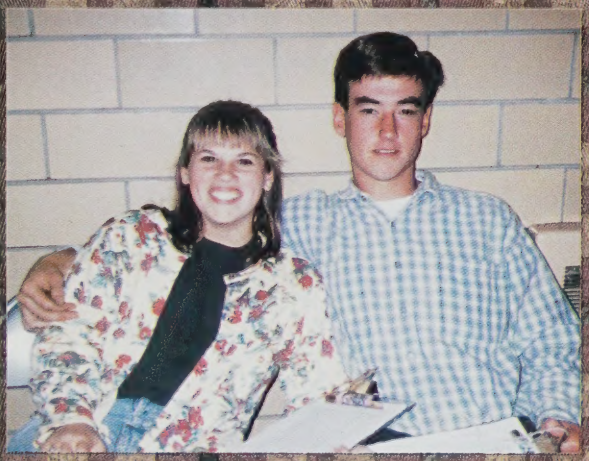
▼Beth Lemek shows off the newest form of solitary confinement as she holds the doors on Student Patrol.

▲Sabrina Gallo munches on her chips on School Spirit Day.

▲Laura Tereso cheerfully holds up the Lion King lunch box that she carries to school each day.

▶Megan Albright sits outside the Senior Lounge at lunch to avoid flying food.

▼During E Block, Stanley Poon and Amandio Rua diligently do their calculus homework.

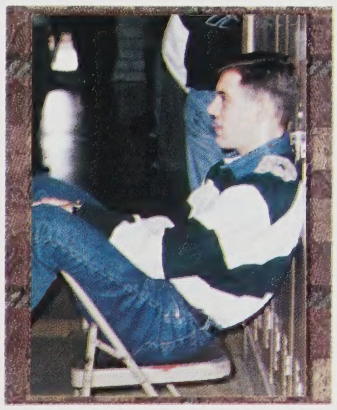


▲On Lunch Patrol, Desiree LaBrecque and Josh Dinelle display their infamous bathroom sign-in sheets.

▶Jeff Lawler and Mike Alves proudly stand at their Student Patrol posts.

the lion Seniors

As we entered our castle for the final year, we proved to be unconquerable rulers of the kingdom. We were able to overcome a very stressful journey which demonstrated our strength and courage. Whether it was college applications, the Senior Show, the prom, graduation, or simply our everyday classes, we won the battles. Our hard work and dedication supplied us with many crowns and let us carry on the motto, "We are the Lion Kings: we can do anything."



Our reign came to an end and the once fearful lords and ladies said a tearful adieu to the place we called home. After four long years of memorable events, the Class of 1995 was prepared to embark on another exciting adventure.

▲Kevin Auffrey uses his lunch patrol period to find new and inventive ways to sit in a chair.

▶Angela Cieplik, Michelle Desmarias, and Nicole Fiorentino parade through the International Festival held in Boston.

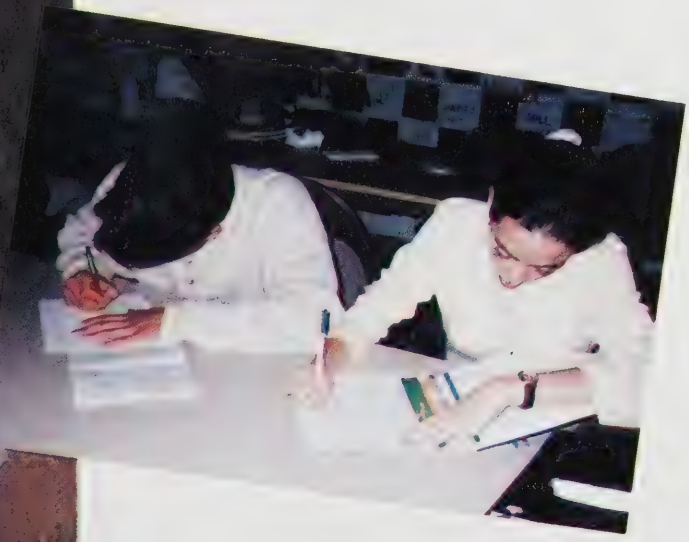
▶Paulo Gomes, one of the three students in the French V class, is tutored by Mr. Martin.

▼During the halftime break at the boys' soccer game, Tanya Casimiro, Jaime Dominique, Amy Nogueira, Melanie Pszeniczny, Katie Marino, and Kristin Calheno chat amongst themselves.

▶Learning about culture, Melissa Minnie and Lisa Haney stand at the Ecuador booth at the International Festival.

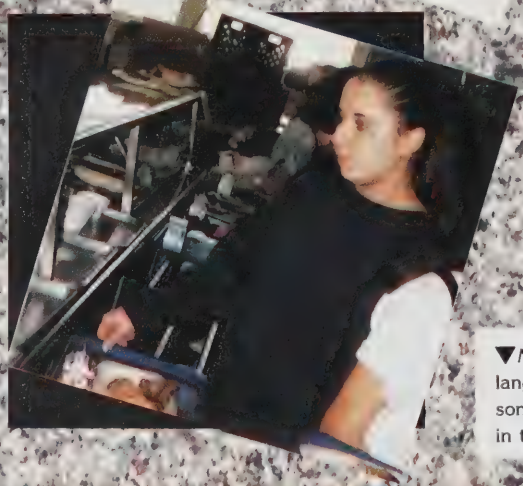
Student Life

Student life at Ludlow High School is a diverse combination of academics, culture, and extracurriculars. Although our purpose here is to learn, the non-academic aspects of our education are important to developing the social skills we use in life. The students interact with faculty, administrators, and other students making friendships that influence their lives. We learn about discipline and authority, and how to react to situations in our daily lives. The diversity of the student body allows us to gain new perspectives on different ethnic groups and cultures. We learn the study skills needed to succeed in college. Sports and clubs require us to cooperate and work with our classmates on a day-to-day basis. All these factors are part of our high school experience and mold our personalities.



▲Seniors Tony Dias and Kristin Calheno wisely use their lunch to do their homework.

▼Elzbieta Wojtowicz helps herself to kale soup and baked chicken on Portuguese Day.



"Foreign Language Week gave us a good chance to learn about other cultures. — Angela Karalekas"

▶Crystal Vieira, Amy Hudon, and Erica Martins model some ethnic hats at the International Festival in Boston.

▼The senior class Christmas tree demonstrates the will of the seniors to celebrate Christmas despite fire regulations.

▼Members of the foreign language chorus sing ethnic songs for the administration in the main office.

▲In French Class, David Ferrier displays his Eiffel Tower made of cream puffs.

▲The beautiful mural made by Diolinda Vaz hung in the main stairwell to commemorate Foreign Language Week.

Cultural Awareness

Throughout the halls of Ludlow High School, many different nationalities and cultures can be seen in the faces of the student body. With the help of the foreign language department, the students have attempted to recognize the variety and individuality of all cultures. Early in the fall, foreign language students went to the International Festival held in Boston. Various foods from all nations were available and apparel, flags, and hats were sold.

In March, the foreign language department put on Foreign Language Week. The corridors and main office were festively decorated to commemorate the event. Each day the flags of several different countries were proudly hung among balloons and streamers. Students danced lively to the music played in the cafeteria. Each day, a different nationality was celebrated: Monday — Polish day; Tuesday — Italian day; Wednesday — French day; Thursday — Portuguese day; and Friday — Hispanic day. The week ended with the Mardi Gras dance sponsored by the junior class. Foreign Language Week was successful in making students culturally aware of their diverse world.

▲Licinio Silva trades in his books for a good Portuguese sausage.

▲Michele Barbeau, Jonathan Haluch, Nick Zaldivar, and Michelle Goncalves enthusiastically make tacos during Spanish class.

Around School

There are a number of things that all students experience nearly every day that they are in the building. Lockers slam and students rush to class through the crowded corridors of Ludlow High School. Seniors who make up the student patrol direct traffic throughout the building. During E and F blocks the cafeteria and senior lounge are crowded with students hungrily eating their long-awaited lunch. During the school day the hall monitors stop wandering students and ask for passes. The only option for bathroom facilities is in the main hallway. Students must get a key to open the door to either bathroom. After the school day is over, the few, but dedicated sports players and extracurricularly-involved students can be seen among the scattered papers that decorate the corridors.

▲Gina Barroso, Kim Coelho, Sandy Masse, and Maria Gomes demonstrate the usefulness of the half door in the senior lounge.

▲Nick Nutting and Karen Wisell discuss homework while Michelle DaSilva and Cheryl Barry enjoy their yogurt.

◀Amanda LaPlante demonstrates how to use the bathroom key, an aspect of everyday life here at Ludlow High.

▼Sharing a locker is not uncommon: best friends Tracey Dilley and Melissa Pollard live out of their locker.

"The senior lounge is definitely a place to catch up on homework from the night before. — Michelle Goncalves"

▼The first "snow day" was in September when a Springfield water main broke.

▼Justin LaBier and Shawn Prophet get ready to go to class as they pull their books out of a locker.

▲Michelle Cushing, Adam Rivest, and Sharon Lecuver are in great spirits on their way to class.

▲Loitering in the hallway, Lisa Pio and Michelle Nogueira relax and enjoy their lunch block.

▼During a varsity boys' soccer game, Seniors Sara Swiatlowski and Amber Gonyea sigh when the opposing team scores a goal.

"We can always find a place to have a great time! — Kristin Calheno and Carissa Romanial."

▶A group of seniors and sophomores sit on the stairs facing the gymnasium during the Booster Day dance.

▼One of the many couples at the dance, Corey Tomlinson and Cheryl Leits dance at the Booster Day dance.

▼Brian Goodreau and Jake Dorval watch an intense soccer game at Whitney Park.

▲Good friends Kara Jorge and Erin Ruell enjoy themselves at a school dance.

▲Senior girls enjoy lunch at the Pizza Hut buffet. Row 1: Amy Jodlowski, Elizabeth Bunten, Michelle Cushing, Desiree LaBrecque, Kristin Hyder. Row 2: Chrissy Santos, Becki Small, Sabrina Gallo, Andrea Markiewicz, and Diane Pielecha.

Hangouts

Ludlow High School students can be found almost anywhere in this small town we call home. They are employed at Big Y, CVS, the local bakeries, and restaurants. Among these restaurants are the traditional hangouts of McDonald's, Burger King, and even Friendly's. Even though these fast food and ice cream places are still the object of student loitering, the current student body has found some original places to hold their weekend parties. Locations such as the Bungalow and the Trestle are usually the topic of conversation on a Friday afternoon as well as the popular Motel 6.

Unfortunately, the traditional school dance has lost its popularity with the students so turnout is usually low. Those who do come back to school for dances usually have a good time dancing to the latest music. Throughout the year, students can be found at sporting events cheering on their classmates. We have a great pride in our school and its athletic program as the crowded bleachers show.

On half days, students can be found in all the local restaurants or strolling through the nearest mall. Ludlow students have their fair share of fun. As one senior stated, "This town may be small, but we still can find places to have a good time."

▲Brian Haney sits in the bleachers seriously watching a football game.

▲Jeff Salvador, Bill Scott, and Shannon Stebbins do their work in study hall.

Academics

Here at Ludlow High, the faculty and administration place a strong emphasis on academics although the students don't always follow their example. Even though school should be fun, our main purpose for being here is to study and prepare for our future, be it college, the military, or work. Each student is required to take four years of English and one year of U.S. history and government. The students have a wide variety of course choices from each department including math, science, English, social studies, language, and the arts. Although most students stick to a college preparatory curriculum, there are many electives offered to meet the needs of the entire student body. Some students choose to take a half a day of classes and then travel to the collaborative to learn a trade, or to a work-study program to gain experience in a career.

The small, intimidated freshmen who enter this building eventually graduate and leave as well-rounded adults. The students at Ludlow High are able to combine academics, sports, and extracurriculars to suit their own personalities and individual styles. Ludlow High School is known for its strength in academics, and the students here are an excellent reflection of that.

▲Mr. Burns's A block students work on a cooperative learning mural in clay in their ceramics class.

▲Andrea Giuffre is absorbed in her homework during study hall.

▲Todd Gurka, Robert Hogan, and Steve Koziol work on the word processors in their business class.

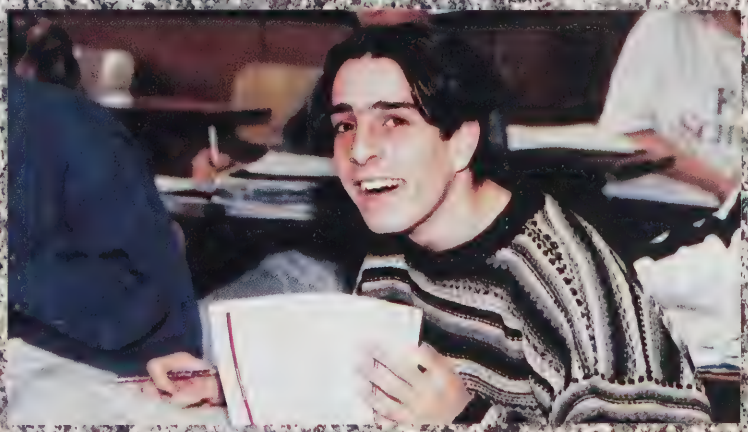
◀Steve Lauzon works on his wood project in Mr. Kendrick's class.

▼Kristy Thompson and Sarah Podsadowski dissect a cat in Mr. Dalessio's anatomy and physiology class.

"I really lucked out, my teachers are great. — Didi Vaz"

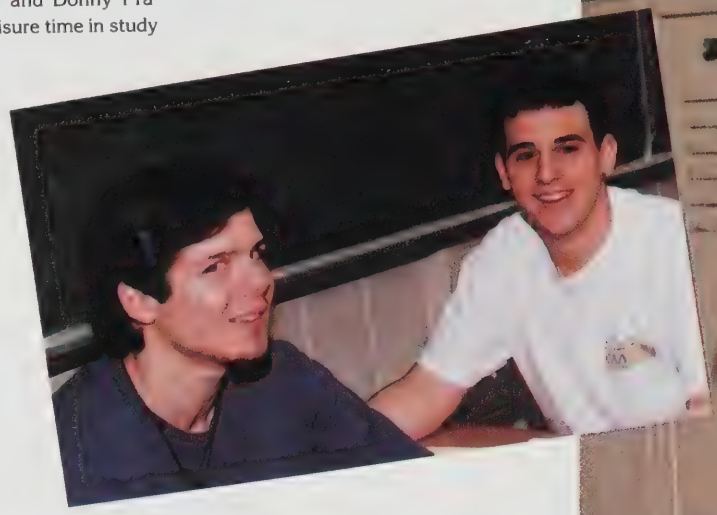
▼Chris Moore smiles broadly as he absorbs knowledge.

▼Adriano DosSantos holds his place in the periodic tables while he works in Mrs. Cavallo's chemistry class.



▶Brian Carvalho and Brian Bernard dissect a sheep brain during anatomy.

▼Marco Ferreira and Donny Fragoso enjoy their leisure time in study hall.



People

Driving down Chapin St. in Ludlow, you come across the castle called Ludlow High School where the lords and ladies can be seen gracing the halls with a style all their own. As you pass through the gates, you come to realize that it is not only an institution for learning but also a second home. In this kingdom, you not only find the young aspiring lords and ladies but also the older and wiser royalty. These teachers and administrators guide us through our enchanted years at Ludlow High School.

◀Liz Rufo enthusiastically works on a lab during Mrs. Kavka's chemistry class.

▲Jeff Martins and Sandy Masse spend their free block each day as hall patrol.

◀Nicole Tarby makes a quick stop at her locker before going to class.

▲Cindy Lantaigne, Jen Salvador, and Tanya Long take a break from the excitement of the sophomore winter banquet.

▲Senior Class Officers
Vice-president Kristin Calheno, Treasurer Gina Barroso, President Carissa Romaniak, Treasurer Diane Pielecha.

Seniors

The much anticipated senior year arrived at last, and the class of 1995 was finally on top. They started off the year by sponsoring the annual Booster Day dance early in the fall. On December 29, the seniors held their last winter banquet, the Senior Masquerade, at the Sheraton Hotel in Springfield. From late February until show time, the seniors worked diligently on the Senior Show, Dazed and Confused in '95. The senior executive board also worked hard to make Class Day, Senior Olympics, a scavenger hunt, the Senior Banquet, and graduation memorable for all. The Senior Banquet was held on May 24th. It brought back many of the experiences on which our four years of high school were built. Our memorable mystery trip proved to be an exciting conclusion to our lives in Ludlow High School!

Class of 1995

▲Senior Executive Board
Row 1: Beth Lemek, Diane Pielecha, Gina Barroso, Carissa Romaniak, Kristin Calheno, Kim Coelho, Row 2: Susan Goncalves, Jessica Beston, Adam Rivest, Tony Dias, Ross Cocchi, Nicole Tarby, Renee Forzano, Karen Wisell, Nancy Martins, Christina Santos.

▲Advisors
Mr. David Larrivee, Mrs. Jane Thompson, Mrs. Maryjean Gaumond.

Megan Albright

Connie Alfaia

Christina Alves

Michael Alves

Shelby Anderson

Ed Aniolowski

Raymond E. Antaya III

Kevin Matthew Auffrey

Ricardo Azevedo

Colleen M. Baker

Gina P. Barroso

Cheryl Barry

Denise F. Batalha

Elaine Batista

Brian Bernard

Jessica Anne Beston

Jason Borek

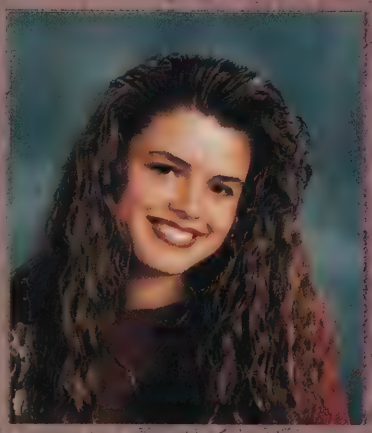
Jason Bourbeau

Sarah Bousquet

Elizabeth Bunten

Jeffrey Butcher

Kristin Marie Calheno

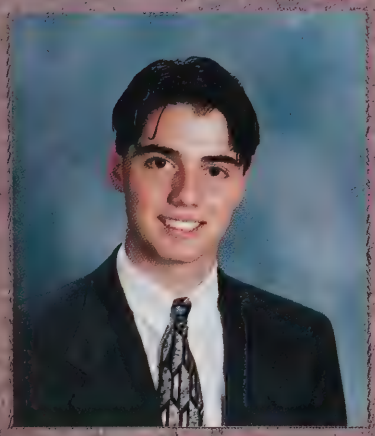

Beatriz Calvao

Jimmy Canoa

Joel Canoa

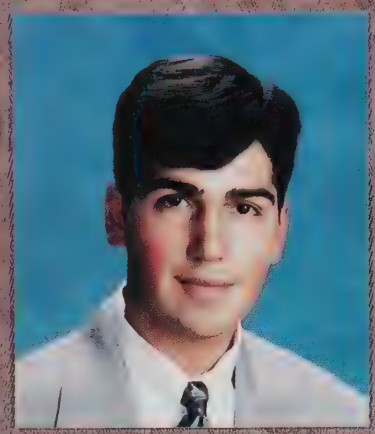
Brian Carvalho

Celia Chaves


Ross Cocchi

Kimberly Coelho

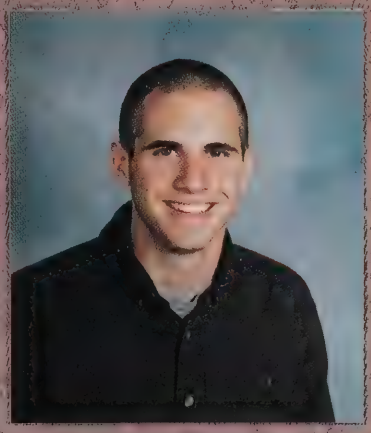
Michelle Christine Cushing


Mario G. DaCruz

Matthew Danner

Michelle DaSilva

Mary A. DeBarge

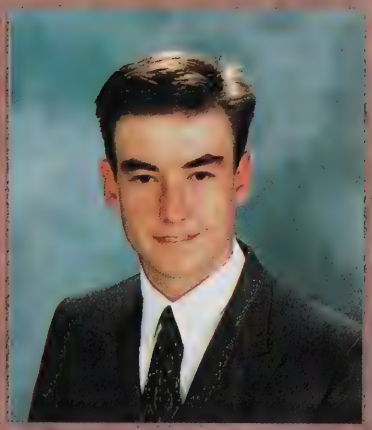

Ed Denette

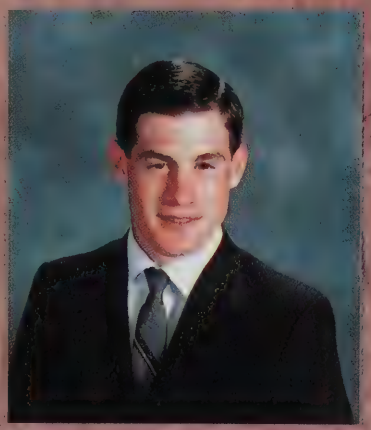
Craig Deraleau

Antonio Dias

Tony Dias

Tracey Anne Dilley


Josh Dinelle


Kevin Dolley

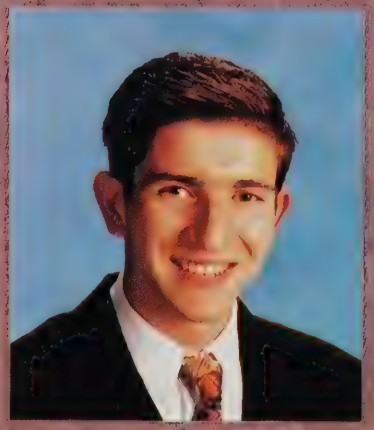
Andrew Dorval

Jacob Dorval

Laura A. Dudley

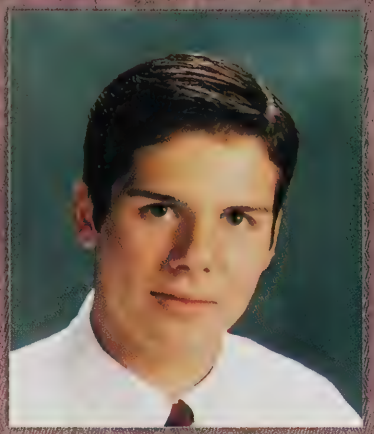
Katie-Jane Dziura

Kimberley Ann Enos


Bruno Fernandes

Christina Fernandes

Kevin Ferrabelo


Marco Ferreira

Jennifer Fitzgerald

Antonio Fonseca

Elizabeth Fortunato

Renee Marie Forzano

Donny Fragoso

Julie Fragoso

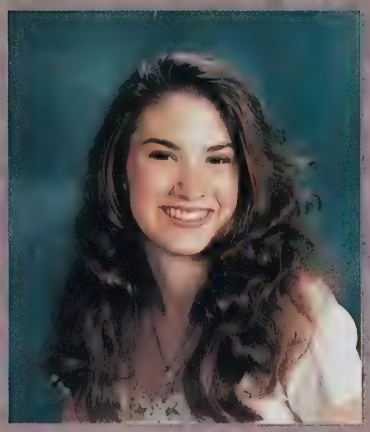
Kari Franceschina

Joe Freitas

Sabrina Gallo

Luis Pedro Ganhao

Benjamin Gaumond


Anne Geboskie

Melanie Geer

Nicole Giroux

Cynthia Gomes

Maria J. Gomes

Paulo Gomes

Anita Goncalves

Matthew Goncalves

Michelle Goncalves

Susan Goncalves

Tony Goncalves

Amber Gonyea

Brian Goodreau

Joseph Goodreau

Kristie Maureen Haley

Mark Hite

Kristin Hyder

Amy Jodlowski

Kara Jorge

Edyta Karczynska

Cynthia Kozaczka

Deborah Kropp

Justin LaBier

Desiree LaBrecque

Kimberly Lafayette

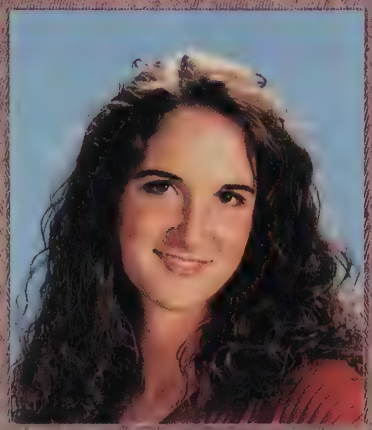
Angela Landry

Amanda LaPlante

Frank LaPointe

Danica M. Lariviere

Jeffrey D. Lawler


Beth Ann Lemek

Kristoffer Linna

Andrea Lombardi

John Maggard

Dominic Maggi

Stephen Marino

Andrea Michelle Markiewicz

Florbela Marques

Lynn Martin

Jeffrey Martins

Nancy D. Martins

Sandra Masse

Michelle Miles

Jeanine Mileskie

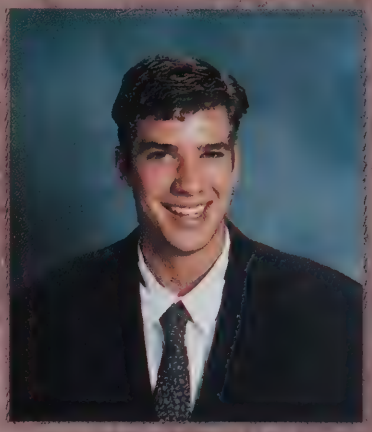
Sara Minich

Matt Misiaszek

Scott Molway

Chris Moore

Danny Morais


Mario Morton

Nicholas Nutting

David Ostrowski

Kevin Peabody

Daniel A. Pederneira

April Perusse

Jeremy Picard

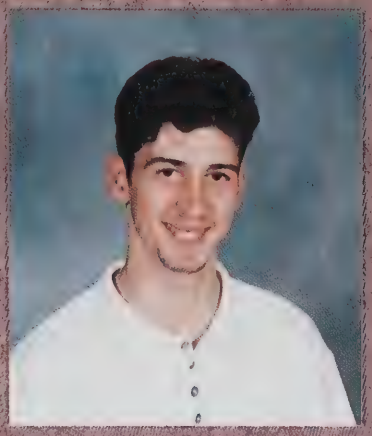
Diane Pielecha

Melissa K. Pollard

Stanley Poon

Jaime Renee Pouliot

Shawn Prophet


Luis Quiterio

Antonio Ramalhete

Tony Ribeiro

Adam R. Rivest

Evette Rodrigues

Maria Rodrigues

Carissa Ann Romaniak

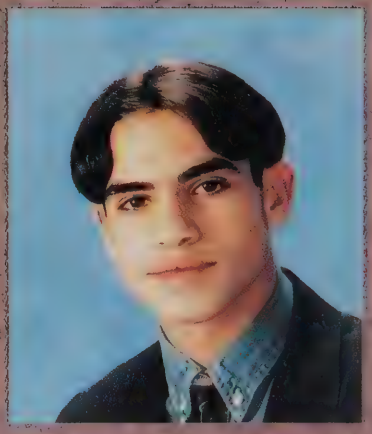
Amandio Rua

Andrea Ruest

Dana Salvador

Christina Marie Santos

Lisette Santos


Robert Santos

William Scott

Angela Silva

Licinio Silva

Rui Simao

Michelle Crista Skarbek

Rebecca Lynn Small

Shannon Stebbins

Melissa Faith Strycharz

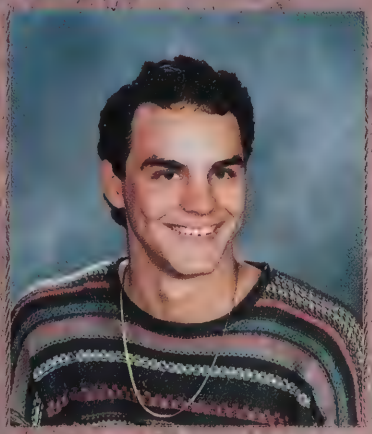
Kristine Stuart

Michael Surreira

Sara Swiatlowski

Nicole Tarby

Laura Ann Tereso


Corey Tomlinson

John Vigliano

Steven Vitorino

Jeffrey Webb

Karen Wisell

Karen Wolcheck

Seniors not Photographed

Juliet Bates
Eduardo D'Miranda
Daniel Dias
Joao Dias
Jean Ducharme
Bryan Ferreira
Aaron Fitzsenry
Joao Goncalves
Shannon Kapinos
Dagmara Lachut
Dennis Lage
Jennifer Lane
Jose Larouco
Sharon Lecuyer
Joseph Malfino
Michael Menard
Christopher Miller
Kristopher Moorhouse
Michelle Nogueria
Heath Owens
Sofia Paulino
Dana Peabody
Daniel Pires
Fernando Ramos
William Rodriguez
Jason Rolo
Jennifer Schimmel
Kevin Schwerdtfeger
Stella Simoes
Amy Jo Wales
Kenneth White

▶Laura Dudley and Ken White take a break on the balcony outside the main ballroom.

▼Always enthusiastic, Joe Larouco's smile shows his enjoyment of the "Senior Masquerade."

The Class of 1995
presents
"Senior Masquerade"

Spfld. Sheraton Hotel — Dec. 29, 1994
6:00 - 11:00 PM — Donation $25.00

▲Edith Karczynska shows her classmates her unique dancing style.

▲Debbie Kropp and Nancy Martins dance on the crowded dance floor at the Sheraton Hotel.

The Senior Masquerade

The Class of 1995 held its annual winter banquet, The Senior Masquerade, on December 29th at the Sheraton Hotel in downtown Springfield.

Ticket price was $25 per person with a choice of beef sirloin, chicken cordon bleu, or a vegetarian plate. The dessert was a scrumptious chocolate mousse topped with a fresh strawberry.

A variety of music was provided by Mark's Rolling Dance Revue. Senior Adam Rivest and his date, Kate Chaconas, kept the dance floor alive with their theatrical dancing.

Senior Diane Pielecha stated, "Not only was it well organized, but it will be a memory I will never forget."

◀Good friends Nicole Giroux and Maria Gomes enjoy a friendly moment at their last winter semi-formal.

▲Beatriz Calvao and Tony Fonseca dance the night away at the senior banquet.

▲April Perusse, Lisette Santos, and Dana Salvador take time out to sit down and relax.

◀One of the many couples in the senior class, Diane Pielecha and Brian Carvalho are caught in a precious moment.

Juniors

The Class of 1996 had a very productive year. The excitement started right in September with the Big Brother/Big Sister Day events. The juniors put on a skit to make the freshmen feel better about entering the high school and a dance for only the two classes to attend.

In December the junior executive board held its annual banquet entitled "The Snowball Strikes Back" at the Colosseum in West Springfield. It also held "The Junior Mardi Gras" in March to raise funds for the class.

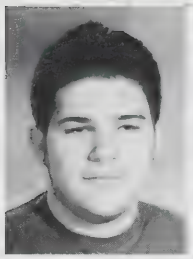
Putting together the prom, "For Just A Moment," and Senior Assembly was a long and difficult task, but the Class of 1996 proved its efficiency by the results.

▲**Junior Class Officers**
President Lisa Goncalves, Secretary Yvonne Santos, Treasurer Angela Karalekas, Vice-president Melissa Rodrigo.

Class of 1996

▲**Advisors**
Ms. Mary Moriarty, Mr. Leonard Phelon, Ms. Faye August.

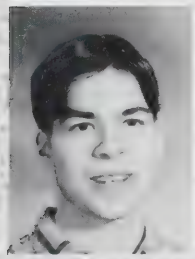
▲**Junior Executive Board**
Row 1: Kara Dubosh, Anne Skora, Charli Asta-Ferrero, Christy Boyea, Sarah Podsadowski. Row 2: Lisa Pio, Angela Karalekas, Lisa Goncalves, Melissa Rodrigo, Yvonne Santos, Tanya Casimiro. Row 3: Debbi Ribeiro, Elizabeth Dias, Sally Martins, Sally Carlos, Erin Ruell, Jennifer Minie, Christina Pereira, Sue Alves, Luis DaCosta, Michelle Sebastiao.

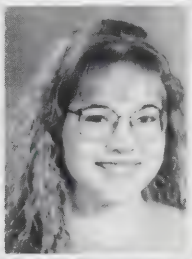


Keith Szemela works on his computer during word processing class.
Fernando Alves

Co-editors of **Highlights**, Kristy Thompson and Renee Antaya, type articles after school in Mrs. Kelley's room.
Laura Alves

Susan Alves
Jen Amaral
Claire Anghilante
Charli Asta-Ferrero
Ivan Babian
Rebecca Baker



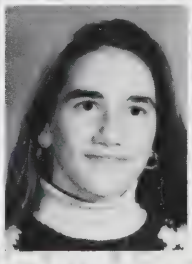


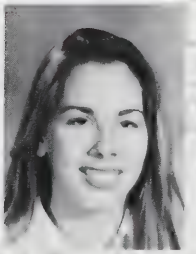
Christopher Barroso
Heather Bartholomew
Kyle Bedard

Amy Goncalves and Ms. Faye August take part in a whipped cream fight as they make sundaes for the freshmen during the Big Brother/Big Sister Day Assembly.

Timmy Dias, a junior varsity soccer player, dribbles the ball out of the defensive zone.
Kathy Bigda

Cory Bobowiec





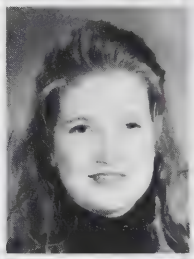
Christy Boyea
Lisa Bramucci
Angela Brennan
Lynda Brennan

Jennifer Calkins
Tanya Casimiro
Allison Costa
Luis DaCosta
Michelle Desmarais enjoys herself at the sophomore class banquet held at the Elks Club.

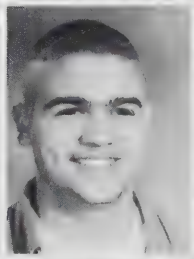
Christina DaCruz
Gary Dawson
John DeBarge
James Dempsey

Heidi Malfino works on her algebra homework during class.

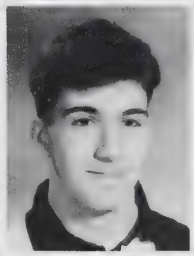
Elizabeth Dias



Michael Dias
Timothy Dias
Jaime Dominique



Sharon Dooley
Jocelyn Dorval
Adriano DosSantos
Fernando DosSantos
Shannon Driscoll
Lindsay Drobot



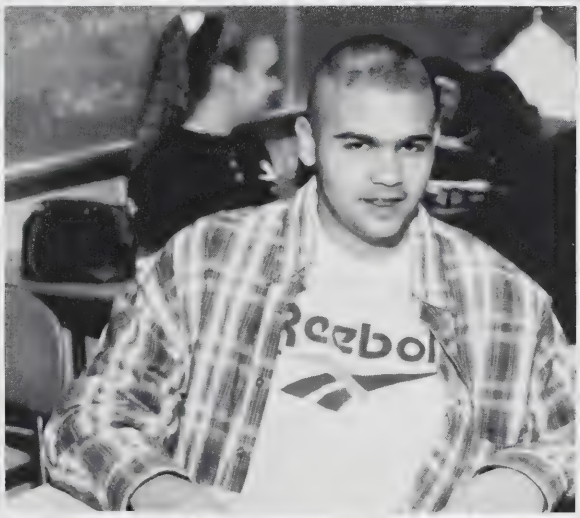
Kara Dubosh
Jesse Eugenio
Christina Fava works on her English homework despite the conversing of her classmates in study hall.

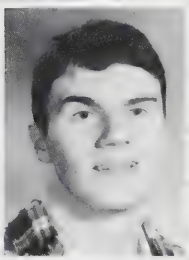
Jose Eugenio

Mark Eusebio
Cristina Fava
Todd Fillion

Lisa Frates
James Gagne
Christina Garcia
Amy Goncalves takes a break from the tedious sport of badminton during Mr. Peterson's PE class.

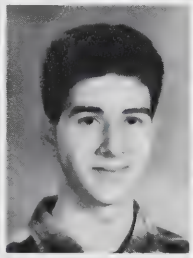
Veronica Gaudreau
Jonathan Gelula
Andrew Gendreau



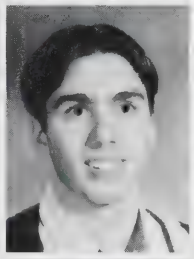


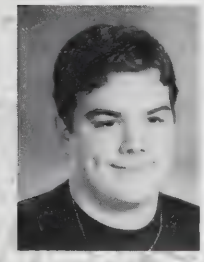
Andrea Giuffre
Timmy Dias anxiously awaits the start of his class.
Anabela Gomes
Carlos Gomes

Cecilia Goncalves
Chris Goncalves
Lisa Goncalves



Jeremy Greene
Daniel Gregorio
Christie Griffith
Jackie Hafner
Brian Haney
Raymond Hastings





Christine Hudyka
Richard Huff
Jaime Dominique, Jen Hill, Charli Asta-Ferrero, Angela Malaquias, Angela Karalekas, and Yvonne Santos loiter in the junior hallway before the 7:32 bell.

Michael Ingalls
Amber Janes

Renee Peabody and Philip Monette, chemistry partners, work on a lab in Mrs. Kavka's room.

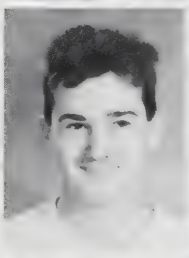
Agnes Jaracz
Angela Karalekas
Jaclyn Kareta

Melanie Kareta
Adam Kiel
Anthony Korzec

Matthew Lambert
Lisa Laroche
Jessica Latour

Here's looking at you, kid! Lindsay Drobot is trying not to let her classmate see that she is looking at him.

Steven Lauzon
Jeffrey Leandro
Kelley Leary



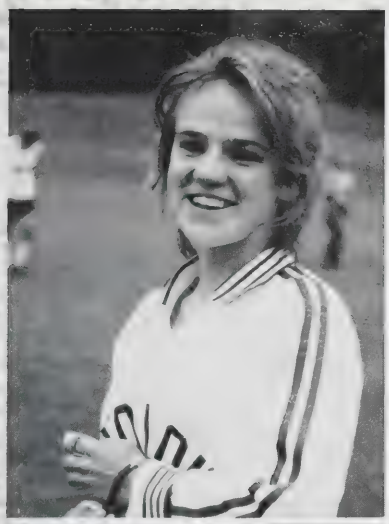
Coach Jim Richards advises varsity soccer defenseman Jen Amaral on how to beat the opponent.

Cheryl Leits
April Lind
Amy Maello

Ana Maia

English couldn't be any more exciting for juniors Jen Palmer and Kim Parker.

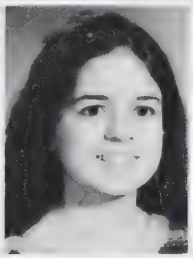
James Maio



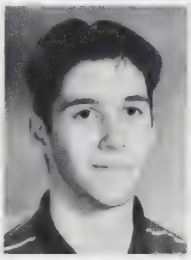
Soccer seems to have gotten the best of junior varsity player Tanya Casimiro.
Aaron Majka
Ana Maia listens to the instructions given to the juniors about being a positive role model to the assigned freshman siblings.

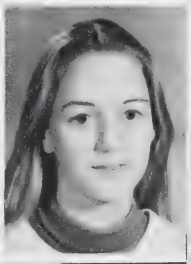
Angela Malaquias

Stacey Mallalleu
Wesley Manuel
Katie Marino

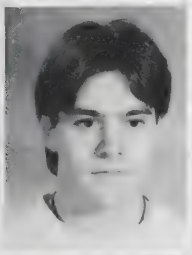


Todd Fillion raises his hand to ask Mrs. Bennett a question about Foreign Language Week.
Sally Martins
Cindy Mateus
Rebecca Maynard

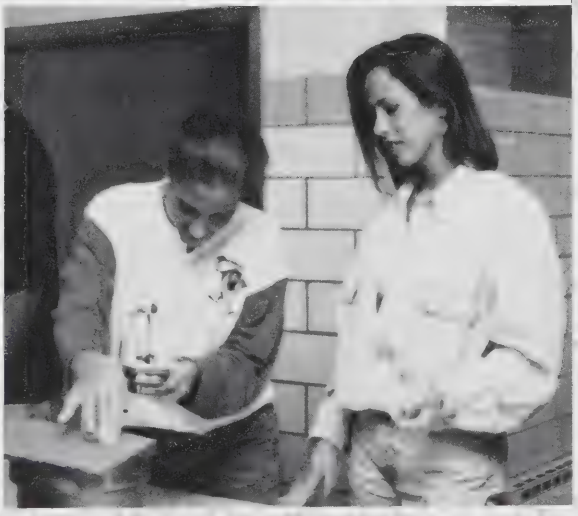




Jason Mazur
Jodee MaCarthy
Jennifer Minie



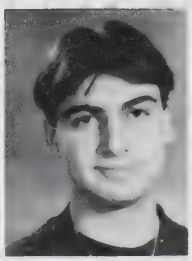
Phillip Monette
Thomas Nally
Jennifer Nascimento



Allison Costa and Jaime Dominique prepare a hot fudge sundae for a freshman during the Big Brother/Big Sister events held in September.

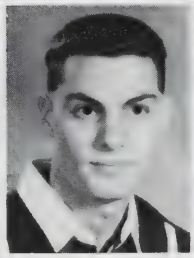
Robert Nascimento
Chad Nelson
Brian Nocrasz

Amy Nogueira
Brian Nogueira
Christopher Novelli
Varsity soccer player, Eddie Pires, demonstrates the proper technique for getting back a misjudged ball.



Todd Orchulek
Eric Otto
Jennifer Palmer

Sara Vital dances to the great music played at the sophomore banquet.
Kimberly Parker
Antonio Paulo
Renee Peabody



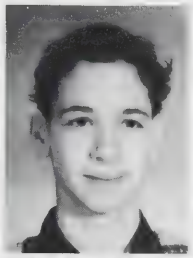
Mark Pedro
Jackie Hafner and Erin Ruell relax by the water fountain at Chez Josef.

Christina Pereira
Erick Pereira
Michael Pereira
Tiffany Pereira

The Class of 1996 sings to the freshmen at the Big Brother/Big Sister Day Assembly.
Elizabeth Pielecha
Jennifer Pina

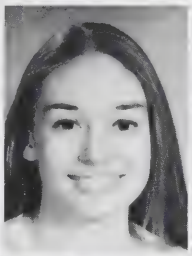
Lisa Pio
Eddie Pires

Veronica Gaudreau prepares herself for the start of Mr. Fanning's history class.
Sarah Podsadowski
Kevin Pyzocha



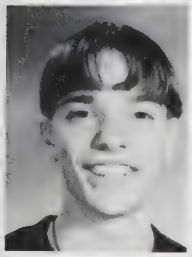
Ricardo Queiroga
Jason Ragsdale

Beth Ricardi
Melissa Rickson
Jennifer Riopel
Lisa Robichaud
Carlos Gomes chases after a loose ball during an away game.



Wesley Manuel sports his suit while awaiting for the dancing activities to begin at the sophomore banquet.
Melissa Rodrigo
Michael Rodrigues

Christopher Root
George Rosa
Mark Rosa
Erin Ruell



Jeffrey Salvador
Christina Santos
Heavyweight Ivan Babian intensely puts a move on his opponent in hopes of winning a wrestling match.

Yvonne Santos
Michelle Sebastio

Yvonne Santos, Angela Karalekas, and Melissa Rodrigo await the entrance of the freshmen to the Big Brother/Big Sister Assembly.

Carlos Seguro
Daniel Sheehan
Coryn Silva

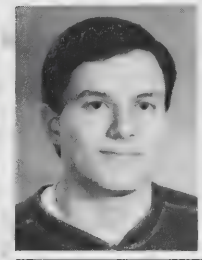
Anne Skora
John Summerlin
Christiana Surreira

David Tavares
Christie Thomas
Kristy Thompson

Liz Dias and Dave Vitorino left their dates and shared a friendly dance at the Senior Masquerade.

Sarah Torrey
Heather Valley
Sara Vital

David Vitorino
Michael Wells
Renee Widor
Shauna Williams
Crystal Wrona
Edward Young



Claire Anghilante, Christie Thomas, Celia Goncalves, and Heather Bartholomew take a rest from the excitement of the International Festival in Boston.

Danika Zick

Jimmy Ziemba

Junior Banquet

On December 3rd, the junior class held its annual winter banquet, "The Snowball Strikes Back," from 6:30-11:00 p.m. DJ David Costa provided entertainment at the Colosseum Banquet Hall in West Springfield. Tickets were sold individually for $25 and included a formal dinner with a choice of chicken cordon bleu or baked stuffed shrimp. According to Angela Karalekas, the students at the banquet will never forget the incredible (broken) sound system that the DJ brought along or the fun they had when they crossed the hall at the Colosseum and danced with the students from West Springfield High.

▶Christy Boyea, Tanya Casimiro, Jackie Hafner, Angela Karalekas, and Charli Asta-Ferrero take a group shot before heading to the Colosseum Banquet Hall.

▲A few members of the junior class pose on the steps inside the banquet room for their classmates to take some pictures.

▶Good friends, Andrea Giuffre and Kara Dubosh, are in high spirits during the winter formal.

▲Melissa Rodrigo and Renee Peabody socialize while waiting for their dinner to be served.

Class of 1997

▼**Sophomore class officers**
Treasurer Melina Louvitakis, President Sean Thompson, Vice-president Matt Goncalves, Secretary Amy Hudon.

The Class of 1997 had a typical year for a sophomore class. Not many events occurred, but the ones that did were very successful.

A candy sale was held in the beginning of the year to make money for the class. Each sophomore was given a box, which included 42 packages of goodies, and was forced to sell them all. The price for each package, which included Jolly Ranchers, Milk Duds, and Whoppers, was $1.00 apiece.

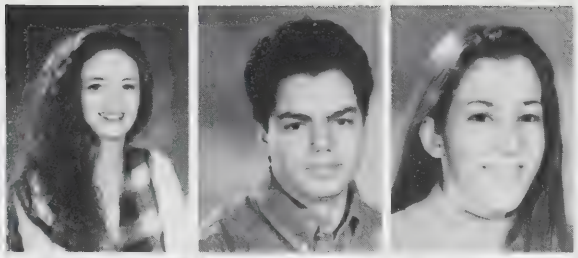
In November, the Class of 1997 travelled to New York for the annual class field trip. The students saw a Christmas show at Radio City Music Hall, went shopping, and ate dinner at the Hard Rock Cafe.

Sophomores

▲**Sophomore Executive Board**
Row 1: Amy Hudon, Melina Louvitakis, Matt Goncalves, Sean Thompson.
Row 2: Tanya Long, Christina Mendes, Jen Dinelle, Karen Nogueira, Christine Santos.

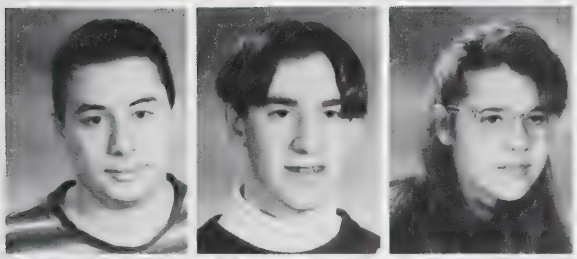
▲**Advisors**
Mrs. Nancy Kavka and Mr. James Marceau.

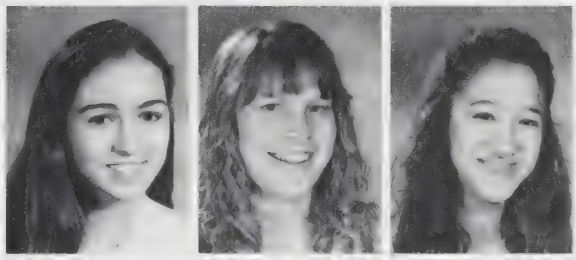
Michelle Santos and Americo Freitas relax and listen to the music at "The Winterfest Part Deux."



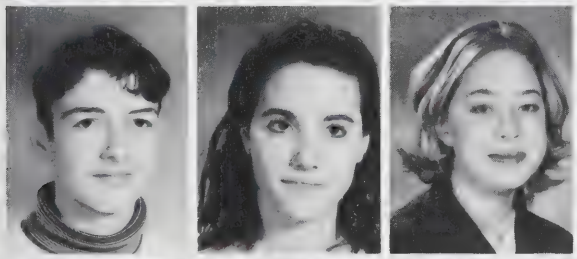
Nicola Albano
Jason Alves
Linda Alves

Suzana Alves
Jennifer Ambroziak
Marjorie Armitage

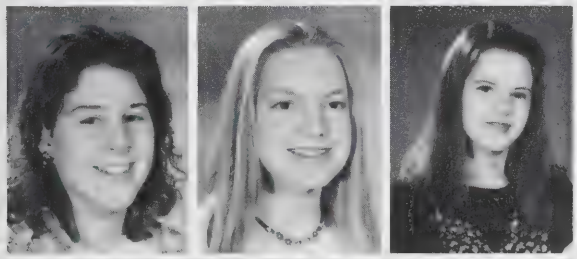




Michael Assaf
Justin Bailey
Paula Baltazar
Fatima Barroso
Carrie Barrus
Jessica Batalha

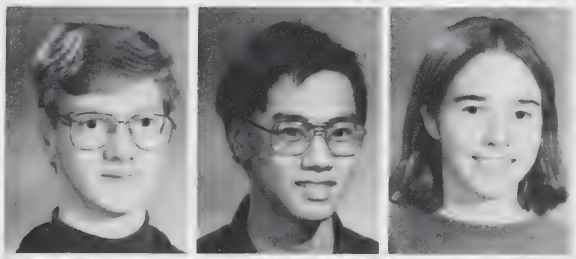


Joseph Batista
Angela Belleville
Roxanne Benjamin
Jen Salvador, Linda O'Malley, and Rebecca Wright socialize and take pictures at the winter semi-formal before dinner.



Shelly Boduch
Leigh Boland
Sharon Brodeur

Angela Cieplik works diligently on her geometry assignment during class.



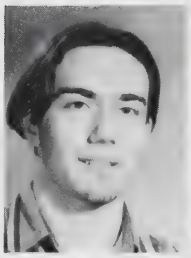
David Buckley
David Bunten
Nicole Burek

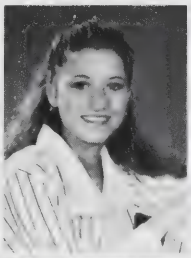
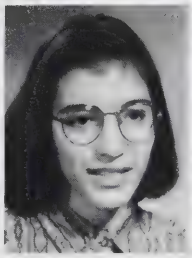
Heather Burtch
Erin Campana
Mike Carvalho

Antonio Castro
Christopher Champagne
Nancy Chelo
Jen Salvador and Nick Saloio catch up on their sleep on the way home from the International Festival in Boston.

Angela Cieplik
Danielle Clark
Michael Codding

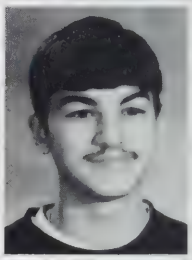
Steven Costa
Jennifer Cyranowski
Anna Czupryna
Anne Marie DaCosta
Amy Desautels
Christina Dias



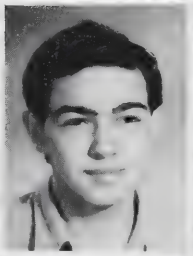



Traci Garrity finds it hard to pay attention to the rules of the preterit tense in her Spanish class.
Christina Dias
Daniel Dias
Jennifer Dinelle
Justin Dobson

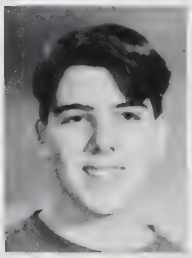
Adam Dorval
Wesley Dupuis
Michael Dymon
Danny Elias

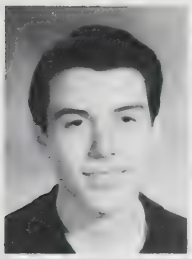


William Escribano
Nancy Fernandes
Maggie Ferrabelo
Nancy Chelo and Sharon Nogueria confusedly anticipate the outcome of the varsity girls' soccer game.



Michael Ferrabelo
Celia Ferreira
David Ferrier





Dennis Fialho
Paulo Fialho
Nicole Fiorentino
A group of sophomores work on and discuss their ceramic project.

Kathryn Fitzgerald
Eric Flebotte
Adela Flores

Aderico Florindo
Kevin Fonseca
Michael Forcum
Mindy Franck
Americo Freitas
Alan Gates

Jeremiah Cherbonneu deeply concentrates on his math homework during some free class time.
Roger Gendreau
Adriano Genovevo
Adam Giverson

Robert Gomes
Gorete Goncalves
Jorge Goncalves

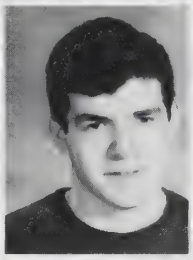
Matthew Goncalves
Susana Goncalves
Brian Gosciminski
Erika Martins and Paul Santos get a few minutes of cramming time in before a biology test.

Michael Gove
Heather Griffith
Laura Gruszka

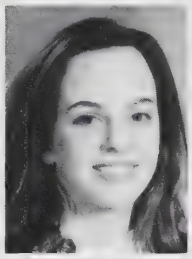
National Foreign Language Week sure put Erin Campana in festive spirits. Erin entertained her classmates with her "paper cup trick" during a fiesta with Mrs. Bennett.

Todd Gurka
Tracy Haluch
Ken Haney

Peter Henriques
William Herrick
Carlos Hickey

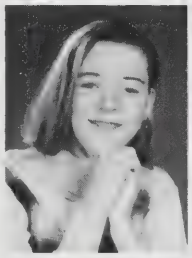


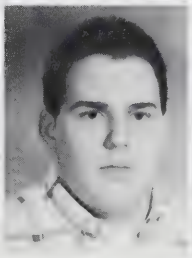
Jennifer Hill
Jeffrey Hiorns
Lindsay Ho
Robert Hogan
Amy Hudon
Kimberly Jorge



Kerri Kelsey
Jamie Kendall
Andrea Kerr
Andrew Kessler
Melanie Pszeniczny peacefully enjoys the festivities at the sophomore banquet.

Meghan Ketchum
Lisa Keyes
Robert Kopec
Stephen Koziol

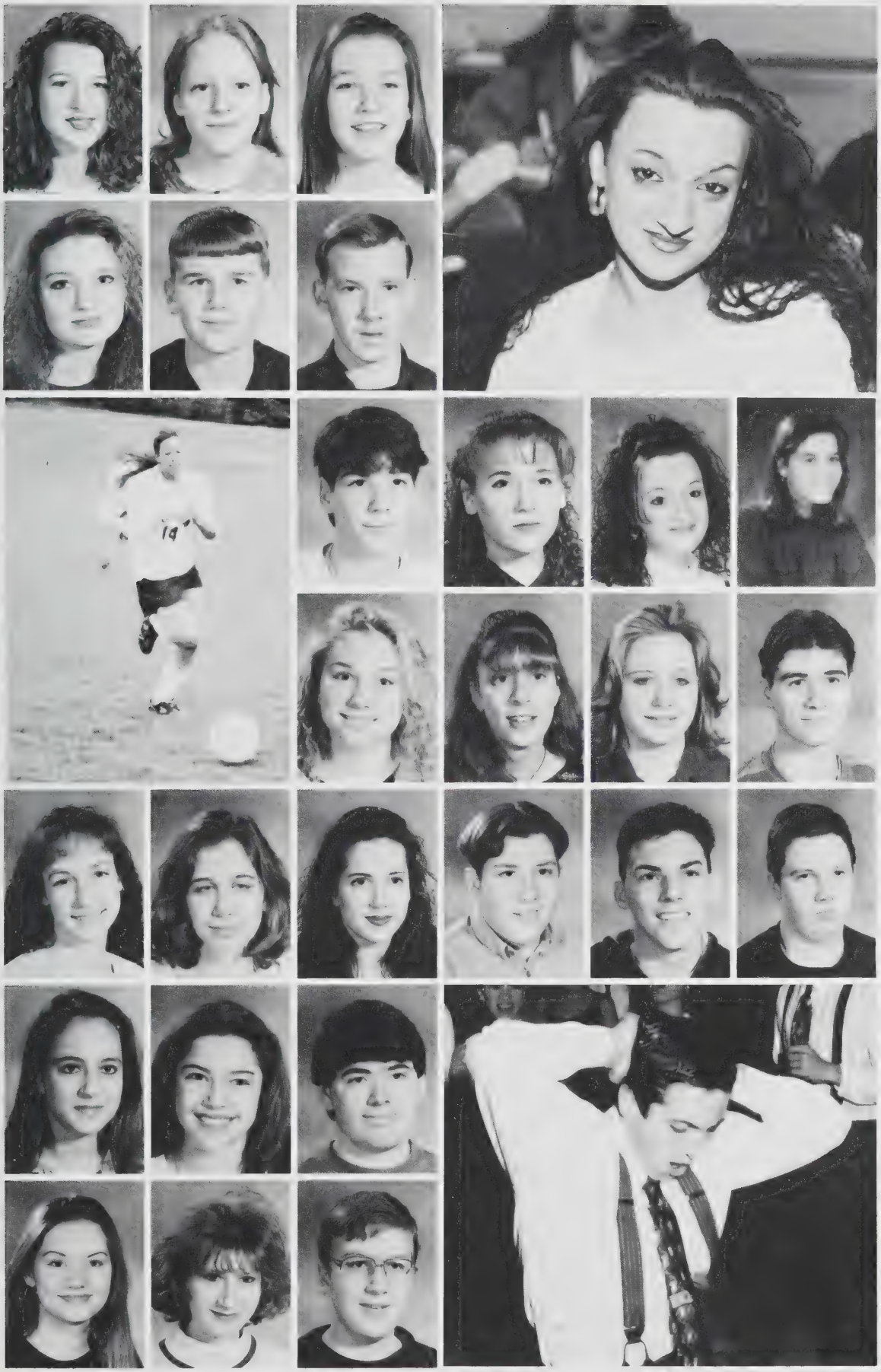




Heather Peabody, dancing with Ryan Chaves, unsuccessfully tries to avoid the camera.

Stephen Kulas
Donald Labaj

Jennifer LaBombard
Sarah Ladue



Lindsey Lamoureux
Nicole Lane
Tanya Laramie
Irene Lesniak seems content during Spanish class with Mrs. Dumais.

Kristle Lariviere
Scott Lauzon
David Lawrence

Alyssa Rosario chases after a loose ball during a junior varsity girls' soccer game.
Ryan Lemek
Tonya Leroux
Irene Lesniak
Amie Lind

Tanya Long
Melina Louvitakis
Maureen Lynch
Robert Maio

Genelle Mariani
Heather Mariani
Erica Martins
Jorge Martins
Francis Mascaro
Nicholas Matthess

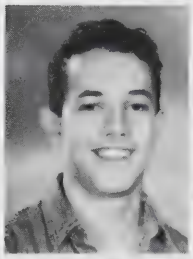
Allison McCullough
Cristina Mendes
Jason Minich
Matt Goncalves kept his fellow classmates entertained as he danced at "The Winterfest Part Deux."

Mirella Misiaszek
Bridget Moore
Eric Nelson-Miller

What seems to be a boring class to some is not for bright-eyed students like Tonya Leroux.

Karen Nogueira
Sharon Nogueira
Shawn O'Connor

Joao Paulo Oliveira
Linda O'Malley
Brian Page



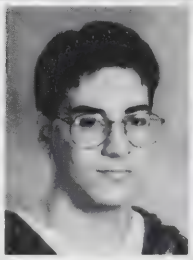
Hye-Jung Park
Heather Peabody
Scott Pelletier

Could Jen Cyranowski be the next productive computer scientist?

Timothy Priest
Melissa Provost
Karla Psoter

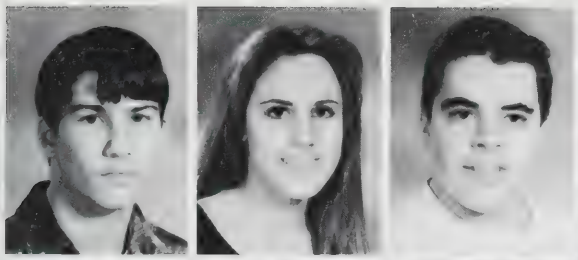
Bob Maio looks over his Spanish vocabulary in the band room.

Melanie Pszeniczny
Mark Quiterio
Silvia Rebelo

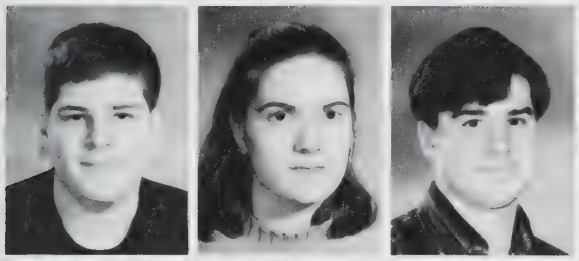


Megan Reilly
Fernando Ribeiro
Jaime Rich

Christopher Roberts
Diane Rodrigues
Jeremy Rodrigues



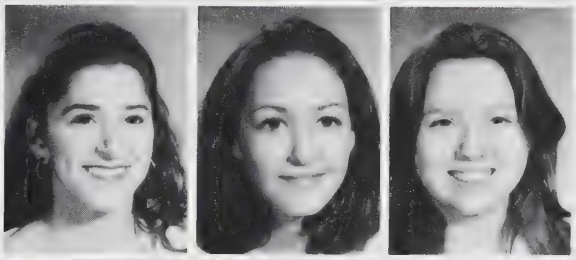
Joe Rodrigues
Kristy Rodrigues
Gary Rosa
Dan Dias demonstrates to the sophomore class how to really move and groove at a semi-formal event.



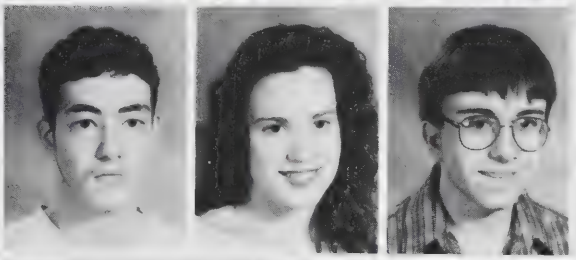
Nilton Rosa
Albertina Rua
Christopher Salvador

Jennifer Salvador
Stephanie Salvador
Antonio Sanches

What is Lindsay Ho putting together in sewing class? Maybe it will be the next fashion for high school students.

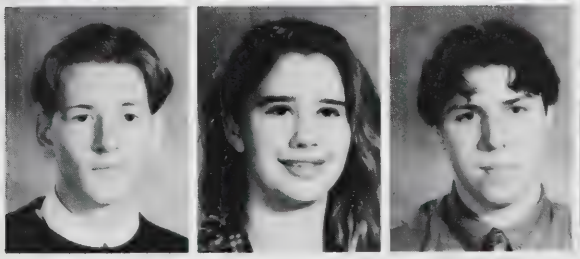


Christine Santos
Michelle Santos
Natasha Segarra



Daniel Serrazina
Tina Serrazina
Joseph Silva

Lisete Silva
Diane Simoes
Rebecca Siok



Mike Codding listens to Mr. Lonczak tell another humorous story in class.

William Smith
Shauna Smolinski
Jeremy Soja

Derek Swistak
Matthew Tarsa
Kristie Teixeira

Not a rare sight, Andrea Kerr and Tracy Haluch were among the sophomores at the senior banquet.

Rebecca Thomas
Sean Thompson
Crestina Torrao

Tanya Long, Tara Almeida, and Angela Belleville prepare to leave the Booster Day dance after a night of dancing.

Nicholas Torretti
Chrystal Vieira
Jorge Vieira

Karen Vigliano
Felicia Vital
Mark Vital

Danielle Wales
Rebecca Wright
Gregory Wurszt

Jeffrey Zajac
Nikki Zaldivar

Lisa Keyes, Linda Alves, and Shauna Smolinski take a break from dancing at the sophomore winter banquet.

Edward Zapala
Nancy Zina

Winterfest Part Deux

The sophomore class had its second winter banquet, "The Winterfest Part Deux", on December 11th at the Elks Club. The price of each ticket was $15.00 which included a dinner buffet prepared by Alcoa Catering. The D.J. played a variety of music that the entire class was easily able to dance to. "The banquet was a lot of fun. I had a great time!" said Heather Burtch.

◀Good friends Heather Mariani, Nicole Burek, and Sergiusz Paluch enjoy themselves at the winter banquet.

▲Sean Thompson and Jennifer Dinelle enjoy the music as they watch their fellow classmates dance.

▲After a long night of dancing, Adam Giverson, Alan Gates, and Greg Wurszt take a break.

◀Tara Almeida and Heather Peabody share a special moment together.

Class of 1998

▼ **Officers**
President Diolinda Vaz, Vice-President Tiffany Evans, Secretary Christina Pires, Treasurer Devyn Blais.

The Class of 1998 started off the year with a bang. Over 160 people attended a fabulous banquet at the Elks Club. It was a great night with plenty of great food, provided by Alcoa Catering, and dancing, provided by the Party Doctors. The freshmen held a raffle fundraiser that raised a large amount of money for the class treasury. Late in April, the class traveled to New York to visit the Howe Caverns and the Baseball Hall of Fame in Cooperstown. The freshmen ended the year with a memorable trip to Hampton Beach in June.

▲ **Advisors**
Mrs. Toni-Marie Mancuso, Mrs. Nancy Kurty, and Mr. Alexander Bal.

Freshmen

▲ **Freshman Executive Board**
Row 1: Donna Chrzan, Sheri Santos, Anabela Dias, Linda Dias, Anabela Baltazar.
Row 2: Kristen Fioravanti, Tiffany Evans, Devyn Blais, Christina Pires, Diolinda Vaz, Karla Carvalho.
Row 3: Lisa Rogowski, Silvia Mendes, Jeffrey Rodrigues, Jeffrey Bernard, Derek Filipe, Stacey Downing, Lillianna Pereira, Blake Gelonese.
Row 4: Melissa Goncalves, Julie Pszeniczny, Lisa Haney, Susana Afonso, Kelly Bobowiec, Nadia Saleh, Julie Rickson, Jennifer Leandro.

Jessica Abar
Jameelia Abdullah
Justin Afonso

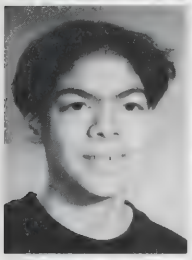
Jeff Bernard works on a worksheet during his math class.

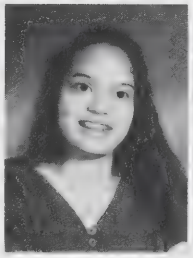
Susana Afonso
Denielle Albertowicz
Connie Alexander

Lisa Gama and Lill Fonseca display their foreign language project in their Portuguese class.

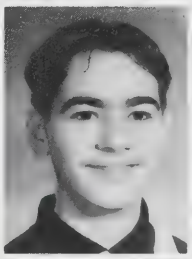
Joseph Alexander
Joseph Alvaro
Carla Alves
Jennifer Alves

Sherry Amsden
Dinis Andre
Anthony Angelo
Joseph Aniolowski





Edwin Antonetty
Richard Askew
Jennifer Asta-Ferrero
Stephanie Avalos
Aaron Babinski
Anabela Baltazar



Michele Barbeau
Jason Barroso

Tiffany Evans, Anabela Baltazar, Sue Afonso, and Maria Serrenho enjoy their first winter banquet.

Paulo Barroso
Susie Barroso

Tracy Belanger
Michael Belben
Jeffrey Bernard
David Bunten and Caroline Graveline await dinner at the freshman banquet held at the Ludlow Country Club.

Jamie Bigos
Jason Birch
Devyn Blais

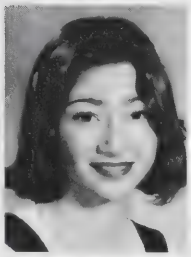
Kelly Bobowiec
Brittany Boduch
Derek Booth
Celina Bouchard
Joshua Bourbeau
April Buoniconti

The expression on Amy LaBier's face reveals the entertainment taking place in Mr. Lonczak's Algebra I class.

Melissa Burtch
Justin Calheno
Brandon Campbell
Jesse Cardaropoli

Carla Cardoso
Rebecca Carrington
Alex Carvalho
Jonas Carvalho

Karla Carvalho
Shaun Cash
Tracy Casimiro

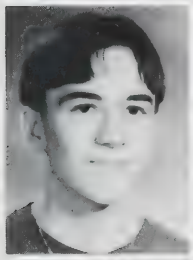


Cristina Cortella works on her computer during word processing.

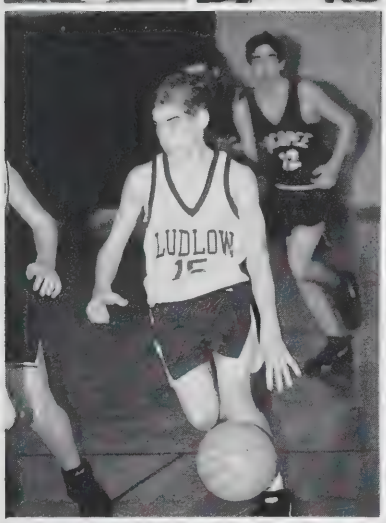
Lynn Champagne
Ryan Chaves
Sarah Cherbonneau

Donna Chrzan
Amanda Corbett
Christina Cretella
Jay Deraleau takes advantage of some spare class time and begins his French homework.

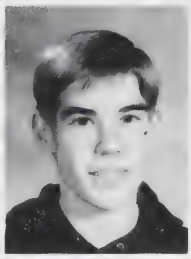
Eric Danner
April Davaiu
Jason Deraleau



Paul Deraleau
Lisa Desousa
Anabela Dias



Nathan Dolley dribbles around an opposing Chicopee player as he makes his way into the paint.



Linda Dias
Jennifer Dion
Nathan Dolley
Michael Dorval

Stacey Downing
Christopher Ducharme
Tiffany Evans
Nelson Felix

Sandra Fernandes
Daniel Ferreira

Silvia Mendes, Heather Mariani, Ryan Chaves, and Sarah Lewison enjoy themselves at the freshman semi-formal.

Amy Fields
Derek Filipe

Aaron Babinski takes a break from the overwhelming excitement of the freshman banquet.

Kristen Fioravanti
Lili Fonseca
Michael Fraga

Paulo Fragoso
Patricia Galarneau
Lisa Gama

Tina Ganhao
David Garcia
Lauren Gauthier
Stephen Gawronski
Brian Geer
Blake Gelonese

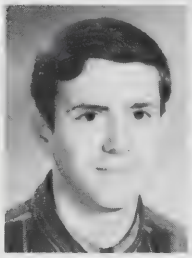
Tara Germain
Angela Goncalves
Lisa Goncalves
Carol Graveline
Sarah Greentree
Karina Grimm

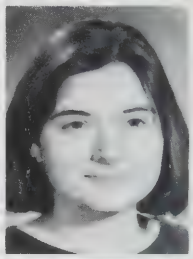
Sarah Gwozdz
Jonathan Haluch
Lisa Haney

Tina Ganhao and Susie Barroso pose in their beautiful banquet attire prior to the start of their first semi-formal.

Melissa Hatch
Anthony Henriques
Timothy Hnatow

Daniel Honorio
David Hudyka
Elizabeth Ingalls





Study hall couldn't be more exciting for Michael Santos.
Andrew Jarry
Carlos Juliano
Stephanie Klase
Michelle Kleszczynski

Carly Knowles
Jacqueline Korbel
Richard Kowalski
Melissa Kulas

Anthony Kumlega
David Kwalewski
Amy LaBier
Tracy Casimiro and Ben Geer get beverages at the soda bar during the banquet dinner.

Joseph Lalli
Bryan Lamont
Cindy Lantaigne

Justin Laramie
Amanda Lariviere
Caryn Lariviere
Melissa Leal
Jennifer Leandro
Mark Leandro

Michelle Rodrigues is ready and waiting for the bell to ring indicating the beginning of English class.

Crystal Leclair
Ben Lemek

Sarah Lewison
Kristen Longo

Joshua MacDonald
Scott Manchester
Jameelia Abdullah works on her sewing project in class with Mrs. Clement.

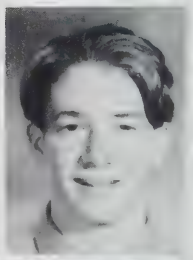
Paulo Marques
Christopher Martell

Michael Martin
Roland Martin
Angela Maxwell
Silvia Mendes
Aaron Merrill
Benjamin Michalski

Melissa Minie
Danielle Montagna
Ray Moorehouse
Danielle Morcavage
Corey Moreau
Erin Moriarty

Paying close attention in algebra class, Eric Silva absorbs as much knowledge as possible.

Shawna Nally
Shelley Ogden
Ryan Pease



Toni Peets
David Pereira
Lili Pereira

Steven Petig
Cristina Pires
Christopher Priore

Nicole Provost
Kevin Psoter
Julie Pszeniczny

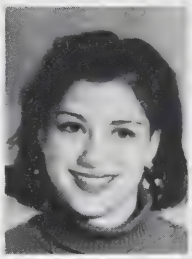
Diolinda Vaz and senior Dan Pederneira enjoy themselves at the Senior Masquerade.

Patricia Puyo
Sandra Puyo
Brandon Pyers

Jason Stark cheerfully awaits the start of French class. How long before he asks to go to the boys' room?

Anthony Quiterio

Tina Rego
Corey Richardson
Julie Rickson
Shannon Robar



Jeffrey Rodrigues
Michele Rodriguez
Lisa Rogowski
Jeremy Root

Angela Rosa
David Rosa

Putting a disk into a computer is an everyday task for word processing students like Richard Kowalski.

Jessica Roy
Melissa Roy

Nadia Saleh
Carlos Saloio
Carlos Sanches

Nicole Provost, one of the only two female hockey players at LHS, awaits her turn on the ice.

Michael Santos
Sheri Santos
Thomas Santos

Aaron Saunders
Anne Schwartz
Danny Serra

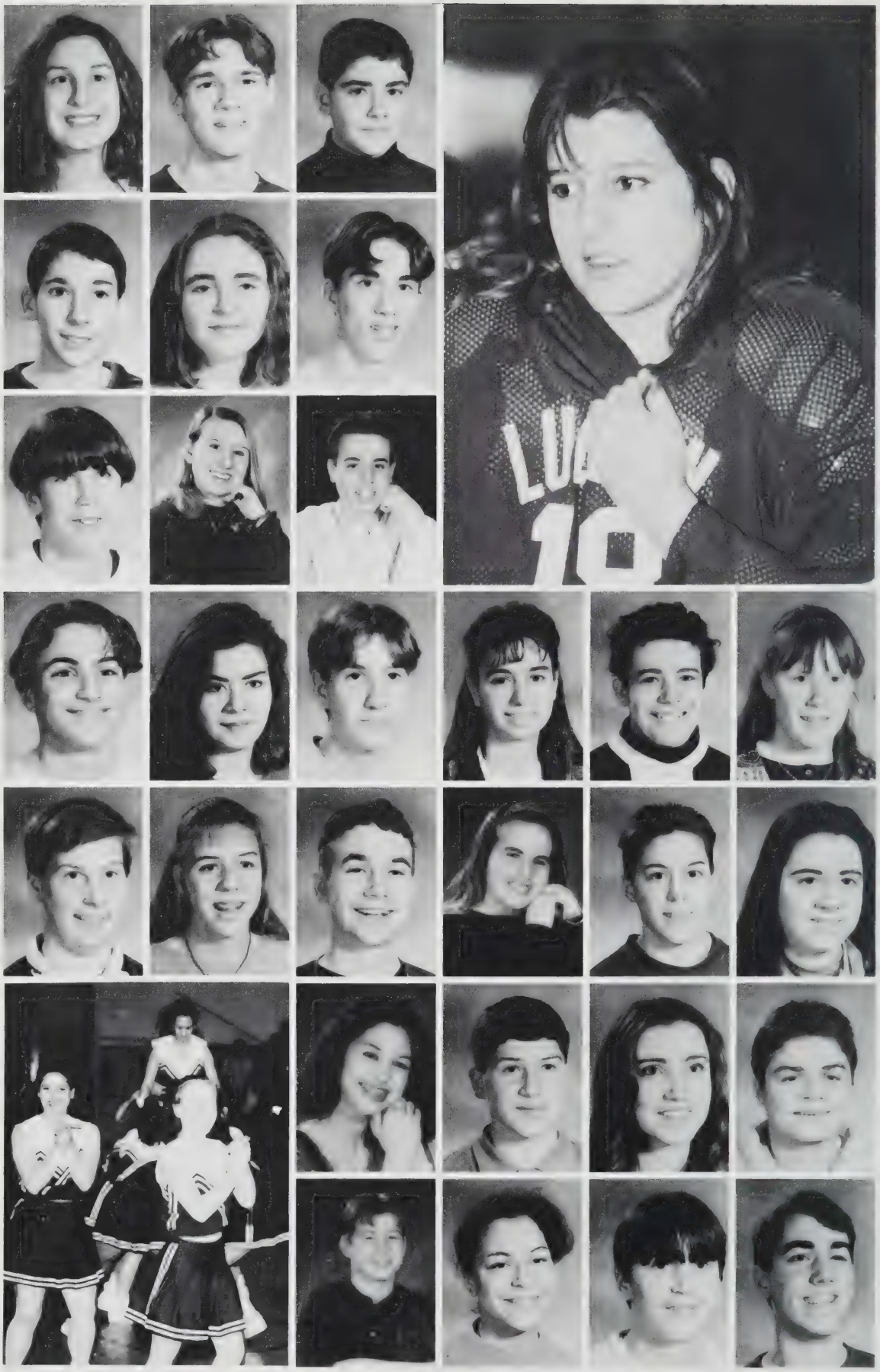
Rui Serrazina
Maria Serrenho
Eric Silva
Kelly Silva
Joaquim Simao
Allison Skura

Keith Smolinski
Krystal Soja
Jason Stark
Kelly Starzyk
Chad Sullivan
Isabel Teixeira

Sarah Lewison entertains the crowd during halftime of a boys' varsity basketball game.

Ashley Tencati
Nelson Tereso
Diolinda Vaz
Alexander Vlasyuk

Jason Wilhelm
Krissy Williams
Christopher Wojtowicz
Matthew Yarrows



Freshman Banquet

The Class of 1998 held its first winter banquet at the Elks Club on January 21st from 6-11 p.m. The buffet was prepared by Alcoa Catering, one of the finest in the area.

Dressing up for this formal event was the highlight of the evening for the females. Wearing beautiful dresses and elegant hairstyles, the ladies enjoyed the night of dancing and entertainment.

▶Some of the freshman girls pose for a picture while they socialize at the freshman semi-formal.

▲The four freshman class officers, Tiffany Evans, Devyn Blais, Susie Barroso, and Diolinda Vaz, have their picture taken prior to discussing the outcome of the event.

▶Good friends, Michelle Rodrigues, Carla Carvalho, and Nicole Koziol anxiously await the first dance.

▲Justin Afonso helps himself to the buffet prepared by Alcoa Catering.

Faculty and Staff

James D. Cavallo
Principal

James Richards
Assistant Principal

Gayle Thomas and Nancy Guinipero
Office Secretaries

Business

Emilio Bollea
Richard Thomas
Phyllis Vanasse

English

Richard Cotti
Shelia Dias
Susan Dibble
Suzanne Kelley

Richard Malek
Stephen Marino
Diane Mazzocco
Katherine Reilly
Rae Stack
Carole Wojnarowski

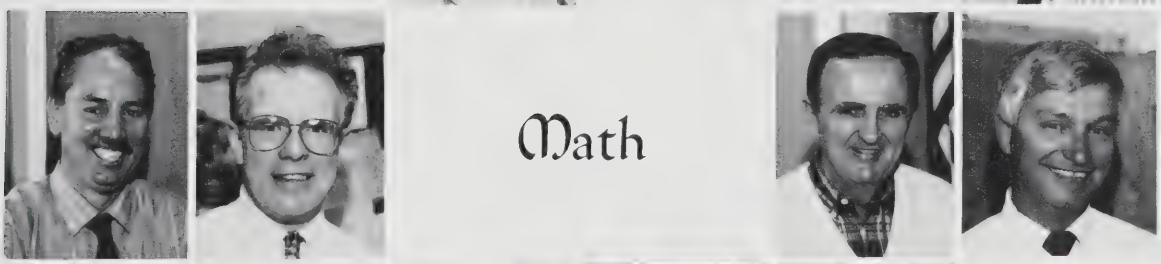
Guidance

Louis Casagrande
John Godek
Jerome Linehan
Mary Moriarty

Language

Paula Bennett
Lieselotte Dumais
Maria Fagundes
Antonio Goncalves

Math



James Marceau
James Martin
John Carlin
James Lonczak

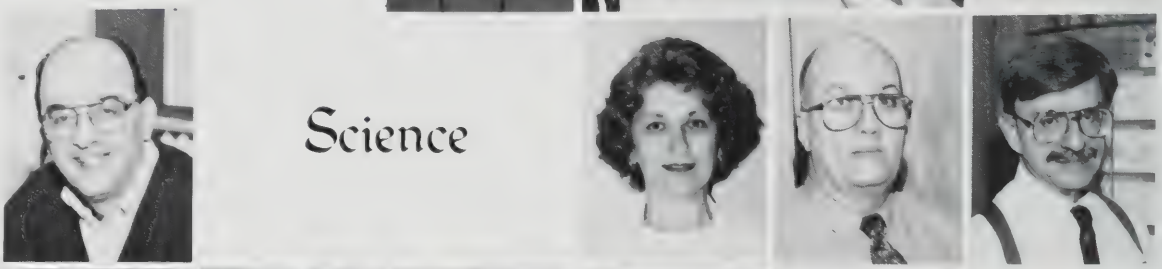
Daniel Lynes
Toni-Marie Mancuso
Leonard Phelon
Susan Stachelek
Raymond Yando

Physical Education

Faye August
Tim Brillo
Nancy Kurty
Jeff Peterson

Science

Arthur Serra
Joan Cavallo
Philip Dalessio
Francis Duclos



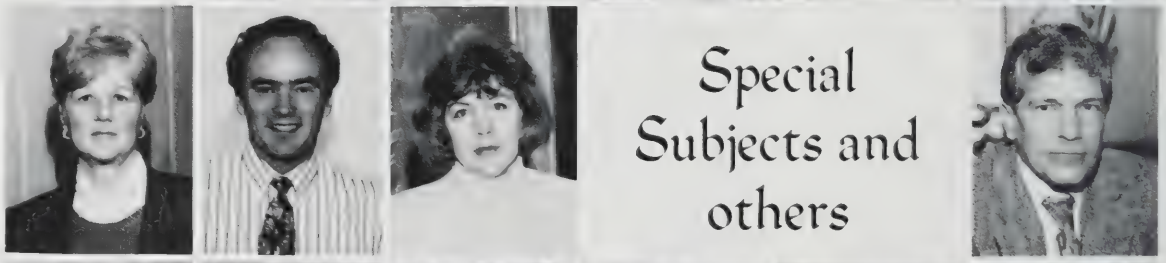
Social Studies

Gordon Eaton
Nancy Kavka
Richard Kolodziey
William Kolodziey

Special Subjects and others

Brian Bylicki
Leonard Charest
Martin Fanning
Lawrence Holdsworth
William Koscher
David Larrivee

Frances Libiszewski
John O'Connor
Mary Jane Zywiak
Alexander Bal

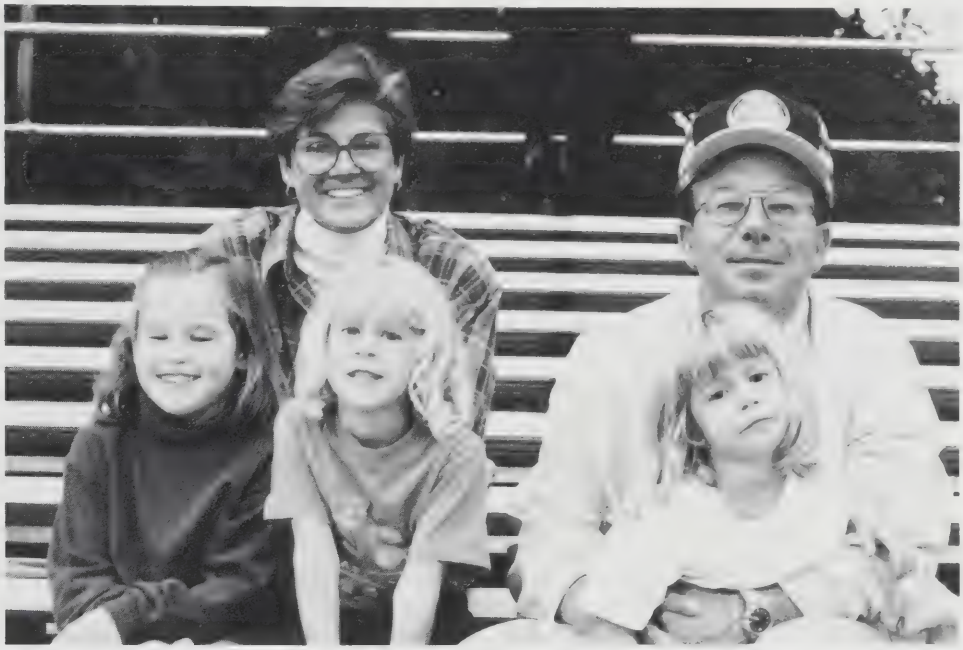


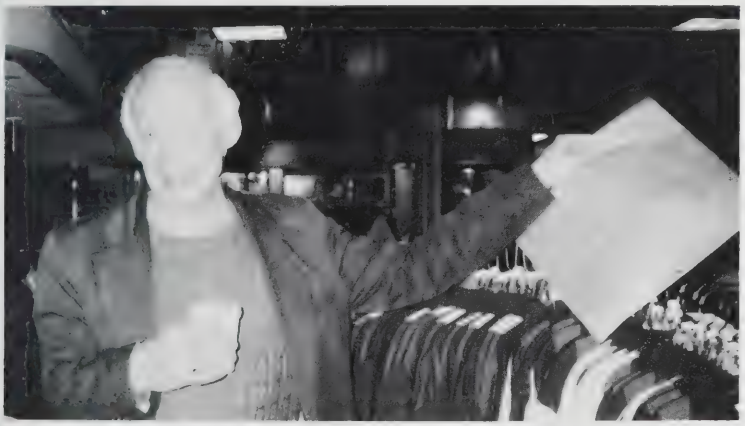
Beth Cebula
Miriam Clement
Maureen Cotti
Mike Dziura
Maryjean Gaumond
Barbara Greene

Herman Kendrick
Cynthia Koch
Zora Lee Leclerc
Brian Mannix
Michael Rheault
Jane Thompson

▼A walk during lunch is a typical daily event for Mr. Marceau.

▼Mrs. Ryan, a School Committee Member, and her daughter Elizabeth enjoy an afternoon at Whitney Park with Mr. Cotti and his daughters Lauren and Susan.





▲▲Mr. Eaton spends much class time teaching with the assistance of "Mr. Muscle" during biology.

◀Mr. Larrivee is caught relaxing at the Disney Store in Washington D.C. Way to go Mr. L!

▲Seniors Andrea Markiewicz, Jaime Pouliot, and Carissa Romaniak share some quality time with Mr. Holdsworth before graduating from LHS.

Sports

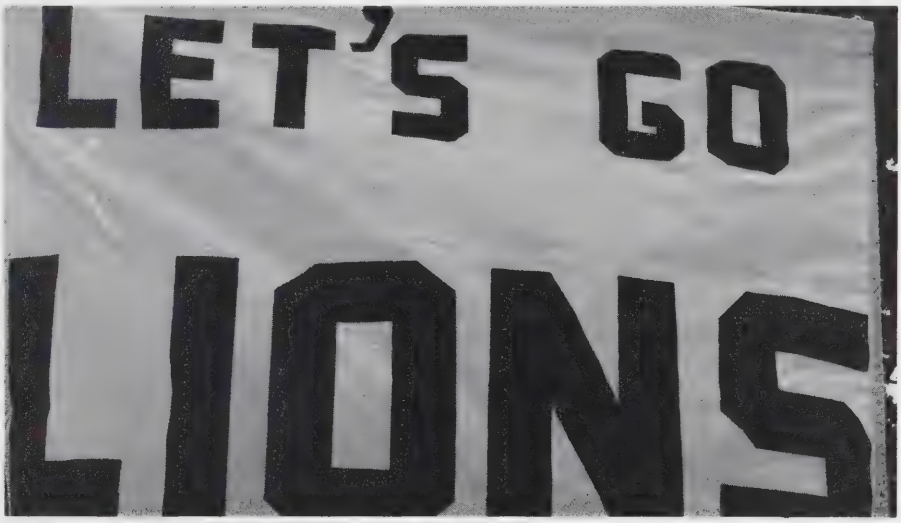
Throughout the year athletes can be seen after school in the hallway outside the gym, gathering equipment and filling water bottles. Every team experienced both the agony of defeat and the thrill of victory and each team worked to make Ludlow proud. Each season we were able to take our thrones as the Lion Kings. In the fall the boys' soccer team won Western Mass. and went on to the state finals. The hockey team won the Faye Division title during the winter season. The spring season was filled with victories as the golf team won Western Mass. and the baseball and girls' tennis team excelled. Behind each team stood both the fans and the cheerleaders with all their support and pride which was a vital part of each game, match, or meet.

▲ Adam Kiel, one of Ludlow's leading defensemen, looks for a pass from a teammate.

◀ Rich Huff, a junior member of the varsity team, intensely makes a move toward the net.

◀ Heath Owens carefully dribbles down the court.

▼ This banner, which showed school spirit, helped lead the boys' soccer team to the state finals.



◀ Angela Brennan skillfully soars through the air in hopes of breaking her individual long jump record.

Senior varsity soccer player, Elaine Batista, who played strong defense for the Lady Lions, stood as the last link to the well-known 1992 Western Mass Championship Team this year.

Her most successful season came during her junior year when she became Ludlow's starting sweeper. She was honored in The Register as Athlete of the Week, selected to the "All Western Mass" team, and voted "Best Defender" by her teammates.

As co-captain of the squad her senior year, Batista was a strong leader. She, along with Cindy Mateus, led the Lady Lions to a 6-7-3 season, missing the Western Mass Tournament by only one point.

▶Angela Karalekas cuts between two players while she laterally dribbles the ball across the field.

◀Why are Coach Kurty and Coach Richards laughing? Trainer Bill must have told them another one of his jokes.

▼Junior Allison Costa demonstrates the perfect technique for clearing the ball out of the defensive zone.

SOCCER SCORES

US		THEM
3	Longmeadow	3
3	Holyoke	2
0	East Longmeadow	2
0	Westfield	0
7	Chicopee Comp.	0
3	Agawam	5
4	Chicopee	1
0	West Springfield	0
1	Central	2
2	Cathedral	5
5	Northampton	1
1	Minnechaug	0
0	Longmeadow	1
1	West Springfield	0
0	Agawam	1
0	Cathedral	3

▲Varsity
Row 1: Beth Lemek, Elaine Batista, Cindy Mateus, Tracy Haluch, Michelle Goncalves. Row 2: Angela Karalekas, Sharon Nogueria, Melissa Rodrigo, Christy Boyea, Melanie Pzeniczny, Becky Siok. Row 3: Assistant Coach Nancy Kurty, Colleen O'Donnell, Allison Costa, Jen Amaral, Nancy Chelo, Leigh Boland, Shelly Boduch, Katie Marino, Coach Jim Richards.

The Soccer Queens

The girls' varsity soccer team was just one point short of qualifying for the Division I Western Mass. Tournament with a 0-3 loss to longtime rival Cathedral. According to Assistant Coach Nancy Kurty, "We were just unlucky. We played a great game, but we didn't get the shots we needed to win."

The team, finishing the season with a record of 6-7-3, was coached by Jim Richards.

Goalie and co-captain Cindy Mateus and offensive player Allison Costa were selected for the "All Western Mass" team. Co-captain Elaine Batista and defensemen Jen Amaral and Colleen O'Donnell made "All League."

Girls' Soccer

Awards at the annual end-of-the-season banquet were presented to Cindy Mateus, "Most Valuable Player"; Jen Amaral, "Best Defensive Player"; Christy Boyea, "Most Spirited Player"; Tracy Haluch, "Sportsmanship"; and Shelley Boduch, "Most Improved Player."

For the second year, the successful junior varsity squad was coached by Paul Lopes. Charli Asta-Ferrero was selected "Most Valuable Player."

Under the leadership of first year coach Faye August, the freshman team finished the season with a winning record. The "Most Valuable Player" was goalie Jaime Cheria.

▲Junior Varsity Row 1: Kristy Rodrigues, Charli Asta-Ferrero, Karla Psoter, Megan Reilly, Amy Nogueria. Row 2: Kara Dubosh, Tanya Casimiro, Tanya Laramie, Erin Rueli, Yvonne Santos, Jennifer Hill, Nancy Zina. Row 3: Coach Paul Lopes, Manager Andrea Ruest, Jaime Dominique, Kim Jorge, Andrea Kerr, Fatima Barroso, Alyssa Rosario, Natasha Segarra.

▲Sophomore Tanya Laramie prepares to pass the ball to one of her teammates after getting the ball from a Chicopee Comp player.

We are the Lion Kings

Hundreds of Ludlow fans gathered at Szot Park in Chicopee to watch the boys' varsity soccer team capture the Western Mass. crown in November. It was a time of joy and cheer that brought pride back to Ludlow. Even though the boys qualified for the tournament each season, the title "Western Mass. Champs" hadn't struck home since 1989. Just about a week later, the team traveled to WPI and was defeated 1-0 by St. John's Prep.

Boys' Soccer

With tears in the eyes of the players and a runner-up trophy in the hands of the coaches, the team that entered the tournament fourth-seeded in the league ended up with a Western Mass. Championship and a chance at the state finals! It was an incredible accomplishment for the team. Captains Danny Pires, Brian Carvalho, Rob Santos, Marco Fereira, and Dominic Maggi led the Lions to a victorious 15-5-2 season.

▲ **Varsity**
Row 1: Matthew Danner, Brian Carvalho, Jeffrey Leandro, Robert Gomes, Matthew Goncalves, Adriano Genovevo. Row 2: Carlos Gomes, Wesley Manuel, Robert Nascimento, Richard Huff, Chris Goncalves, Dan Pederneira, Rob Santos. Row 3: Coach Jack Vilaca, Aaron Majka, Eddie Pires, Adriano DosSantos, Mark Eusebio, Marco Ferreira, Dominic Maggi, Jimmy Ziemba, Jimmy Canoa, Dan Pires, Coach Tony Goncalves.

▲ **Junior Varsity**
Row 1: Danny Elias, Robert Gomes, Jeffrey Leandro, Adriano Genovevo. Row 2: Timmy Dias, Ryan Lemek, Matthew Goncalves, Jimmy Ziemba, Jason Alves. Row 3: Coach Greg Kolodziey, Adam Giverson, Kevin Fonseca, John Summerlin.

◀ Varsity defender, Dan Pederneira, quickly dribbles past an opposing Amherst player.

▶ Junior Eddie Pires, one of Ludlow's leading scorers, moves up the field in hopes of scoring another goal for the Lions.

▼ With perfect form, Dominic Maggi warms up Dan Pires, the team goalie, prior to a game.

Varsity captain, Danny Pires, has definitely made his mark on Ludlow High School. He has been a two-year member of the varsity team and has played in Western Mass. tournaments both years. This fall, he led the team to the state finals at WPI and was named both team and Western Mass. tournament MVP. He has been playing soccer for Ludlow since he was very young and has traveled all across the country as well as around the world playing soccer. His talent and sportsmanship have earned him a place in the heart of Ludlow High School. Pires is going on to UMASS where he will major in education and continue his soccer career.

▲ **Freshman**
Row 1: Mike Dorval, Corey Richardson, Ben Lemek, Kevin Psoter, Carlos Sanches, Mike Santos. Row 2: Justin Calheno, Alex Carvalho, Mark Leandro, Rui Serrazina, Tony Quiterio, Dave Garcia. Row 3: Peter Lopes, Eric Danner, Todd Rodrigo, Aaron Babinski, Jeff Bernard, Jonathan Haluch, Justin Laramie, Coach Paul Fontura.

SOCCER SCORES

US	THEM	
7	Northampton	1
2	Longmeadow	0
3	Agawam	1
3	Central	2
0	Minnechaug	1
1	Cathedral	1
3	Chicopee Comp	1
6	Holyoke	0
7	Chicopee	3
1	West Side	0
1	Westfield	0
2	Amherst	0
2	Wahconah	0
2	Longmeadow	4
0	Central	1
0	Cathedral	1
2	West Side	2
2	Pittsfield	1
2	Cathedral	0
1	Longmeadow	0
4	St. John's	2
0	St. John's Prep	1

Four year player Steve Marino has dedicated his time and energy to the football team each fall. As one of the tri-captains, he was both a leader and a friend to the other members of the team. Because of his significant contributions to the team, he was voted Most Valuable Player. As quarterback, he had the job of holding the team together by devising strategies and directing the players. Even when he was injured halfway through the season, he still was there on the sidelines cheering for his team.

FOOTBALL SCORES

US	Scoreboard	THEM
0	Ware	29
13	Westfield Vocational Tech	8
6	Mohawk	32
6	Turners	38
6	Mahar	43
0	Frontier	44
0	Athol	34
6	East Longmeadow	27
6	Palmer	40

▼ Row 1: Tom Nally, Jacob Bissaillon, Ed Aniolowski, Ed Denette, Steve Marino, Joe Goodreau, Paulo Gomes, Kelly Leary, Chris Dudley. Row 2: Ivan Babian, Andrew Gendreau, John DeBarge, Kevin Pyzocha, Robert Kopek, Nick Mathess, Shawn O'Connor, Mike Gove, Sean Thompson, Jeff Hiorns. Row 3: Mike Codding, Alan Gates, Joe Rodrigues, Andrew Jarry, Tony Kumiega, Nelson Tereso, Joe Aniolowski, Ray Moorehouse, Nick Saloio, Brian Page, Jorge Goncalves. Row 4: Richard Kowalski, Jeff Rodrigues, Roger Gendreau, Keith Smolinski, Assistant Coach John Carolan, Head Coach Carl Ericksburg, Assistant Coach Ronald Pszeniczny, Tony Afonso, Nick Linna, Aaron Saunders, Shaun Cash.

▲The powerful defense prepares to keep its opponent off the scoreboard.

◀Who's at the bottom of the pile of players? It must be a Ludlow Lion tackling a Waconah opponent.

▶ Senior captain Steve Marino gets control of the ball and looks to Alan Gates and Ed Denette for the handoff.

▼ Assistant coaches John Carolan and Ronald Pszeniczny listen intently as Coach Carl Ericksburg shows the lineup for the upcoming game.

▼ Alan Gates successfully carries the ball with him while he makes a run for a touchdown.

Lions on the Field

Once again, the football team had a rough season, but it pulled through to beat Westfield. Only three seniors returned to the team, causing a lack of experience which was the main drawback this year. Seniors Steve Marino, Ed Dennette, and Joe Goodreau were the tri-captains that kept up the team spirit and morale.

Football

Throughout the season the football players could be seen running and practicing hard on the field behind the school. They put in a lot of time and effort and many hours of sweat and tears. The team was divided into varsity and junior varsity who worked together to develop strategies and skills. The coaching staff was joined by Mr. Brillo and Mr. Peterson, both former football players, who supported the team throughout the season.

At the final football game, the seniors continued the tradition of giving their parents flowers as their final thanks for their support and dedication.

▼Cross-Country
Row 1: Diolinda Vaz, Jennifer Cyranowski, April Cusson, Renee Widor, Heathcliff Owens, Melina Louvitakis. Row 2: Heather Griffith, Rebecca Thomas, Lisa Robichaud, Donna Chrzan, Melissa Cisiak, Tara Germain. Row 3: Coach Phil Dalessio, Brittany Boduch, Aaron Fitzsenry, Chris Martell, Ryan Chaves, Nathan Dolley.

▼Who is going to win the race? Heather Griffith is just a few strides ahead of Diolinda Vaz, Rebecca Thomas, and two Holyoke Catholic runners.

Running across the Kingdom

For the first time ever, Ludlow had separate cross-country teams for the boys and the girls. Coaching the team for the first year was Mr. Phil Dalessio, former varsity girls' soccer coach.

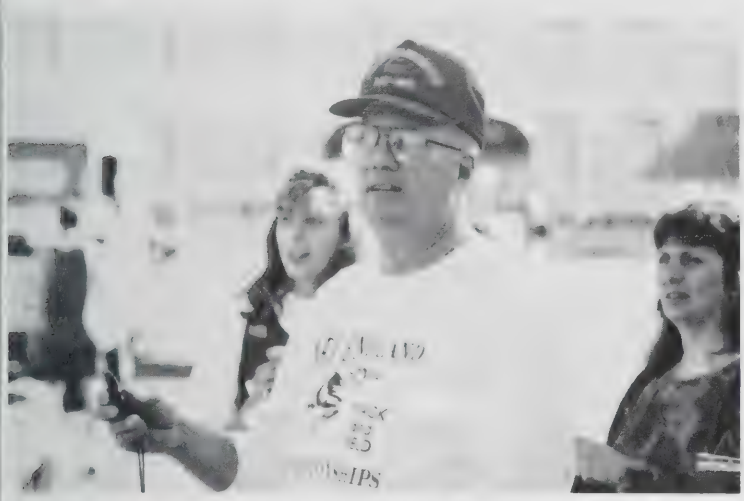
The boys did not have as strong a season as the girls (final record of 2-11), but "Aaron Fitzsenry and Heath Owens proved to be outstanding leaders," according to Dalessio.

Cross-Country

With a final record of 6-7, Dalessio stated, "The girls had an outstanding season both individually and as a team." Although the team was very young and inexperienced, it made great progress throughout the season. Captains of the girls' cross-country team were Renee Widor and Melina Louvitakis. "We did a lot better this year than last. I am also surprised that we had separate girls' and boys' teams," said Louvitakis.

Nathan Dolley, Aaron Fitzsenry, and Heath Owens placed in the top 40% of the male runners at the PVIAC Pioneer Valley League Championships while Jennifer Cyranowski, Heather Griffith, and Melina Louvitakis finished in the top 50% of the female runners.

▼Is that a stopwatch in Mr. Dalessio's hand? The former girls' soccer coach decided to take a break from soccer and relax on the cross-country course.



SCORECARD

US Girls	THEM	Boys
50-15	Mohawk	45-18
27-30	Holyoke Catholic	40-20
22-35	Gateway	44-17
50-15	Frontier	30-23
39-20	Athol	38-21
46-15	Pioneer	33-28
27-28	Hampshire	47-16
50-15	Monson	15-30
15-50	Dean Vocational	46-18
22-35	Greenfield	50-15
32-27	Belchertown	42-21
31-15	Southwick	42-17

Senior Heath Owens, a first year cross-country runner, was a very valuable asset to the team. He set a positive example by his great leadership and dedication. During practices, he worked hard at conditioning with tough sprints and lengthy jogs around the perimeter of the school athletic fields.

Heath was an encouraging member of the cross-country team. Despite the newness of being a first-year runner, he performed far above average, placing in the top 30% at the P.V.I.A.C. meet.

▲Ryan Chaves strides along the course with no opponents in sight.

◀Heath Owens, one of Ludlow's top runners, struggles with a Mohawk opponent for the first place title.

▶Tara Germain demonstrates the difficulty in running the exhilarating cross-country trail.

Basketball superstar, Andrea Ruest has all the moves, whether it's scoring a basket or defending an opponent. Voted "Most Athletic Girl" by her fellow senior class members, Ruest has been playing basketball since the third grade. She was a varsity starter all four years of her LHS career, and she led the Lady Lions as captain her junior and senior years. This past season, Ruest broke the school record for number of points scored during a basketball career for girls, a record which had stood at 758 points. Ruest was also voted the team's Most Valuable Player. Andrea will continue to play basketball at Elms College, where she dreams of being as successful as her idol, Rebecca Lobo.

▶ Megan Albright jumps for a ball with three Ware opponents surrounding her.

◀ Junior Christy Boyea jumps up to make the shot.

▼ Cindy Mateus looks for a place to pass the ball amidst her opponents.

BASKETBALL SCORES

US		THEM
22	Commerce	45
28	East Long.	34
34	South Hadley	51
36	Central	41
55	Holyoke Catholic	38
30	Southwick	56
47	Ware	11
31	Belchertown	25
28	Hampshire	34
35	Palmer	40
37	Monson	42
41	East Long.	38
18	South Hadley	51
47	Holyoke Catholic	51
25	Southwick	53
54	Ware	32
39	Belchertown	35
38	Hampshire	51
42	Palmer	49

▲ **Varsity**
Row 1: Cindy Mateus, Andrea Ruest, Desiree LaBrecque, Kara Jorge, Megan Albright, Yvonne Santos. Row 2: Coach Leonard Phelon, Angela Brennan, Lynda Brennan, Melissa Provost, Meghan Ketchum, Christy Boyea, Tracy Haluch, Anne Skora, Manager Lisa Bramucci.

On the Ball

Coached by Mr. Leonard Phelon, the girls' varsity basketball team had a fair season. The team was led by senior tri-captains Andrea Ruest, Desiree LaBrecque, and Megan Albright. The Lady Lions finished the season with a record of 6-13.

The highlight of the season was when Andrea Ruest became Ludlow's all-time high scorer in girls' basketball. The team qualified for the Western Mass. tournament; however, the Lady Lions were knocked out in the first round by the powerful Cathedral Panthers.

Girls' Basketball

At the annual banquet, Andrea Ruest received the team MVP; Melissa Provost, Most Improved Player; Desiree LaBrecque, Team Spirit Award; and Anne Skora, Coaches Award.

Bob Fuqua, for the first time, coached the junior varsity team. The JV team had a very successful season and an impressive record. Receiving the awards were Angela Karalekas, MVP; Leigh Boland, Most Improved Player, Charli Asta-Ferrero and Jen Nascimento, Leadership Award; and Kim Lafayette, Coaches Award.

The freshman team this year was coached by Ed Stikowski. Awards were given to Erin Moriarty, MVP; Amy Fields, Most Improved Player; Angela Goncalves, Coaches Award.

▲ **Junior Varsity**
Row 1: Jenn Nascimento, Christina DaCruz, Jessica Latour, Kim Jorge, Karla Psoter. Row 2: Charli Asta-Ferrero, Leigh Boland, Kim Lafayette, Angela Karalekas, Jenn Minie, Jennifer Cyranowski, Coach Bob Fuqua.

▲ **Freshman**
Row 1: Angela Goncalves, Carol Graveline. Row 2: Erin Moriarty, Amy Fields, Karla Carvalho. Row 3: Celina Bouchard, Carly Knowles, Allison Skura, Melissa Kulas, Lauren Gauthier, Coach Ed Stikowski.

The Dukes of Dunking

Despite a disappointing season, the members of the boys' basketball team worked hard and kept their spirits up throughout the season. Coached by Mr. William Kolodziey, the team was led by senior captains Mike Alves and Nick Nutting. The team was helped by two first year seniors, Heath and Adin Owens. Although many of the games ended up in a loss for the Lions, the scores were close and the games were competitive. This tough season can be attributed to the lack of height on the team since Ludlow was one of the shortest teams in the league.

Boys' Basketball

Throughout the season the team was continually supported by both the cheerleaders and the numerous fans who came out to cheer for the Lions. Many injuries plagued the team with sprains and muscle pulls pulling players from the lineup almost every game. Despite rough going, the boys' basketball season ended on a light note when they played the Ludlow police team as a fundraising event.

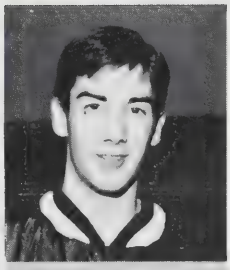
▲ Varsity Boys' Basketball
Row 1: Edward Zapala, Danny Serrazina, Aaron Majka, Matthew Goncalves, Mike Carvalho, Todd Orchulek, Dan Dias. Row 2: Manager Jodee McCarthy, Eric Otto, Rich Huff, Mike Alves, Heath Owens, Adin Owens, Kevin Auffrey, Ken Haney, Paul Santos. Row 3: Manager Danielle Wales, Coach Tim Brillo, Jay Knowles, Coach William Kolodziey, Nick Nutting, Jason Ragsdale, Dan Morais, Brian Nocrasz, Coach Fred Glanville, Manager Crystal Wrona, Manager Connie Alfaia.

▲ Todd Orchulek jumps up to receive a pass from a teammate.

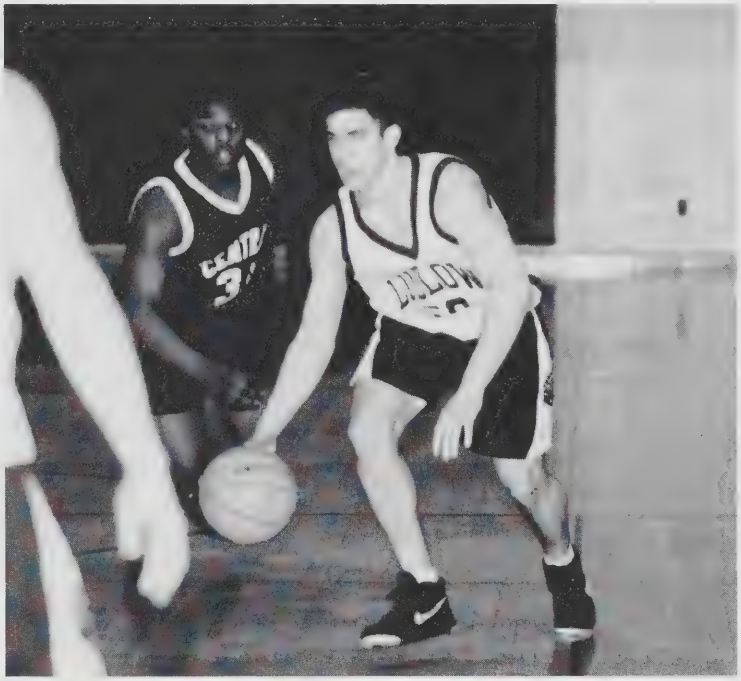
◀ Junior Ace Owens looks to make a pass under the great pressure of Central High.

▶ After a tough game, Rich Huff unlaces his sneakers in the locker room.

▼ With an opponent right on his back, Aaron Majka heads toward the basket.



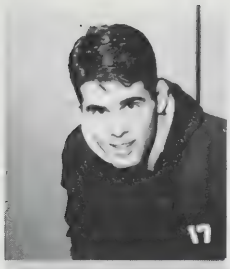
Senior captain Mike Alves led the team and kept up morale throughout the season. He has been a guard for the boys' varsity basketball team for four years, and was the only freshman on the team. Coach Wm. Kolodziey has said that he can definitely play basketball in college. His positive attitude and determination spread to the entire team.



▲ Senior Kevin Auffrey carefully dribbles around an opponent before taking his next shot.

BASKETBALL SCORES

US		THEM
60	Monson	70
55	Palmer	59
51	Chicopee	71
59	Chicopee	97
47	Palmer	55
55	Central	69
39	Longmeadow	75
45	Cathedral	77
73	Chicopee Comp.	79
42	Amherst	92
56	Holyoke	82
63	Minnechaug	69
53	Greenfield	56
51	Westfield	52
60	West Springfield	75
78	Minnechaug	74
37	Greenfield	53
51	Westfield	52
75	Monson	65
58	West Springfield	67

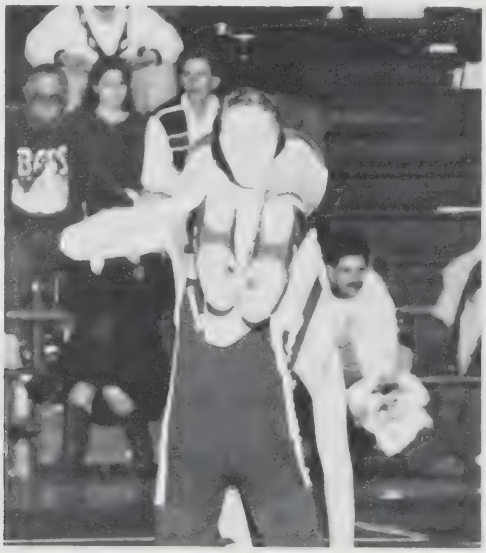


Second year captain Ray Antaya had a remarkable season. At the Longmeadow Early Bird Tournament, Antaya placed first, and at the Agawam Holiday Tournament Antaya wrestled his way to a second place finish. Antaya also placed second at the West Side Tournament and at the Western Massachusetts Finals. Aside from winning tournament matches, Antaya dominated opponents during the regular meets.

SCORECARD

US	THEM	
36	Belchertown	34
41	East Longmeadow	36
30	Frontier	39
3	Agawam	63
63	Dean	12
24	Amherst	47
34	Pioneer	42
38	Central	36
54	Putnam	16
24	Athol	54
21	Southwick	48
39	Minnechaug	32
Longmeadow Tournament		4th
Agawam Tournament		6th
W. Springfield Tournament		5th
Western Mass.		9th

▼ The excitement of Coach Peterson indicates the victory of the varsity wrestling team.

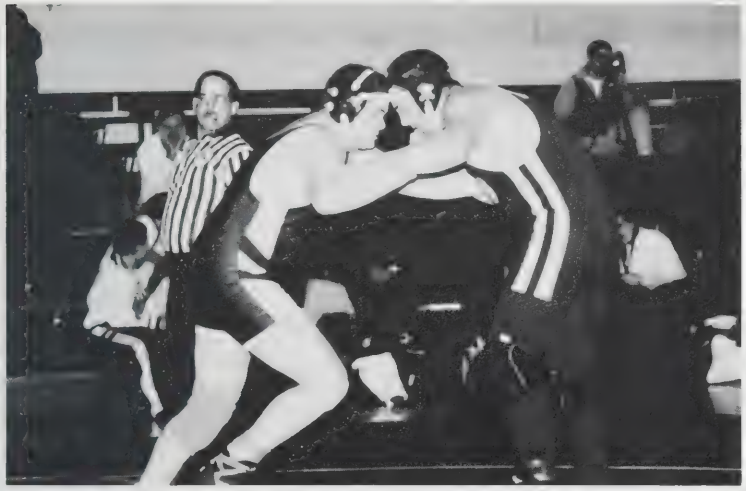


▲ Freshman Aaron Saunders ties up his opponent in hopes of winning the match.

◀ Four year wrestler Brian Bernard skillfully flips his competitor in an unusual way.

▶ Co-captain Ray Antaya, voted "Best First Year" wrestler as a freshman, demonstrates the award winning technique.

▼ Heavyweight Ed Aniolowski faces his opponent with much intensity.



▼ Jeff Butcher strongly holds down his opponent and waits for the referee to announce the victory.

No Holds Barred

With an even record of 6-6, the 1994-95 wrestling team had a challenging season. According to first-year coach Jeff Peterson, the Lions were very talented, but inexperienced as a group. Steve Marino and Ray Antaya led the team as co-captains and helped their fellow wrestlers improve throughout the rebuilding season.

Wrestling

Coach Peterson was very optimistic about the season and said, "Even though we were a young team, we really turned things around." He also has high hopes for the wrestlers in the future. "Next year will be better. There was a lot of learning this season."

At the end of the long and physically demanding season, Ray Antaya was selected to be a member of the All Western Mass. team in the 171 weight group.

▼ **Varsity**
Row 1: Andrew Kessler, Jeremy Rodrigues, Adam Dorval, Nick Torretti, Todd Fillion, Corey Tomlinson, Tim Priest, Jeremy Soja, Ryan Pease, Bill Scott, Jeff Zajac. Row 2: Assistant Coach Tony Costa, Assistant Coach Al Tomlinson, Manager Cheryl Leits, B.J. Smith, Adam Kiel, Mario Morton, Brian Haney, Jason Borek, Jimmy Ziemba, Ben Michalski, Adriano Genovevo, Manager Krystal Soja, Coach Richard Malek.

▼ **Junior Varsity**
Row 1: William Escribano, Dan Smith, Jason Bourbeau, Andrew Kessler, Jeff Zajac, Matt Tarsa, Tim Priest. Row 2: Coach Tony Costa, Todd Fillion, Nicole Provost, Shawn Prophet, Frank LaPointe, Kevin Peabody, David Pereira, Lisa Haney.

Kings of the Ice

The 1994-95 varsity hockey team (18-2-1) placed first in the Fay Division and made it to the first round of the Western Mass. playoffs. Richard Malek once again coached the pucksters with assistance from Al Tomlinson. Senior Corey Tomlinson and junior Brian Haney were co-captains. Leading the offensive for the team were Nick Torretti and Adam Dorval, the two leading scorers in Western Mass. On defense, Brian Haney and Jeremy Soja were unstoppable; Corey Tomlinson was tremendous in the net.

Hockey

At the annual awards banquet, Brian Haney was presented with the MVP trophy; Nick Torretti, the Rookie of the Year and the Bessone Award (MVP in Western Mass.); Andy Kessler, 7th Player Award; Adam Kiel, Sportsmanship; and Lisa Haney, Most Improved Player.

Brian Haney, Corey Tomlinson, Nick Toretti, and Adam Dorval were selected for the first team in the league and All-Western Mass. Jimmy Ziemba, Ryan Pease, and Jeremy Rodrigues were also chosen for All-League.

▼ Coach Malek gives his players a talk about their strategy.

SCORECARD

US	THEM	
6	West Springfield	4
14	Chicopee Comp	0
12	Greenfield	2
5	East Longmeadow	3
9	Agawam	3
10	Central	0
2	Pittsfield	5
6	Chicopee	0
6	Taconic	3
9	Amherst	4
5	Westfield	4
12	Holyoke	2
4	Longmeadow	4
5	Minnechaug	2
5	South Hadley	1
5	East Longmeadow	0
13	Central	3
8	Greenfield	4
9	Longmeadow	4
1	South Hadley	0

▲ Goaltender Corey Tomlinson and defenseman Jason Borek anticipate the offense of the opposing team.

◀ Nick Torretti, the leading scorer in Western Mass., skates away from an East Longmeadow opponent.

▶ Adam Dorval, whose goal tallied just a few less than Torretti's, heads toward the goal with the puck.

Senior Corey Tomlinson is not a stranger on the hockey rink. He began playing when he was four years old at an instructional clinic for the Ludlow Hockey Association, but has gone to games "since I was in the womb." Al Tomlinson, Corey's father who is the assistant coach of the varsity squad and a player himself, was the inspiration for his son.

Corey has been the starting goalie of the LHS varsity hockey team for four years. During his sophomore year, the Lions won the title "Western Mass. Champs" after defeating Amherst 5-4 in the Fay Division finals. In both his junior and senior years, the team made it to the tournament, but was not as fortunate.

Corey was captain of the hockey team his senior year and was chosen to represent Ludlow on the first team All-League and the second Western Mass. team. He was also presented the Roberto Costa Award, which was a $1,000 scholarship, for his excellence in hockey at LHS.

He plans to continue playing hockey while majoring in Computer Science at Western New England College.

Four year cheerleader, Michelle DaSilva, has contributed much time and energy to the squad throughout her high school career. She has been captain for two years and has stuck by her fellow cheerleaders even when they were tired and down. As head of the cheerleading squad, she has the job of maintaining high levels of spirit in the fans, players, and especially the squad itself. She has been an excellent captain and exemplifies the true meaning of spirit and dedication.

▶ At a basketball game, the cheerleaders utilize the time-out to rally the crowd.

◀ Some of the cheerleaders brush up on their lifts before the game.

▼ To keep up the level of spirit flowing through the crowd, the squad performs its routine in the field.

▲ Michelle DaSilva, Sarah Lewison, and Shauna Smolinski perform a cheer to liven the spirits of the varsity boys' basketball team.

▲ Winter Squad
Row 1: Sarah Lewison, Erica Martins, Jessica Batalha, Genelle Mariani, Jennifer LaBombard. Row 2: Coach Claudette Jueckstock, Shauna Smolinski, Tonya Leroux, Amanda Miller, Amy Hudon, Michelle DaSilva, Lisa Laroche, Coach Donna Greenwood.

The Roaring Lions

The cheerleaders once again were full of energy and spirit as they stood by our sports teams through the fall and winter seasons. They managed to keep the crowd cheering throughout the games whether the lions were winning or losing. Their dedication was a vital part of each team's success. They followed our teams across the state, and even to Worcester Polytechnic Institute for the boys' Division I state finals in soccer.

Cheerleading

During the winter their cheers could be heard throughout the gymnasium as they jumped and flipped to excite the crowd. Not only were they seen at sporting events, they participated in fundraising so that they could compete in various competitions. They also contributed to the pep rally held in the gymnasium by dancing to spirited music. The pep rally was a great success and recognized the players as well as built up team spirit throughout Ludlow High School.

▲ Fall Squad
Row 1: Lisa Laroche, Michelle DaSilva, Kristie Teixeira. Row 2: Jessica Batalha, Jennifer LaBombard, Erica Martins, Tonya Leroux, Genelle Mariani. Row 3: Coach Claudette Jueckstock, Amanda Corbett, Lynda Brennan, Angela Brennan, Lion mascot, Crystal Vieira, Mindy Franck, Amanda Miller, Manager Coryn Silva.

▲ Genelle Mariani, Erica Martins, and Lisa Laroche clap as the Lions run down the court.

Kings of the Course

The golf team had a better year than expected with an 11-4 record. Mr. Holdsworth coached the team to the Western Mass. tournament. Throughout the season team members like Derek Swistak, Dave Pereira, Mike Forcum, and Mike Dorval made a great contribution to the team's success. The two seniors and captains on the team, Justin LaBier and Shawn Prophet led the team with positive attitudes.

Golf

In the Western Mass. tournament Justin LaBier, Shawn Prophet, Derek Swistak and Dave Pereira all scored low enough to bring home the Western Mass. title. Justin LaBier played exceptionally well and qualified for the individuals.

The team placed sixth in the State tournament which was played in Cape Cod. The golf course troubled most players on the team except Justin LaBier. Senior captain Shawn Prophet said, "We had a great season and we had fun throughout our four years on the team."

▲ Row 1: Stacey Downes, Matt Goncalves, Mike Dorval, Dave Pereira, Jimmy Ziemba. Row 2: Coach Larry Holdsworth, Cheryl Barry, Mike Forcum, Ryan Lemek, Matt Misiaszek, Derek Swistak, Justin LaBier, Shawn Prophet, David Ostrowski, Adam Kiel.

▲ Jimmy Ziemba practices his swings before the golf match.

◀ Co-captains Shawn Prophet and Justin LaBier, also known as the dynamic duo, led the golf team to many victories including the Western Mass. Championship.

▶ Ryan Lemek prepares to swing as he demonstrates his form.

▼ At the Ludlow Country Club Matt Misiaszek shows the proper technique for putting.

▲ David Ostrowski watches the ball after driving it into the course.

SCORECARD

US	THEM	
7	Minnechaug	11
11	East Longmeadow	7
11.5	Chicopee Comp.	6.5
17.5	Amherst	.5
15.5	South Hadley	2.5
9.5	Agawam	8.5
10.5	Longmeadow	7.5
11.5	South Hadley	6.5
15	Minnechaug	3
12.5	East Longmeadow	5.5
13.5	Amherst	4.5
8.5	Chicopee	9.5
7	Agawam	11
6	Longmeadow	12
15	Chicopee Comp.	3

Justin LaBier has been a big factor on the Ludlow High golf team in the last four years. Starting off his freshman year with the low round for the team in Western Mass., he helped the team win the Valley Wheel. His junior year he led the team to an 8-9 record, finishing 3rd in Western Mass. and 7th in the state. Perhaps most memorable was this year as he led the team to an 11-4 record and a Western Mass. Championship. He qualified for the state individuals and plans to continue at the University of Hartford.

Tri-captain of the Lady Lions softball team Amy Jodlowski had a great season that helped keep up team morale. Amy was on the varsity team for three years and was the star pitcher. She received the Most Valuable Player award for one of the two games that the team won this season.

She has been playing softball since she was young and her skills at pitching and batting have carried the team to a better season. Amy will be attending the University of Rhode Island where she will continue her softball career.

SOFTBALL SCORES

US	THEM	
12	South Hadley	18
6	Cathedral	15
24	Minnechaug	13
0	Agawam	20
8	Central	21
1	West Springfield	16
0	Amherst	15
4	Northampton	15
2	Westfield	23
6	Longmeadow	12
5	Chicopee Comp.	15
8	Holyoke	6
15	Chicopee	20
3	East Longmeadow	26
5	Chicopee Comp.	20
4	Holyoke	19
5	Palmer	9
5	Chicopee	8
4	East Longmeadow	9
9	Palmer	13

▼Varsity
Row 1: Sabrina Gallo, Amy Jodlowski, Kara Jorge, Andrea Markiewicz, Kim Lafayette, Shelby Anderson. Row 2: Mrs. Nancy Kurty, Rebecca Wright, Tracy Haluch, Melissa Provost, Annie Giuffre, Amy LaBier, Lisa Haney, Manager Adam Rivest.

▲Annie Giuffre stands on first base while anticipating the batter's hit.

◀Lisa Haney throws the ball from the outfield.

▶Catcher Tracy Haluch prepares to receive the ball as the opponent slides into home.

▼Freshman
Row 1: Shannon Robar, Carol Graveline, Shelley Ogden, Tiffany Evans. Row 2: Angela Goncalves, Krystal Soja, Kristen Fioravanti, Danielle Montagna, Donna Chrzan. Row 3: Coach Faye August, Allison Skura, Brittany Boduch, Lauren Gauthier, Jen Asta-Ferrero.

▼Kim Lafayette runs to help tag out a player.

The Babes of Batting

The Ludlow High School varsity softball team had another rough year, with a record of two wins and eighteen losses. This year the team was young with two freshmen, four sophomores, one junior, and four returning seniors.

Softball

Nonetheless, the players gave their all every game and worked well together. Team spirits were always high no matter what the situation. With such a young team, however, these girls are ready to come back even stronger next year. Captains were Andrea Markiewicz, Amy Jodlowski, and Kara Jorge; MVP, Melissa Provost; Most Improved, Sabrina Gallo and Linda O'Malley; Coach's Award, Tracy Haluch.

▼Varsity
Row 1: Steve Marino, Jeff Lawler, Ray Antaya, Kevin Auffrey. Row 2: Nick Nutting, Ross Cocchi, Mike Alves, Kevin Dolley, Ken Haney. Row 3: Coach William Kolodziey, Andrew Dorval, Mike Ingalls, Jason Mazur, Rich Huff, Coach Lou Casagrande.

▼Junior Varsity
Row 1: Chris Goncalves, Jeremy Soja, Alan Gates, Mike Codding. Row 2: Mike Gove, Justin Bailey, Mark Quiterio, Rob Hogan, Jorge Goncalves. Row 3: Mike Dymon, Todd Orchulek, Brian Nocrasz, Brian Haney, David Buckley, Coach Brian Bylicki.

The Princes of Pitching

Coached by Mr. Louis Casagrande and Mr. William Kolodziey, the 1995 varsity baseball team had a strong season finishing with a league championship.

When facing Pittsfield in the playoffs, the Lions came up one run short in the tenth inning which kept them from advancing in the league games.

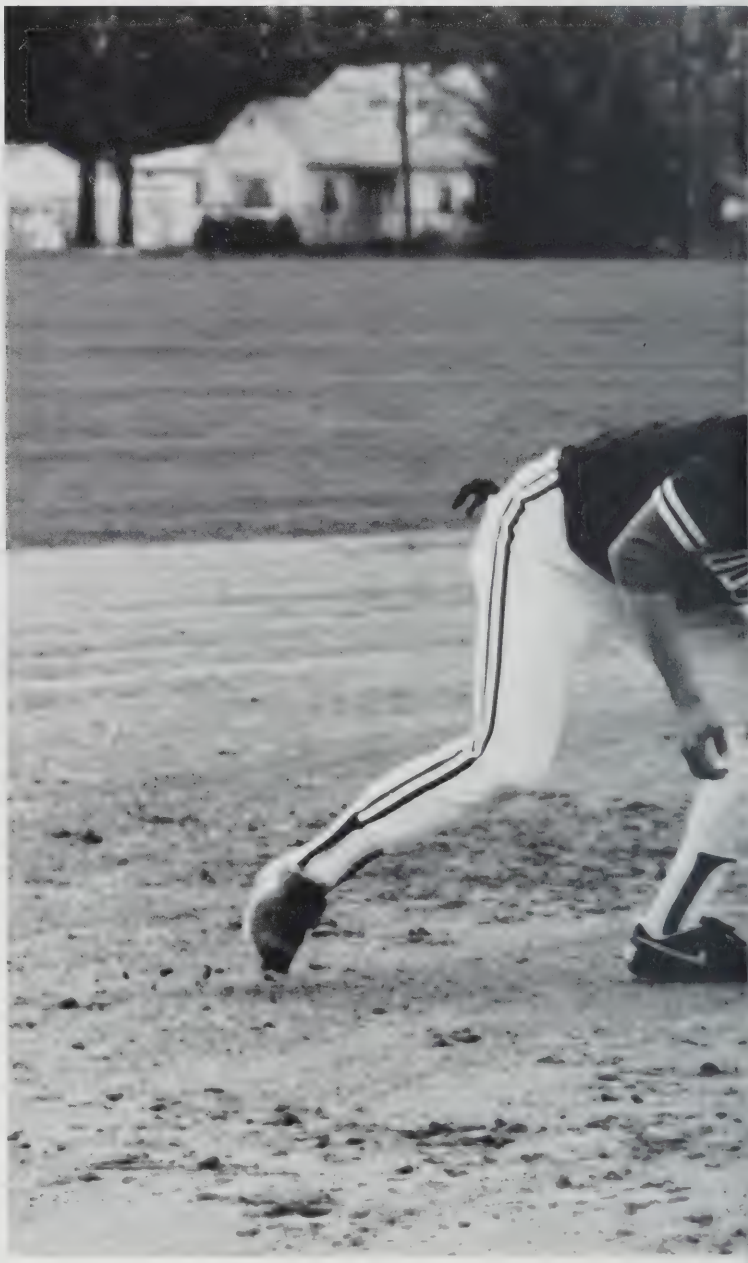
Baseball

The team's nine seniors, led by Co-captains Jeff Lawler and Steve Marino, showed leadership and team spirit to the underclassmen.

The game against Northampton kept the team on its toes since it was tied up until the ninth inning.

Ken Haney pitched a no hitter game at the beginning of the season to Palmer, but it ended in an upset.

The 1994-1995 school year is Mr. Casagrande's last year at Ludlow High School. Future teams will be missing out on a great coach.



▼Freshman
Row 1: Nick Saloio, Aaron Saunders, Joe Lalli, Jamie Bigos. Row 2: Josh MacDonald, Mike Martin, Nate Dolley, Ben Lemek, Dave Kraiewski, Keith Smolinski. Row 3: Coach Martin Fanning, Rick Askew, Derek Filipe, Tom Santos, Brandon Pyers, Joe Alexander, Jon Haluch.

BASEBALL SCORES

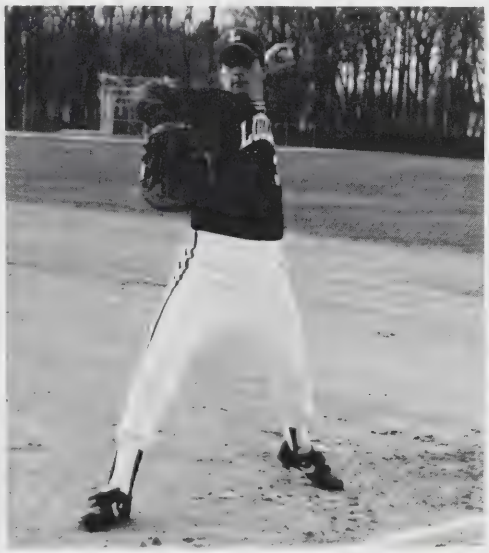
US	THEM	
1	Palmer	4
3	Palmer	4
11	West Springfield	1
3	Amherst	8
5	Chicopee Comp.	4
12	Central	2
6	Holyoke	4
0	Westfield	6
0	Minnechaug	2
1	Cathedral	9
1	Longmeadow	0
5	Agawam	0
6	South Hadley	0
12	Chicopee	4
1	Northampton	4
3	East Longmeadow	2
9	South Hadley	1
13	Chicopee	3
4	Northampton	3
4	East Longmeadow	3

Senior captain Jeffrey Lawler was a vital part of this year's softball team. A three year member of the varsity team, Jeff helped keep up the team spirit and led the team through the long season with an excellent record. He was the starting shortstop and had one of the best batting records on the team. As a reward for his talents, he was chosen for the All-Western Mass. baseball team and as Most Valuable Player for the team. He was also selected to play on an all-star team with other players from Western and Central Massachusetts.

▲Senior Ross Cocchi has his eye on the ball as he prepares to swing.

◀Third baseman Nick Nutting catches the ball in a double play that ended the inning.

▶First baseman Steve Marino winds up to throw the ball to home plate for an out.



Senior captain Beth Lemek has participated in track since her sophomore year and was also a varsity member of the girls' soccer team. She was a key member in the 4x100 relay team which broke the school record by 1.4 seconds this year. As captain of the team, she showed great leadership and strength. Beth's dedication to the high jump took her all the way to the state competition where she jumped 4' 8", her highest ever. She will continue her soccer and track career at Springfield College while studying to be a physician's assistant.

Girls' Track

They have strength, skill, dedication, and some are even faster than a speeding bullet. The thirty-five members of the girls' track team, under Coach Phil Dalessio and co-captains Michelle Goncalves and Beth Lemek, have proven their ability this year.

The team had numerous individual and relay achievements. Angela Brennan broke the school record in the 1/2 mile (2:34), Angela Karalekas in the mile (5:45), Christy Boyea in the long jump (33' 11"), Yvonne Santos in the discus (85' 10") and Jen Cyranowski in the javelin (92'). The 4x100 relay team (52.8) was put in the books after beating the old time (54.2) from many years ago.

The team finished second in the league and second (out of eight) at the P.V.I.A.C. competition. Angela Brennan and Angela Karalekas also had fine finishes in the Western Mass. Championship.

TRACK SCORES

US		THEM
52	So. Hadley	74
78.5	Palmer	57.5
44	Chicopee	88
110	Holyoke	26
118	Holyoke Catholic	18
87	East Longmeadow	49
47	Southwick	91

▲ Christy Boyea gets ready to show her winning style as she performs the long jump.

▲◀ Angela Brennan and Tanya Casimiro show their jumping expertise as they easily clear the hurdles.

◀ Girls' Track Team
Row 1: Angela Brennan, Tanya Casimiro, Jaime Dominique, Katie Marino, Beth Lemek, Michelle Goncalves, Yvonne Santos, Christy Boyea, Angela Karalekas, Melissa Rodrigo. Row 2: Amy Nogueira, Leigh Boland, Fatima Barroso, Heather Burtch, Cristina Pires, Tina Ganhao, Tracy Casimiro, Heather Griffith, Jennifer Cyranowski, Roxanne Benjamin, Renee Widor. Row 3: Diolinda Vaz, Charli Asta-Ferrero, Shelly Boduch, Albertina Rua, Kristy Thompson, Danielle Wales, Melina Louvitakis, Tara Germain, Michele Barbeau, Melissa Cislak, Lynda Brennan, Coach Phil Dalessio.

TRACK SCORES

US	THEM	
40	So. Hadley	96
38	Amherst	98
57	Palmer	78
26	Chicopee	111
39.5	Northhampton	104.5
48	Holyoke Catholic	85
33	East Longmeadow	102
22	Southwick	114

Boys' Track

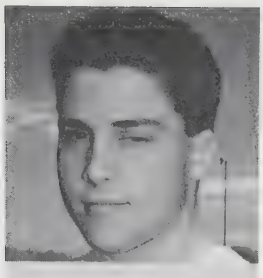
The boys' track team, which was overshadowed by the girls' track team, had a rough season. Although various individuals did exceptionally well, the team as a whole never came out victorious. Part of the problem could be that the team lacks the proper facilities, in fact any facilities, on which to practice. Coached by Mr. Ericksberg, the team had a low turnout and consequently came up short on team members. Kevin Pyzocha said, "We had a difficult season, but we are showing signs of improvement."

The team had individual and group success. Kevin Pyzocha went to Western Mass for the 200 meter race, Corey Tomlinson went for the 100 meter race, and Heath Owens went for the high jump. Heath, who was a first year member, also did excellently, jumping 6' 2" on the high jump. The 4x100 relay team did exceptionally well and went both to Western Mass. and to the individual competition.

◀▲ Nick Matthess prepares to throw the discus.

◀ Boys' Track Team
Row 1: Aaron Fitzsenry, Jacob Bissaillon, Ed Aniolowski, Corey Tomlinson, Heath Owens, Kevin Pyzocha. Row 2: Joseph Silva, Edward Zapala, Chris Martell, Luis daCosta, Andy Gendreau, Christopher Root, Sean Thompson. Row 3: Coach Carl Eriksberg, Robert Wine, Scott Manchester, Chris Martell, Nick Matthes, Eric Miller, Ryan Chaves, Nelson Felix, Tony Quiteiro, William R. Silvio.

▲ Corey Tomlinson shows off his skill as he struggles to clear the high jump bar.



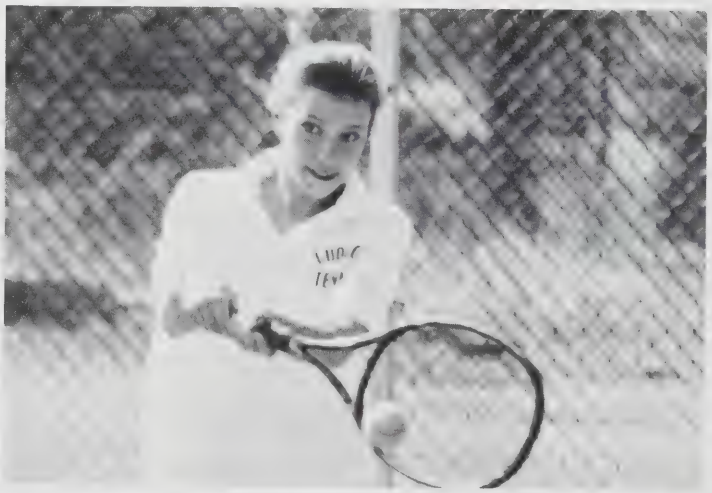
Senior Ed Aniolowski made his track debut this year, and he was immediately beneficial to his teammates. Ed participated in the shotput and discus. He also competed with the other members of the relay team when he was needed. Because of the extensive weight training Ed does, he was able to excel especially in the shotput and discus. Ed also plays football in the fall, and he wrestles in the winter. This athlete will continue to excel at Holyoke Community College or Western New England College.

The senior doubles team of Chris Alves and Tina Fernandes came out for the team for their second year. The duo led the team as the captains and helped lead the team into the semi-finals. They had an outstanding doubles record with only one loss, which helped the team become second in the league. The two played first doubles and were an important component of the team with their winning combination. Because of their outstanding record, it was no surprise that Chris and Tina advanced to the Western Mass. finals.

Girls' Tennis

Coached by John Carlin, the team had an excellent season placing second in Western Mass. Along with the help of Captains Chris Alves and Tina Fernandes, Coach Carlin did an exceptional job keeping up team morale and spirit. Hard work and dedication paid off as the members of the team not only practiced with each other but also individually in their spare time. First singles player Jen Amaral and second singles player Allison Costa had their best year ever and hope to improve for their senior year.

The team made it to the Western Mass. tournament and advanced all the way to the semi-finals, where they lost in a close match to Monument Mountain. Tina Fernandes said, "The team did well throughout the season, and we did better than people expected." Finishing with a record of 13-2, the Lady Lions made Coach Carlin proud and brought home numerous victories for LHS.



TENNIS SCORES

US	THEM	
4	Northampton	1
5	East Longmeadow	0
2	Longmeadow	3
3	Central	2
4	Minne chaug	1
4	Cathedral	
	1	
4	Holyoke	1
3	West Springfield	2
3	Amherst	2
5	Palmer	0
5	Chicopee Comp.	0
5	South Hadley	0
5	Agawam	0
4	Holyoke	1
2	Monument Mt.	3

▲Junior Allison Costa swings at the tennis b with much determination.

▲◀Andrea Kerr returns a serve with perfect forr

◀Row 1: Christina Pereira, Tina Fernandes, De by Ribeiro, Nancy Fernandes. Row 2: Chris Alve Allison Costa, Lisa Goncalves, Sally Carlos, A drea Kerr, Kim Jorge, Stephanie Salvador, Dev Blais.

TENNIS SCORES

US		THEM
1	Northampton	4
3	West Springfield	2
3	East Longmeadow	2
0	Longmeadow	5
4	Central	1
0	Minne chaug	5
3	Cathedral	2
4	Holyoke	1
0	Amherst	5
3	Westfield	2
5	Commerce	0
5	Chicopee Comp.	0
1	South Hadley	4
2	Agawam	3

Boys' Tennis

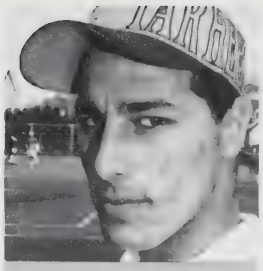
Although there was an overall lack of interest in the sport this year, the boys' tennis team had an average season. With a record of 8-6, the eight member squad was led by Coach Matt Rovetto and seniors Joe Larouco and Dan Pires. The team performed its best throughout the challenging season and never gave up when it lost a match.

With tennis balls flying through the air and players shouting "Out," the members of the team were constantly found practicing or competing at Whitney St. Park. Any passer-by could easily tell the hard work and dedication the team had put into the season. The players performed with intensity, skill, and determination and gained a great deal of experience.

◀▲Joe Larouco prepares to serve in hopes of gaining the winning point.

◀Row 1: Ricardo Queiroga, Todd Rodrigo, Joe Larouco, Robert Nascimento. Row 2: Sergiusz Paluch, Adriano DosSantos, Fernando Alves, Dan Pires.

▲A backhand comes naturally to junior Fernando Alves.



First year player Joe Larouco came out this year to help the team make it through the season. Even though the team was short on players, Joe helped bring them to a record of 8-6. Joe helped the team by playing third singles and occasionally he played first doubles. Being one of only two seniors on the team, he finished with an even record of 7-7 and was an asset to the team.

▼ Mrs. Kelley presents Chris Alves, Elizabeth Bunten, and Michelle Cushing with gold tassels which symbolize the National Honor Society.

Academics

The extracurricular component of Ludlow High School is a vital and exciting part of school life for many of the students here. The band and concert choir perform regularly throughout the year and ended with their performances at graduation. Although much of their hard work and effort gets lost among the hustle and bustle of the school day, both the music department and the extracurriculars diversify life for the entire student body. After school, students can be seen at executive board meetings, painting a mural in the cafeteria, practicing for a debate, or working on the yearbook. During the day, the band and choir practice for an upcoming concert, while **The Cub** staff works to put out the paper. Although often overlooked and sometimes overshadowed by the sports teams, this other side of academics contributes significantly to the Ludlow Lion pride.

◀ Lisa Pio and Sarah Podsadowski, next year's editor-in-chief and managing editor of **The Cub**, discuss topics for the May issue.

▲ Brian Goodreau, Renee Forzano, Kim Coelho, Melissa Pollard, Becki Small, and Adam Rivest were the six seniors that produced the 1995 **Senior Valedictory.**

◀ Michelle Goncalves and Sue Goncalves enjoy the lecture on **Oedipus Rex** in AP English.

◀ Shawn Prophet briefly relaxes at his locker before going to his student patrol post.

DAZED
CONFUSED
Wilson

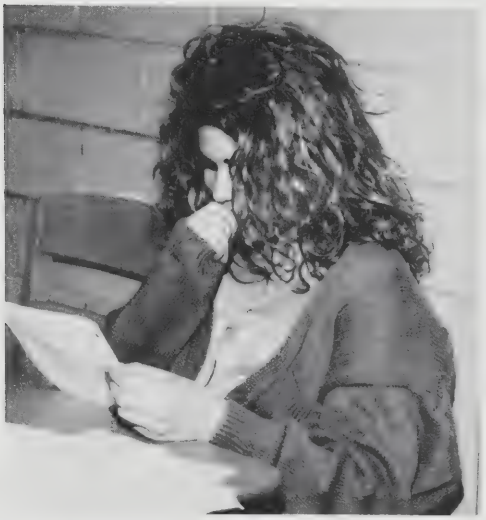
Yearbook

▲Row 1: Christina Alves, Kristin Hyder, Diane Pielecha, Sabrina Gallo, Amy Jodlowski, Kristin Calheno. Row 2: Kara Dubosh, Brian Goodreau, Jaime Pouliot, Andrea Markiewicz, Sharon Brodeur, Amy Nogueira, Carissa Romaniak. Row 3: Mrs. Suzanne Kelley, Chrissy Santos, Diolinda Vaz, Adam Rivest, Angela Karalekas, Elizabeth Bunten, Michelle Cushing, Tina Fernandes, Cindy Gomes, Karen Wisell, Becki Small.

▼Chrissy Santos, co-editor of the Lion Kings, takes a break from the stress of yearbook with her date Dan Alves at the prom.

▶Beth Lemek, Carissa Romaniak, and Kristin Calheno were a vital part of the staff, helping with every aspect of the book.

▼Diane Pielecha's friendly style made it easy for her to interview people for features.



Throughout the year many people worked hard to put out our yearbook. We were all intent on making it the best yearbook possible. The finished product, "The Lion Kings" is the result of endless hours of effort on the part of not only the members of the Class of 1995, but of the faculty, staff, and underclassmen. I would like to especially thank Michelle, Elizabeth, Carissa, Kristin, Karen, Andrea, Diane, Shawn, Corey, and Ed for the much needed last minute assistance. I would like to extend my appreciation to all those teachers and students we stopped in the hall for identifications, as well as the Greniers for their cooperation. I hope you all enjoy the book and that it will bring back fond memories for years to come. Chrissy Santos

◀Class artist Sabrina Gallo contributed to the yearbook by drawing the cover design and doing other odd jobs.

▼Becki Small, co-editor of the yearbook, enjoys the prom with Mike Brennan after a long week doing yearbook.

▼Elizabeth Bunten and Michelle Cushing stayed after school throughout the year working diligently on a variety of yearbook tasks.

As we entered Ludlow High School as starry-eyed freshmen, we, the Class of 1995, were unaware of what the future had in store for us. Little did we know that our four years in this building would fly by so fast. After a busy and entertaining senior year, we closed the first significant chapter of our lives.

Chrissy and I have done all we could to lock the memories of our senior year into the 160 pages of "The Lion Kings." We sincerely hope that in years to come, each of you can open this yearbook and be reminded of the friendships and the fun we once had.

There were many individuals who assisted Chrissy and me throughout the year and without them, "The Lion Kings" would not have been produced. I would like to thank: Sabrina for drawing the cover; Andrea and Karen for getting ads; Carissa, Michelle, Elizabeth, Renee, and Diane for writing much-needed copy; and Kristin, for doing everything I needed help with; Greniers for their cooperation, and Chrissy, my co-editor, for her patience.

Becki Small

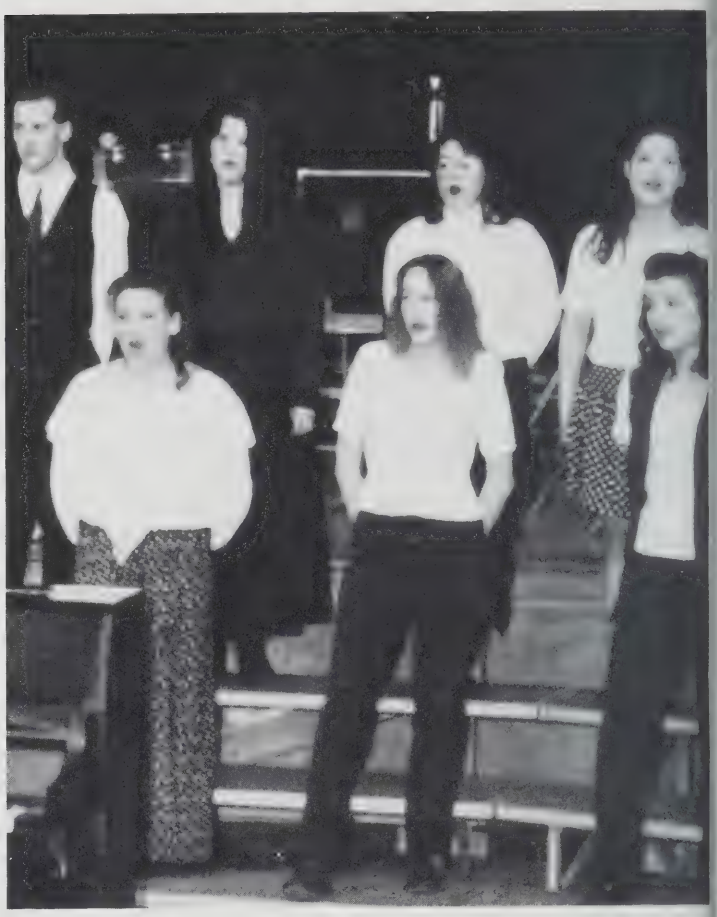
◀Karen Wisell and Andrea Markiewicz seen with Justin Labier and CJ Moutinho were business managers of "The Lion Kings."

▼Next year's editors Kara Dubosh and Angela Karalekas spent the year learning about yearbook.

▶Chris Alves and Tina Fernandes did all sorts of work to help with the yearbook.

▼ Adam Rivest, Julie Bates, Coryn Silva, Tonya Leroux, Andrea Lombardi, and Jessica Beston sing at the spring concert.

Choir



▲ Jen Schimmel, Tracey Dilley, Kim Lafayette, Sharon Lecuyer, and Jen Fitzgerald sing with the other senior members at Class Day.

◀ Jen Schimmel, Julie Bates, and Kim Lafayette sing at Class Day.

▲ Row 1: Nicole Giroux, Jessica Beston, Andrea Lombardi, Tracey Dilley, Melissa Pollard, Jamie Kendall. Row 2: Lisa Laroche, Jen Schimmel, Tonya Leroux, Karen Nogueira, Silvia Rebelo, Sharon Nogueira, Erin Campana. Row 3: Mr. Michael Rheault, Jen Fitzgerald, Mellissa Rickson, Renee Antaya, Shelby Anderson, Christine Hudyka, Kim Lafayette, Kristine Stuart, Margie Armitage. Row 4: Cindy Kozacka, Sharon Lecuyer, Jimmy Maio, Jeremy Greene, Julie Bates, Jorge Vieira, Adam Rivest, Melissa Strycharz.

◀ Jennifer Fitzgerald, Cindy Kozaczka, Melissa Pollard, and Tracey Dilley sing at Senior Assembly.

▼ Melissa Strycharz and Kristine Stuart sing "Like an Eagle" during Senior Assembly.

▲ Andrea Lombardi, Sharon Lecuyer, Jessica Beston, Julie Bates, and Melissa Strycharz sing "Sincerely" at the Senior Show.

◀ Mr. Michael Rheault plays the piano as his choir sings at the spring concert.

▶ Shelby Anderson plays her clarinet during the graduation ceremony at the Mullins Center.

▼ Band director Cynthia Koch directs the entire band for the final time at graduation.

▲ Andrea Ruest, Paulo Barroso, and Steve Gawronski form part of the brass section in the band.

▶ At the Mullins Center Amy Hudon and Adam Rivest play the clarinet with the LHS band.

▼ Honors Society members Michelle Cushing and Elizabeth Bunten play at graduation with the skill that got them into the district band.

Band

▲ Christy Boyea, Denise Batalha, and David Ostrowski play the saxophone during the band concert.

▲ The band proudly displays its brand new uniforms.

▶ Adam Rivest, Amy Hudon, and Eric Nelson Miller play the clarinet during a band concert.

◀**Debate Team**
Row 1: Sean Thompson, Scott Pelietier, Carlos Hickey. Row 2: Amandio Rua, Sergiusz Paluch, Ben Gaumond, Mike Gove.

The debate team had a successful season that finished with an impressive winning record. The students of this extremely time-consuming activity prepare arguments for and against the proposed topic. This year's topic of immigration reform involved much research and an acute knowledge of our country's foreign policy. The affirmative team devised a program that they felt would solve our immigration problem and debated with a negative team from other schools. The negative component of our team had the task of finding faults in the programs of affirmative teams from other schools.

▶**Math Team**
Row 1: Chrissy Santos, Stanley Poon, Celia Goncalves, Brian Gosiminski, Sally Carlos. Row 2: Mr. Daniel Lynes, Amandio Rua, Sergiusz Paluch, Ben Gaumond, John Summerlin, Sean Thompson, Ms. Susan Stachelek.

▼**Model Congress**
Row 1: Chris Root, Chrissy Santos, Carissa Romaniak, Kristin Calheno, Sean Thompson. Row 2: Lisa Goncalves, Allison Costa, Michele Sebastiao, Becki Small, Angela Karalekas, Mr. David Larrivee.

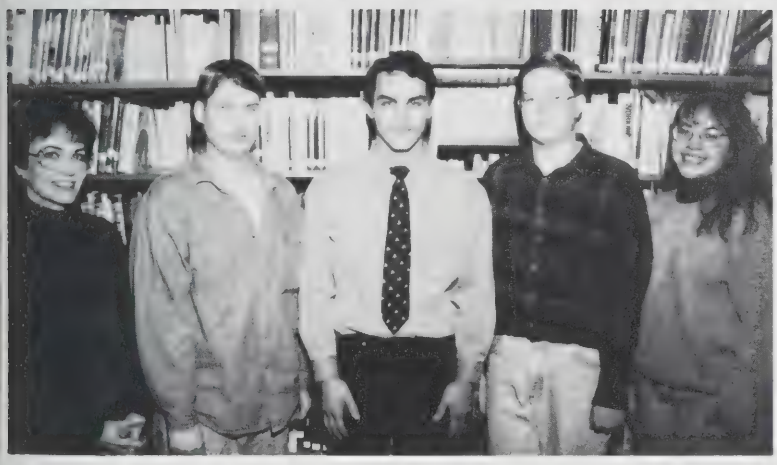
Ten Ludlow High students set off for American International College this January to attend the 55th annual Model Congress. Four of the ten were delegates that participated in the actual voting and legislative activities of the week. Two of the four students sponsored a bill that was passed by a large margin in both a committee and the Senate. Their bill proposed to make highways and roads safer by making stricter regulations for truck drivers and stiffening the penalties on driving misconduct. Model Congress is an opportunity to experience how the American system of government works firsthand. Not only did the delegates learn how Congress really works, but they also had a great time with students from across New England.

▼**The Cub**
Row 1: Melissa McGahee, Angela Karalekas, Melissa Pollard, Kara Dubosh. Row 2: Brian Goodreau, Becki Small, Renee Forzano, Anne Skora, Sarah Podsadowski. Row 3: Kim Coelho, Adam Rivest, John Summerlin, Christopher Root, Kristy Thompson, Beth Ricardi, Mrs. Suzanne Kelley.

The 1994-95 Cub staff was headed by seniors Renee Forzano (editor), Becki Small (managing editor), and Brian Goodreau (sports editor) and juniors Anne Skora (news editor), Sarah Podsadowski (feature editor), and Lisa Pio (editorial editor).

To help with the financial need of the self-supporting newspaper, **The Cub** held many fundraisers throughout the year. The first was an evening at Papa Gino's on Boston Rd. where parents, faculty, students, and friends ate their way to the profits by getting 15% of the money Papa Gino's made over an average, weekly amount. A bake sale was held at Open House, which brought in about $275.00. Following that, a dance and three carnation sales were put together to benefit the student newspaper.

Once again, **The Cub** won a couple of awards at annual journalism confernces. Becki Small and Melissa Pollard were awarded "The Best News Story" for their well-researched article titled "Seven Seniors Expelled." Renee Forzano was presented with an "Enterprise Award" for her outstanding achievement in interviewing a gang member for her article "Gang rumors threaten LHS."



The Paw made its debut as the first Ludlow High School literary magazine. The literary magazine is a collection of poems, short stories, and artwork written and drawn by the students. **The Paw** advertised early in the year for contributors and received a good response from several talented students. With more time and participants they hope to put out more in the future.

◀**The Paw** Mrs. Suzanne Kelley, Jonathan Gelula, Corey Tomlinson, Brian Goodreau, Heather Bartholomew.

The second annual Mock Trial team had an excellent record throughout the year. For the first time this organization was opened up to all students. The team, which is advised by Mr. Leonard Charest, travels to various courthouses in the area where they battle against other schools. A judge presides over the courtroom proceedings as the students play out the roles of various figures. Some of the roles include prosecuting attorneys, witnesses, and defense lawyers. This exciting organization gives students a new perspective on careers in criminal justice.

▶**Mock Trial**
Row 1: Sean Thompson, Carlos Hickey, Scott Pelletier, Julie Bates. Row 2: Cheryl Barry, Sabrina Gallo, Kristin Hyder, Sergiusz Paluch, Adam Rivest, Mike Gove.

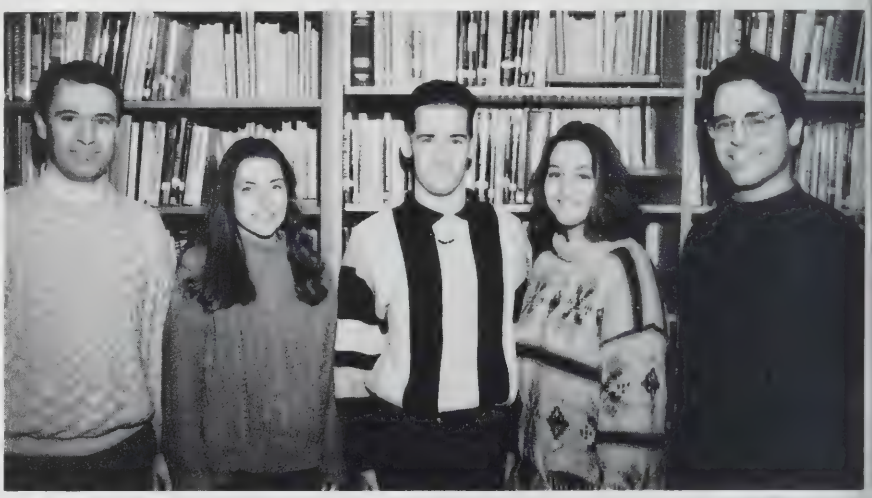
◀**School Council**
Row 1: Carissa Romaniak, Mr. James Cavallo, Tanya Casimiro. Row 2: Mrs. Frances Libiszewski, Dr. William Koscher, Mr. Raymond Yando.

The members of school council are elected from the Student Council and serve a two year term. They meet twice a month with teachers, Mr. Cavallo, and parents to create and maintain a positive attitude in the school. They work to implement the school improvement plan that was created last year and work to improve the plan. They conduct the student survey which gains student input and is a factor in determining school policy. The school council began last year as a part of the Massachusetts education reform and was instituted in every school across the state including elementary and junior high schools.

▶**Senior Show Coordinators**
Mr. Michael Rheault, Sharon Lecuyer, Adam Rivest, Renee Forzano, Mr. Mike Dziura.

Student Advisory Council members are elected schoolwide and have one member on the school committee. They attend school committee meetings to represent the school's opinions. This year they were placed in charge of distributing the interest from the Student Activity Fund.

▼**Student Advisory Council**
Row 1: Carissa Romanlak, Sean Thompson. Row 2: Chrissy Santos, Kristin Calheno, Lisa Goncalves.



▲**Student Gov't Day Representatives**
Chrissy Santos and Corey Tomlinson.

Government Day Representatives are elected within the senior class to go to Boston where they represent the school. The student is given a position as a senator, representative, or justice, and they carry out mock state government at the State House on Beacon Hill.

▼Student Council
Row 1: Julie Rickson, Christine Santos, Amy Hudon, Tiffany Evans, Cristina Pires, Cristina Mendes, Tanya Long, Nadia Saleh. Row 2: Melissa Rodrigo, Charli Asta-Ferrero, Lisa Goncalves, Nicole Tarby, Kristin Calheno, Carissa Romaniak, Chrissy Santos, Diane Pielecha. Row 3: Mr. Brian Bylicki, Angela Karalekas, Sean Thompson, Derek Filipe, Melina Louvitakis, Adam Rivest, Matt Goncalves, Luis DaCosta, Gina Barroso. Row 4: Devyn Blais, Diolinda Vaz, Sue Goncalves, Tanya Casimiro, Liz Dias, Karen Wisell, Kim Coelho.

▲Regional Student Advisory Council
Adam Rivest, Charli Asta-Ferrero.

Regional Student Advisory Council members are elected schoolwide to serve on a board with members from across the state. They go to meetings where they listen to speakers and share ideas with other students. The purpose of RSAC is to learn about student rights and state laws that affect the schools.

Student Council had a productive year with many fundraisers: personal servants, Datamatch Day, the sale of Humanitee T-shirts, and the juice machine. To help various organizations, Student Council sponsored the band, Model Congress, Girls' State, Boys' State, Student Government Day, and various charities. In addition, they sent five students to the Massachusetts Association of Student Councils' Convention, held the second annual Student Council banquet at the Waters Edge restaurant, and awarded the Mullins Award at graduation.

▼Student Council Officers
Secretary Carissa Romaniak, President Kristin Calheno, Vice-president Nicole Tarby, Treasurer Lisa Goncalves, Captain Midnight Chrissy Santos.

◀ **As Schools Match Wits**
Row 1: Sean Thompson, Chrissy Santos, Christopher Root. Row 2: Corey Tomlinson, George Rosa, Benjamin Gaumond, Jason Bourbeau.

▼ **Prom Committee**
Row 1: Christina Pereira, Lisa Goncalves, Sally Martins. Row 2: Debby Ribeiro, Melissa Rodrigo, Sally Carlos, Susan Alves.

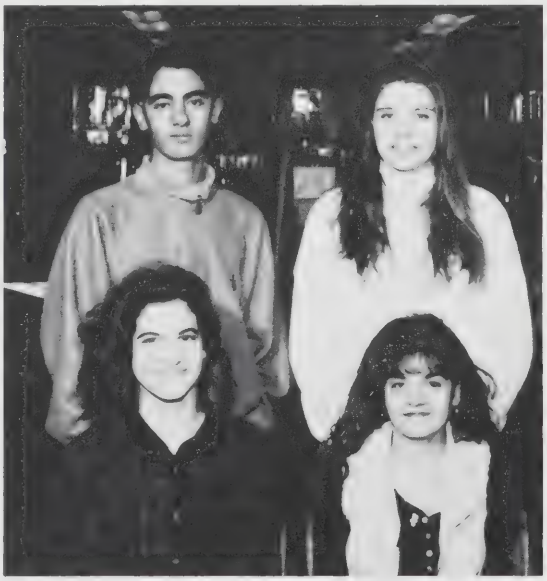
The As Schools Match Wits team was comprised of four members, Ben Gaumond, Chrissy Santos, Jason Bourbeau, and Christopher Root, and three alternates. After drilling and preparing for weeks with Mr. John O'Connor, the four students were ready for their first match. The team started out on the right foot by beating returning students from Suffield Academy. On their second trip up the mountain to the TV 22 station, they were beaten in a close match by Manchester High School.

▲ **Student Health Committee**
Row 1: Beth Lemek, Lisa Goncalves, Becki Small. Row 2: Sally Carlos, Carissa Romaniak, Kristin Calheno, Carol Graveline.

▲ **Ski Club**
Row 1: Kristy Thompson, Tanya Casimiro, Tracy Casimiro, Amy Hudon. Row 2: Nancy Martins, Melina Louvitakis, Sabrina Gallo, Amy Jodlowski, Nancy Zina. Row 3: Rebecca Thomas, Dan Pederneira, Matt Goncalves, Marco Fereira, Donny Fragoso, Jimmy Canoa.

▼ **National Honor Society**
Row 1: Amandio Rua, Amy Jodlowski, Chrissy Santos, Corey Tomlinson, Michelle Cushing, Elizabeth Bunten, Stanley Poon. Row 2: Luis Da Costa, Paulo Gomes, John Summerlin, Sarah Podsadowski, Jennifer Minnie, Allison Costa, Sally Carlos, Christy Boyea, Christopher Root, David Vitorino.

▲ **Mural Club**
Row 1: Shannon Robar, Heather Burtch, Sheri Santos, Krystal Soja. Row 2: Sabrina Gallo, Elaine Batista, Cindy Gomes, Evette Rodrigues, Stacey Downing, Diolinda Vaz, Lillianna Pereira.



▲ **Appeals Committee**
Row 1: Katie Marino, Karen Nogueira. Row 2: Ryan Chaves, Angela Karalekas.

▶Student Patrol
Row 1: Captain Chrissy Santos. Row 2: Kevin Auffrey, Dan Pederneira, Diane Pielecha, Kristin Calheno, Sabrina Gallo, Amy Jodlowski. Row 3: Christina Alves, Nicole Tarby, Lisette Santos, Gina Barroso, Karen Wisell, Desiree LaBrecque, Becki Small, Sharon Lecuyer. Row 4: Tina Fernandes, Kevin Dolley, Jimmy Canoa, Justin LaBier, Jeff Lawler, Beth Lemek, Nick Nutting, Carissa Romaniak, Kari Franceschina, Mandy LaPlante, Michelle Cushing. Row 5: Ray Antaya, Mike Alves, Steve Marino, Tony Dias, Dan Pires, Dana Peabody, Adam Rivest, Tony Dias, Renee Forzano, Kim Coelho.

▶Library Aides
Row 1: Nancy Martins, Adam Rivest, Renee Forzano. Row 2: Tony Korzec, Laura Grimshaw, Gorete Goncalves, Angela Goncalves, Karina Grimm, Amy Hudon. Row 3: Paulo Gomes, Matt Misiaszek, Frank LaPointe, Brian Bernard, Stanley Poon, Jason Rolo, Chris Ducharme, Mrs. Jane Thompson.

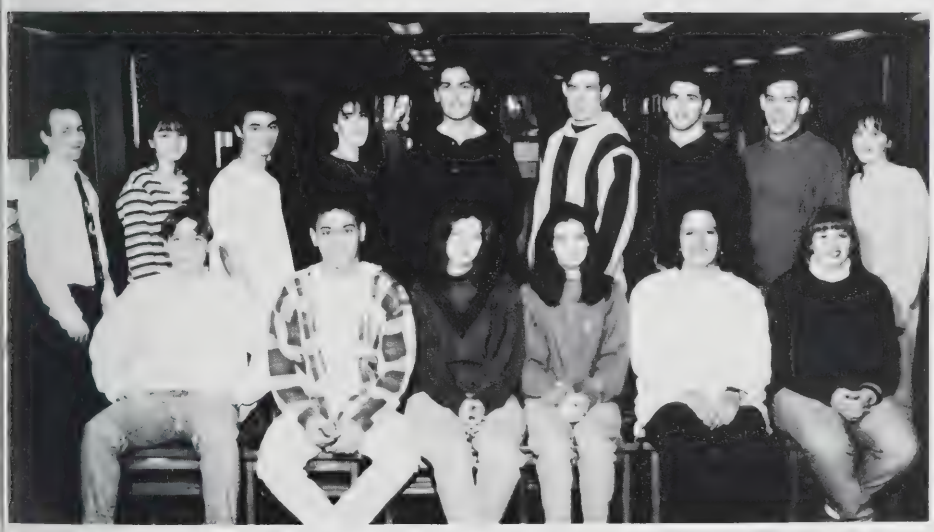
▼Drama Club
Row 1: Jorge Vieria, Erin Campana, Marge Armitage. Row 2: Lisa Pio, Tracey Dilley, Sharon Lecuyer, Corey Richardson, Tony Quiterio. Row 3: Sally Martins, Michelle Nogueira, Melissa Pollard, Director Mike Dziura, Beth Ricardi, Adam Rivest, Julie Bates.

The drama club, directed by Mike Dziura, performed George Orwell's 1984 in January. The story, which took place in New York City in the imaginary country of Oceania, was a totalitarian society. It focused on "Big Brother" and his constant watch on the people. The people who resisted "Big Brother" were put into prison and tortured.

Junior Lisa Pio played the role of O'Brien, a torturer and Tracey Dilley, a senior, was a comrade who succumbed to the pressures of "Big Brother" and eventually turned bad. Dan Rescia acted as Winston, the main character.

▼S.A.D.D.
Row 1: Lisa Pio, Cindy Gomes, Amy Nogueira, Amy Jodlowski, Elizabeth Bunten. Row 2: Christina Pereira, Angela Karalekas, Sally Martins, Renee Forzano, Chrissy Santos, Becki Small. Row 3: Debbie Ribeiro, Sally Carlos, Christopher Root, Evette Rodrigues, Erin Campana, Marge Armitage, Roxanne Benjamin, Angela LaBonte. Row 4: Kim Coelho, Shawna Nally, Michelle Nogueira, Heather Bartholomew, Nancy Martins, Adam Rivest, Melissa Cislak, Melina Louvitakis.

Students Against Drunk Driving is an active organization here at Ludlow High School. Their purpose is to make students aware of the dangers of driving under the influence. To help educate the elementary school and junior high school students, the members joined forces with D.A.R.E. officers to be teen role models. They contributed scrolls that were placed inside the glasses at the prom. At the annual health fair held in the gymnasium, the students set up a S.A.D.D. booth where they handed out pins and raffled off T-shirts. The week of the prom was also S.A.D.D. week where S.A.D.D. paraphernalia was sold. The officers are President, Sally Martins; Vice-president, Angela Karalekas; Treasurer, Renee Forzano; and Secretary, Chrissy Santos.

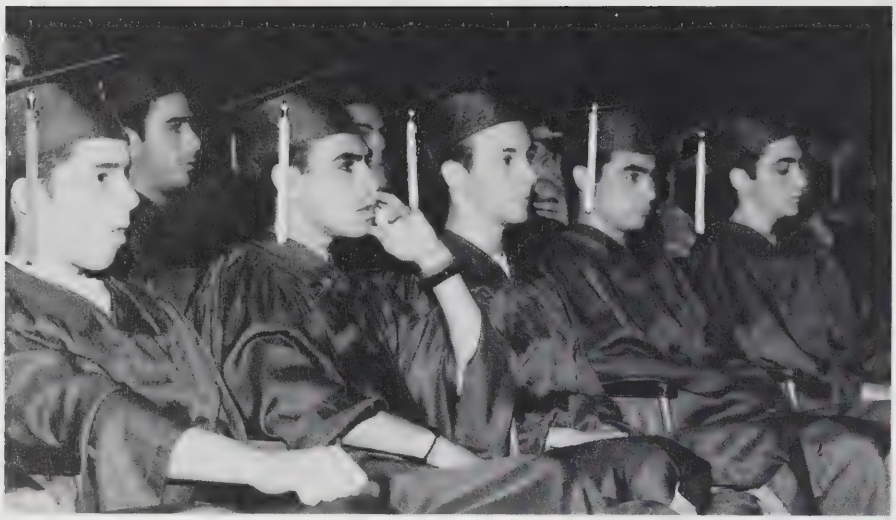


◀Lunch Patrol
Row 1: Dominic Maggi, Steve Vitorino, Melissa Pollard, Tracey Dilley, Kristin Hyder, Desiree LaBrecque. Row 2: Bill Scott, Chris Alves, Brian Carvalho, Tina Fernandes, Mario DaCruz, Kevin Dolley, Ray Antaya, Kevin Auffrey, Mandy LaPlante.

▼Hall Patrol
Row 1: Laura Dudley, Sandy Masse, Connie Alfaia, Mike Alves, Karen Wisell, Steve Marino. Row 2: Diane Pielecha, Maria Gomes, Carissa Romaniak, Dan Morais, Bruno Fernandes, Justin LaBier, Jeff Martins, Tony Dias, Tony Ribeiro.

▲Office Help
Jen Minie, Jen Amaral, Adam Rivest, April Perusse, Mary Debarge.

▶ April Perusse and Josh Dinelle share a special moment together at the prom.



▲ Tony Davis, Rob Santos, Billy Scott, Brian Carvalho, and Jeff Webb listen intently during Senior Assembly.

▶ Joe Malfino, Joel Canoa, Dana Peabody, and Jake Dorval talk at the Mullins Center before the ceremony.

▶ Michael Menard receives his diploma from Mr. Rooney at graduation.

▼ Cheryl Barry, Danica Lariviere, and Michelle DaSilva do their rendition of a Superbowl commercial during the Senior Show.

Senior Activities

Monday, May 22 marked the beginning of Senior Week with Class Day. Here, students were recognized for their achievements in academics, athletics, and extracurriculars. Student Council President Kristin Calheno gave the State-of-the-School Address. Salutatorian Christina Santos gave the Class Day Oration. Mrs. Suzanne Kelley presented the top ten of 1995 and Jessica Beston read the class poem, "The Road."

Tuesday was the Mystery Trip. After traveling through the backwoods of Connecticut for an hour and a half, the seniors found themselves at The Village.

Senior Assembly was Wednesday, May 24. Class Advisors Mrs. Thompson and Mrs. Gaumond presented the class with "Dazed and Confused Calendar Advisors." The juniors did a rendition of the Ricki Lake Show, giving the seniors a glimpse of their future. Senior Class President Carissa Romaniak passed the peace pipe to Junior Class President Lisa Goncalves. The assembly ended in a candlelight ceremony to "Circle of Life" before the recessional. Later that night the Senior Banquet was held at Christ the King Church.

Senior Week came to a close at the Mullins Center on May 25 at 7:30 pm with the graduation exercises.

▶ Matt Misiaszek, otherwise known as Matt Foley, gives his motivational speech to a class at Ludlow High.

▼ Two of the MC's, Katie Dziura and Luis Ganhao, entertained the audience as they introduced the upcoming skits.

▲ Debbie Kropp, the psychotic Satan worshipper, tapes up Jessica Beston, another member of "The Real World."

▶ Demonstrating the helplessness of short people, Jason DeSellier carries Kim Enos off the stage.

▶ As a part of the tribute to Mr. Cavallo, Ben Gaumond tells how he appreciated the hugs he received, but remember he "didn't really like it."

Dazed and Confused

The 1995 Senior Show, entitled **Dazed and Confused in '95**, was directed by Mr. Michael Rheault and Mr. Mike Dziura with the assistance of Sharon Lecuyer, Renee Forzano, and Adam Rivest, the three student coordinators. It was held in the evenings of March 31st and April 1st in the LHS auditorium.

Although rehearsals started off late and cuts were made just before class made its debut, **Dazed and Confused** was a great success. The MC's for the event were Katie Dziura, Carissa Romaniak, Ross Cocchi, and Luis Ganhao. They prepared the audience for upcoming acts, but were rudely interrupted more than once by the four senior girls who thought they "were all that," according to Liz Fortunato.

The skits varied tremendously and were extremely entertaining. Matt Misiaszek's, or should we say Matt Foley's?, motivational speech was one of the funniest acts in the show. Others included the Cheer Commercial and Polchops. On a more serious level, Kristin Calheno and Andrea Markiewicz choreographed a wonderful dance routine for both the men and women in Anthony's.

▲ Lunch at LHS took a surprising turn when ghosts possessed the students as they danced to music from Beetlejuice.

▲ Denise Batalha and Shelby Anderson had fun in the tub in Drawing with Simon, adapted from Saturday Night Live.

◀ John Maggard and Matt Goncalves display their limbs lost to leprosy, in Sharon Lecuyer's version of "Yesterday."

For Just A Moment

The Junior Class
of 1996
cordially invites you to the
Junior - Senior Prom
"For Just A Moment"
on Friday, the twelfth of May
nineteen hundred and ninety-five
at Chez Josef
176 Shoemaker Lane
Agawam, Massachusetts
Social Hour and Photographs from 6-7 p.m.
Music by
The Party Doctors
7:00 p.m. to 12:00 midnight

▲ **Junior Court**
Row 1: Christina Pereira, Lisa Goncalves, Debby Ribeiro, Katie Marino, Jaclyn Kareta. Row 2: Jimmy Ziemba, Mark Eusebio, Luis Da Costa, Jason Mazur, Michael Wells.

▲ Rui Simao and his date, Addy Butler, await their meal of either filet mignon, chicken piccata, or baked stuffed shrimp.

▶ **Senior Court**
Row 1: Diane Pielecha, Tracy Dilley, Nicole Tarby, Sarah Bousquet, Carissa Romaniak. Row 2: Josh Dinelle, Dan Pederneira, Jeff Lawler, Dan Pires, Nick Nutting.

◀ Kara Dubosh and Alan Gates relax on the beautiful staircase at Chez Josef.

▼ Tony Dias and Nancy Martins smile for the camera at the prom.

▲ Prom King Jeff Lawler and Queen Nicole Tarby share a dance to the prom theme "For Just a Moment."

◀ Mary DeBarge and Jason Bourbeau enjoy their dinner at the Prom.

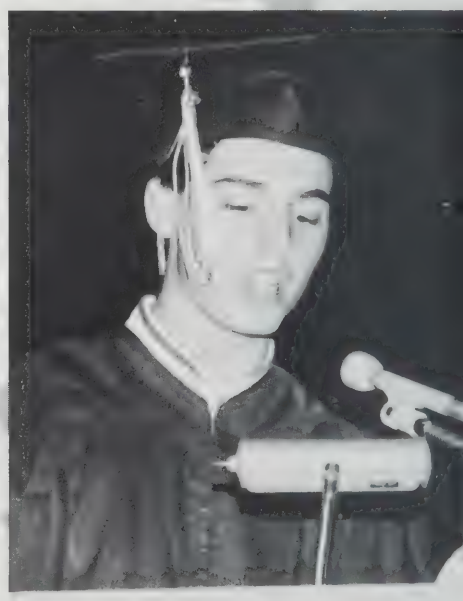
◀ Melissa Strycharz and Marc Cincone share a dance at their final prom.

▶ Mr. James Cavallo presents Corey Tomlinson with the Roberto Costa Scholarship for excellence in hockey at LHS.

▼ Jessica Beston recites her poem "The Road," which was chosen as the class poem for the seniors.

▲ Mrs. Madeline Koran, an entertaining woman from the Wing Memorial Hospital's Nurse's Association, gives Kristin Calheno a warm hug after presenting her with a $4,000 scholarship.

▶ Carissa Romaniak, the President of the Class of 1995, announces the next speaker during the Class Day ceremony.



▶ What's in store for certain members of the senior class in the future? Ross Cocchi entertains his fellow classmates with his and Kim Coelho's future predictions.

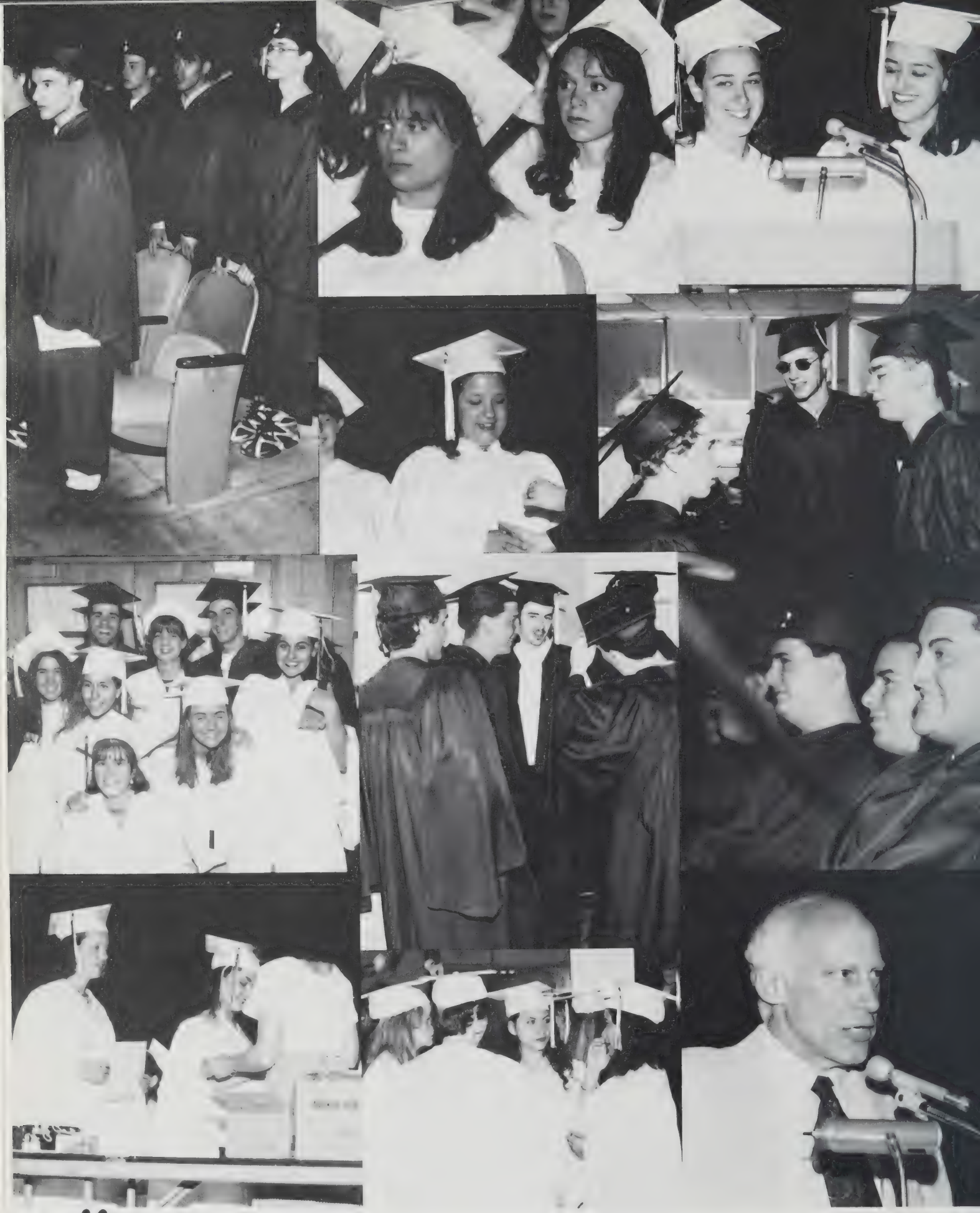
Class Day

"Throughout our four years here at Ludlow High School, each and every one of us has had to make significant decisions that have had an impact on our lives. Sometimes we made the right choice and it led to our success and happiness, while in other cases we made the wrong determination and were forced to learn from our mistakes. The important thing is that we made these decisions for ourselves and they have molded us into what we are. An important rite of passage into adulthood is gaining the ability to determine our own fate by making our own decisions. Only we ourselves know what is best for us. It is not wrong to be influenced by others; in fact, mentors and role models are important to us as we grow in maturity. Yet our diploma signifies our maturity and it is now our turn to set the example by becoming role models for others."

▲ Chrissy Santos, the number two ranking student in the Class of '95, reads her salutatorian address.

▲ Shelby Anderson proudly accepts a scholarship from Mr. James Cavallo.

◀ The number seven ranking student, Elizabeth Bunten, is presented with a certificate for her academic achievement.



EXIT

Senior Assembly

▼ Kevin Ferrabelo smiles with his mother after giving his letter to her.

▲ Danica Lariviere and Lisette Santos pose for a picture during Senior Assembly.

▲ Julie Fragoso waits patiently as her classmates distribute the letters to their parents.

▶ In an adaptation of "Calendar Girl," Mrs. Gaumond and Mrs. Thompson show how much they love their Class of 1995.

◀ Lisa Pio, or Ricki Lake, interviews her special guests during the Senior Assembly skit put on by the junior class.

▼ The senior boys watch in appreciation as the juniors complete a "Circle of Life."

▲ Tony Fonseca enjoys a special moment with his parents.

◀ Connie Alfaia receives her letter to give to her parents.

◀ Exchange student William Rodrigues displays the emotion he felt during Senior Assembly.

▶ Four lovely senior ladies, Beth Lemek, Jen Schimmel, Sharon Lecuyer, and Anne Geboskie, gather together for one of the last times.

▼ Tony Dias scopes the dance floor to find his next dance partner.

▲ Best friends, Angela Silva and Michelle Goncalves, enthusiastically enter the banquet hall.

▶ Jake Dorval and Becki Small enjoy each other's company in the lobby of Christ the King.

▶ Mario Morton and Ross Cocchi entertain their classmates with authentic dance moves.

▼ Liz Fortunato and Anita Goncalves sport their beautiful banquet attire on the dance floor.

Senior Banquet

▲ Joel Canoa and Dana Peabody rest from the tiring, yet entertaining evening.

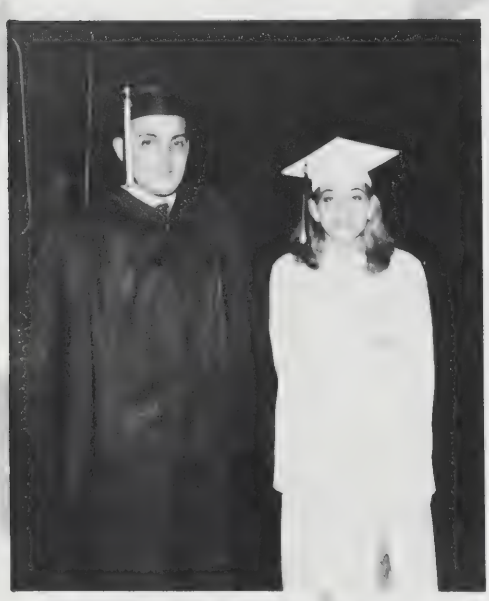
▲ Denise Batalha, Jen Fitzgerald, and Kim Lafayette watch their classmates do the "YMCA."

◀ Mario DaCruz, Chris Alves, and Dan Pederneira escape the heat and catch some cool air in the lobby.

Graduation

▼ Number one ranking student Amandio Rua delivers his valedictory address.

▲ Joe Goodreau, Matt Danner, and Ed Denette get together after receiving their diplomas.

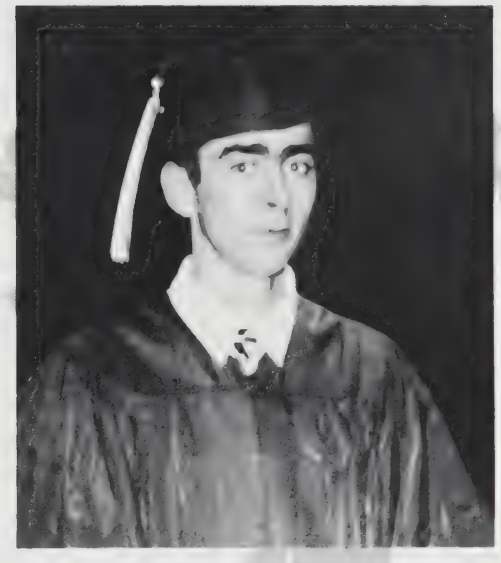


▲ Denis Lage and Shannon Kapinos relax before graduation begins.

▶ Craig Deraleau gracefully receives his diploma from School Committee Chairman William Rooney.

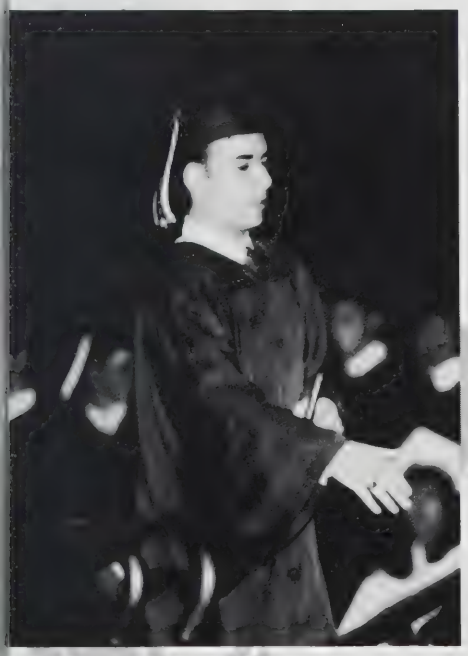
◀ Katie Dziura, Colleen Baker, and Michelle Skarbek talk before the ceremony begins.

▼ John Goncalves walks back to his seat after receiving his diploma at the Mullins Center.



▲ John Maggard and Jean Ducharme show enthusiasm that they have finally graduated.

◀ Tony Ribeiro receives a few words of advice from Mr. Cavallo.



◀ Bryan Ferreira prepares to shake hands with Mr. Cavallo.

▶ Katie Dziura and Sarah Bousquet dock their canoe with the help of a lifeguard at The Village.

▼ To escape the heat, Jason Rolo plunges into the freezing pool.

▲ Kristie Haley sports her life jacket as she waits to board a canoe.

▶ Dana Peabody looks for a towel after he exits the pool.

▶ Wearing his shades, Mario DaCruz heads to the tennis courts.

Mystery Trip

▼ Kari Franceschina, Cindy Gomes, and Elaine Batista pose for a picture as they lounge in the sun.

▲ Mrs. Thompson and Anita Goncalves catch some rays as they discuss graduation anxiety.

▲ With temptation to go in the pool, Shelby Anderson, Jeanine Mileskie, Cindy Kozaczka, and Anne Geboskie soak their legs.

◀ Michelle Miles, Amber Gonyea, and Kim Coelho laugh as they watch the guys jump off the diving board.

Nicest Eyes
Heath Owens and Diane Pielecha

Megan Albright
126 Letendre Ave.
4, 19, 78, 79

Connie Alfaia
38 Letendre Ave.
19, 100, 115, 127

Christina Alves
1076 East St.
"It is better to die on one's feet than to live on one's knees. Good luck '95."
1, 19, 96, 102, 103, 114, 115, 129, 135

Michael Alves
26 Vienna Ave.
"We didn't really lose eighteen games; we were just behind when time expired."
2, 4, 19, 80, 81, 92, 114, 115

Shelby Anderson
597 Center St.
"All things bright and beautiful. All creatures great and small. All things wise and wonderful. We alone can save them all."
19, 90, 101, 104, 105, 106, 107, 110, 119, 123, 133

Ed Aniolowski
5 Stanley St.
"Joy multiplies when it is shared among friends, but grief diminishes with every division. That is life."
"Exile" by R.A. Salvatone
19, 74, 83, 95, 124

Raymond E. Antaya III
815 Moore St.
1, 13, 19, 82, 83, 92, 114, 115, 124, 160

Kevin Matthew Auffrey
22 Moore St.
"PLAY BALL!"
5, 19, 80, 81, 92, 114, 115

Ricardo Azevedo
90 Oak St.
19, 125

Colleen M. Baker
95 Fuller St.
"The noontide is upon us and our half waking has turned to a fuller day. And we must part."
119, 124, 131

Gina P. Barroso
179 Stevens St.
"The great pleasure in life is doing what people say you cannot do."
—Walter Bagehot
10, 18, 19, 111, 114, 124

Cheryl Barry
921 West St.
10, 19, 88, 109, 117

Denise F. Batalha
164 Erin Lane
"Imagine all the people living life in peace . . . "
20, 107, 119, 129

Juliet Bates
534 Fuller St.
"Everyone is unique. Why try to be the same?"
104, 105, 109, 114, 138

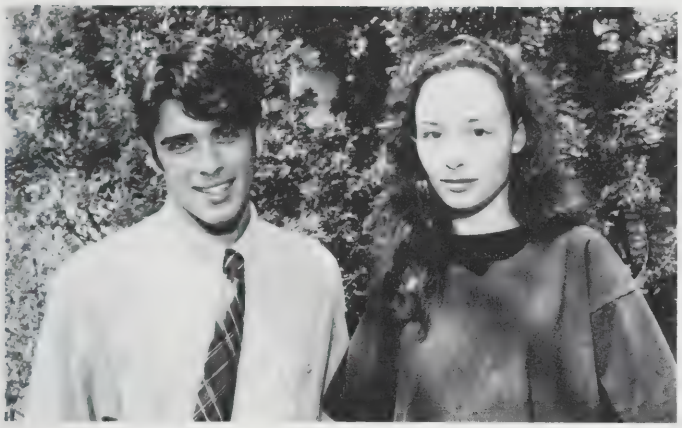
Elaine Batista
134 Reynolds Ave.
20, 90, 113, 119, 124

Brian Bernard
330 Ventura St.
"If you think education is expensive, try ignorance."
15, 20, 82, 100, 114

Jessica Anne Beston
59 West Akard St.
"Through the good times and the bad, we've made it through together. Though parting will be sad, our memories live forever."
18, 20, 101, 104, 105, 118, 122

Jason Borek
142 Pondview Dr.

Best Dressed and Most Organized
Kristin Calheno and Jeff Lawler



Most Handsome and Beautiful
Danny Pires and Nicole Tarby

20, 84, 85

Jason Bourbeau
10 Elm St.
20, 84, 112, 121

Sarah Bousquet
29 Pleasant St.
20, 120, 125, 132

Elizabeth Bunten
78 Aldo Dr.
12, 20, 102, 103, 107, 113, 115, 123

Jeffrey Butcher
370 Ventura St.
"Two roads diverged in a wood, and I took the one less traveled by. That has made all the difference."
—Robert Frost
20, 83, 118, 125

Kristin Marie Calheno
16 Nash Hill Rd.
"To laugh often and to love much, to have played and laughed with enthusiasm, to leave the world a little better: This is to have succeeded."
—Ralph Waldo Emerson
6, 7, 8, 20, 102, 108, 110, 111, 112, 114, 122, 134

Beatriz Calvao
64 Oak St.
20, 33

Jimmy Canoa
18 Victor St.
20, 72, 112, 114, 125

Joel Canoa
18 Victor St.
21, 116, 129

Brian Carvalho
77 Clover Rd.
15, 21, 33, 72, 115, 116

Celia Chaves
743 Chapin St.
21, 100

Marc Cincone
East St.
100, 107, 120, 139, 142

Ross Cocchi
52 Haswell Cir.
13, 18, 21, 82, 92, 93, 122, 128, 159

Kimberly Coelho
149 Poole St.
"Yesterday is today's memory and tomorrow is today's dream."
—Kahlil Gibran
10, 18, 21, 109, 111, 114, 115, 124, 133

Michelle Christine Cushing
185 Ventura St.
10, 12, 21, 102, 103, 107, 113, 114

Eduardo D'Miranda
125 Higherbrook Dr.

Mario G. daCruz
16 Clarence St.
"It was fun while it lasted."
21, 115, 129, 132

Matthew Danner
50 Andrew St.
21, 72, 126, 130

Michelle DaSilva
97 Lakeview Ave.
10, 21, 86, 87, 117

Anthony Davis
31 Robin Dr.
101, 116

Mary A. DeBarge
1230 Center St.
"Sometimes it's hard to admit that someone really does care!"
21, 115, 121, 160

Edward Denette
28 Miller St.
21, 74, 124, 130

Craig Deraleau

Class Inseparables
Chris Alves and Tina Fernandes

41 Crest St.
21, 124, 130, 159

Antonio Dias
201 Stevens St.
"Some are born to move the world and live their fantasies, but most of us just like to sit and dream about the things we'd like to be."
22, 101, 114, 128

Dan Dias
16 Joy St.
101

Joao Dias
174 Center St.

Tony Dias
156 Holy Cross Cir.
7, 18, 22, 101, 114, 115, 121, 124

Tracey Anne Dilley
487 Moore St.
"Live, love, and party! I'll miss you all! Good luck in the future."
11, 22, 104, 105, 114, 115, 120

Joshua Dinelle
103 Mass. Ave.
4, 22, 116, 120

Kevin Dolley
33 Pine Knoll Dr.
22, 92, 101, 114, 115

Andrew Dorval
132 Church St.
22, 92, 119

Jacob Dorval
67 Clark St.
12, 22, 116, 118, 128

Jean Ducharme
158 Hubbard St.
101, 131

Laura A. Dudley
23 Power Ave.
"My time with my friends has gone by fast, but I'll never forget my very special past. Thank you All!"
22, 32, 115, 124

Class Clowns
Sabrina Gallo and Mario Morton

Friendliest
Danny Pederneira and Diane Pielecha

Katie-Jane Dziura
95 Chapin Greene Dr.
"All you have to be is you."
22, 118, 131, 132

Kimberly Ann Enos
727 Center St.
"Believe nothing of what you hear and only half of what you see."
22, 118, 125

Bruno Fernandes
78 White St.
22, 115, 125, 139

Christina Fernandes
32 Birch St.
"If you're not sure if something is yours, let it go. If it comes back to you it was always yours. If it doesn't, then it was never yours to begin with. Good luck in the future '95."
1, 22, 96, 102, 103, 114, 115, 135

Kevin Ferrabelo
8 Fern St.
22, 126

Bryan Ferreira
162 Center St.
124, 131

Marco Ferreira
50 Meadowlark Circle
16, 23, 72, 112

Jennifer Fitzgerald
589 Chapin St.
23, 104, 105, 129, 160

Aaron Fitzsenry
28 Simonds St.
76, 95, 100, 138

Antonio Fonseca
169 Americo St.
23, 33, 126

Elizabeth Fortunato
140 Kirkland Ave.
"Don't let life discourage you; everyone who got where he is had to begin where he was."
23, 101, 129, 141

Renee Marie Forzano
153 Erin Lane
"Whom the gods love die young no matter how long they live."
—Elbert Hubbard
18, 23, 100, 109, 110, 114, 115, 125, 141

Donny Fragoso
76 Americo St.
16, 23, 112

Julie Fragoso
146 Center St.
23, 126

Kari Franceschina
89 West Ave.
23, 114, 133

Jose Freitas
72 Haviland St.
23, 125

Sabrina Gallo
250 Miller St.
"Be good to yourself because nobody else has the power to make you happy."
—George Michael
3, 12, 23, 90, 102, 109, 112, 113, 114, 136

Luis Pedro Ganhao
84 Amherst St.
"It's time to forget the past and start thinking about what lies ahead."
23, 118, 124

Benjamin Gaumond
18 Wood Dr.
24, 108, 112, 118, 158

Anne Geboskie
69 West St.
24, 100, 128, 133

Most Likely to Succeed and Class Scholars
Jeff Lawler and Chrissy Santos

Favorite Teachers and Teacher's Pet
Mrs. Kurty, Mr. Larrivee, and Danny Pires

Melanie Geer
26 Aldo Dr.
"Believe in yourself even when others doubt you."
24, 100

Nicole Giroux
95 Lakeview Ave.
24, 33, 101, 104

Cynthia Gomes
32 Pine St.
"When I leave I don't know what I'm hoping to find and when I leave I don't know what I'm leaving behind."
24, 102, 113, 115, 133, 158

Maria J. Gomes
113 Amherst St.
"Happiness is not having what you want, but wanting what you have."
10, 24, 33, 101, 115, 124

Paulo Gomes
41 Clarence St.
"The world is full of willing people; some willing to work, the rest willing to let them."
—Robert Frost
6, 24, 74, 100, 113, 114

Anita Goncalves
10 Walnut St.
"Friends should not be chosen to flatter. The quality we should prize is that rectitude which we shrink from no truth. Intimacies which increase vanity destroy friendship."
24, 129, 133

Antonio Goncalves
79 Yale St.
24

Joao Goncalves
47 Beachside Dr.
131

Matthew Goncalves
30 Greenwich St.
24, 119

Class Individuals
Aaron Fitzsenry and Julie Bates

Michelle Goncalves
37 Dale St.
9, 24, 70, 94, 119, 124, 128

Susan Goncalves
327 Miller St.
18, 24, 111

Amber Gonyea
75 Vienna St.
12, 25, 133

Brian Goodreau
90 Posner Circle
12, 25, 101, 102, 109, 118, 159

Joseph Goodreau
127 Lavoie St.
14, 25, 74, 124, 130, 138

Kristie Maureen Haley
191 Reynolds St.
"The best never rests."
25, 101, 132

Mark Hite
25 Blue Grass Ln.
25

Kristin Hyder
9 Westerly Circle
"It is time to move on, what lies ahead we have no way of knowing."
12, 25, 102, 109, 115

Amy Jodlowski
20 Beachside Dr.
"Live for today, and dream for tomorrow."
12, 25, 90, 102, 112, 113, 114, 115, 125

Kara Jorge
408 Chapin St.
"Live life to the fullest today, because you never know what could happen tomorrow."
12, 25, 78, 90

Shannon Kapinos
115 Main Blvd.
125, 130

Edyta Karczynska
1359 Center St.
25, 32, 124

Cynthia Kozaczka
50 Tait St.
25, 104, 105, 133

Deborah Kropp
243 Harris Road
Smithfield, NC 27577
"There is no greater blessing than a friend who's there when good times aren't."
25, 32, 107, 118, 157

Justin LaBier
17 Ridgeview Cir.
"Someday, far ahead in the future, I may wander back through my mind and wonder what I did here."
11, 25, 78, 88, 89, 100, 103, 114, 115, 118

Desiree LaBrecque
546 Fuller St.
4, 12, 26, 114, 115, 141, 143

Dagmara Lachut
521 Center St.

Kim Lafayette
798 West St.
26, 79, 90, 91, 104, 129

Denis Lage
804 Chapin St.
130

Angela Landry
309 Chapin St.
26

Jennifer Lane
5 Keefe St.

Amanda LaPlante
105 Erin Lane
2, 10, 26, 114, 115

Francis LaPointe
117 Chapin Greene
26, 84, 114

Danica M. Lariviere

Most Disorganized
Joe Goodreau and Laura Tereso

Class Flirts
Bruno Fernandes and Diane Pielecha

34 Birch Point
"If you can imagine it, you can achieve it. If you dream it, you can become it."
26, 117, 126

Jose Larouco
161 Lakeview Ave.
32, 97

Jeffrey D. Lawler
164 Holy Cross Cir.
4, 26, 92, 93, 114, 120, 121, 125, 134, 137

Sharon Lecuyer
14 Clark St.
11, 104, 105, 110, 114, 128, 140, 142

Beth Lemek
49 Wood Dr.
3, 18, 26, 70, 94, 102, 112, 114, 128

Kristoffer Linna
419 Poole St.
26, 124

Andrea Lombardi
79 Miller St.
26, 101, 104, 105, 159

John Maggard
34 West St.
26, 119, 124, 131

Dominic Maggi
501 Moore St.
26, 72, 73, 115

Joseph Malfino
202 Holyoke St.
100, 116

Stephen Marino
143 Higherbrook Dr.
1, 13, 27, 74, 82, 92, 93, 114, 115, 124, 140

Andrea Markiewicz
23 Stivens Terrace
"You were always the one to show me how. Back then I couldn't do the things that I can do now."
—Trent Reznor NIN
12, 27, 67, 90, 102, 103

Florbela Marques
32 Joy St.
3, 27

Lynn Martin
45 Andrew St.
Springfield, MA 01109
27

Jeffrey Martins
24 Batista Circle
17, 115, 125

Nancy D. Martins
52 L. Whitney St.
"He who walks in another's tracks leaves no footprints."
18, 27, 32, 112, 114, 115, 121, 124

Sandra Masse
148 Yale St.
10, 17, 27, 115

Mike Menard
121 Barna St.
"To speak is not to express one's inner emotions, but to define the boundries of thought."
101, 116, 140

Michelle Miles
38 King St.
"Our greatest glory consists not in never falling, but rising every time we fall."
—Oliver Goldsmith
27, 101, 133

Jeanine Mileskie
589 Chapin St.
"To my friends, goodbye. I will miss you all. Keep in touch."
27, 133, 160

Christopher Miller
58 Nash Hill Rd.

Sara Minich
110 Clover Rd.
27, 100

Most Changed
Shannon Stebbins and Marc Cincone

Matt Misiaszek
34 Hillcrest Lane
"Hope is epidemic, optimism spreads. Bitterness breeds irritation. Ignorance breeds imagination."
27, 88, 89, 101, 114, 118, 125

Scott Molway
102 Longview St.
27, 100

Chris Moore
826 Center St.
"The green grass grows all around."
15, 28

Kristopher Moorhouse
502 Alden St.
124

Danny Morais
64 Cady St.
28, 80, 115, 125

Mario Morton
259 Cady St.
28, 84, 85, 128, 136, 141

Michelle Nogueira
1094 East St.
"Let us learn to show our friendship for a man when he's alive and not after he is dead."
—**The Great Gatsby**
11, 101, 114, 115, 124

Nicholas Nutting
14 Barrett St.
10, 28, 80, 92, 93, 114, 120, 125

David Ostrowski
638 West St.
28, 88, 89, 101, 107, 118, 158

Adin Owens
12D Chmura St.
80

Heath Owens
12D Chmura St.

Class Vocalists
Sharon Lecuyer and Mike Menard

Class Athletes
Andrea Ruest and Steve Marino

69, 76, 77, 80, 95, 100, 134

Sofia Paulino
20 Pine St.

Dana Peabody
8 Cady St.
114, 116, 129, 132

Kevin Peabody
61 John St.
28, 84, 100

Daniel A. Pederneira
37 Haviland St.
13, 28, 72, 112, 114, 119, 120, 129, 136, 143

April Perusse
53 John St.
28, 33, 115, 116

Jeremy Picard
156 Nash Hill Rd.
28

Diane Pielecha
98 Westerly Cir.
1, 12, 18, 28, 33, 102, 111, 114, 115, 120, 134, 136, 139

Daniel Pires
136 Kirkland Ave.
2, 72, 73, 97, 114, 120, 124, 135, 137, 141

Melissa Pollard
29 Pinewood Rd.
"Live every day like it is your last. I wish you all success in life."
11, 28, 104, 105, 109, 114, 115

Stanley Poon
42 Chapin St.
4, 28, 108, 113, 114

Jaime Renee Pouliot
31 Stivens Dr.
"If you sit and wait for something to happen, it probably won't."
29, 67, 102, 124

Shawn Prophet
70 Woodside Rd.
11, 29, 84, 88, 141, 158

Luis Quiterio
1 Hubbard St.
29

Antonio Ramalhete
17 Berkshire St.
29, 126

Fernando Ramos
12 Essex St.

Tony Ribeiro
132 Loopley St.
29, 101, 115, 131

Adam Rivest
37 Mass Ave.
"In complete darkness we are all the same, it is only our wisdom and knowledge that separates us; don't let your eyes deceive you."
—Janet Jackson
11, 18, 29, 90, 102, 104, 106, 107, 109, 110, 111, 114, 115, 125, 142, 143

Evette Rodrigues
182 Elizabeth Dr.
"It is time for a new generation of people for there is a new world to be won . . . we are the world, hear us roar. '95 rules."
29, 113, 115

Maria Rodrigues
23 Lockland Ave.
3, 29

William Rodriguez
38 Circuit Ave.
100, 127

Jason Rolo
1158 East St.
100, 114, 132, 141

Carissa Romaniak
418 Munsing St.
"There are two ways of spreading light: to be the candle or the mirror that reflects it."
—Edith Wharton
"Good Luck Class of 1995!!!"
2, 18, 29, 67, 102, 108, 110, 111, 112, 114, 115, 120, 122, 125, 159

Class Optimists and Pessimists
Mario Morton and Lisette Santos; Liz Fortunato and Jason Rolo

Amandio Rua
46 Berkshire St.
4, 29, 108, 113, 125, 130

Andrea Ruest
49 Main Blvd.
"TEAM WORK!!!"
29, 78, 106, 107, 140

Dana Salvador
52 Berkshire St.
29, 33, 124, 125

Christina Santos
35 Warwick Dr.
"Hold fast to your dreams for if dreams die, life is a broken-winged bird that cannot fly."
—Hughes
12, 18, 30, 102, 108, 110, 111, 112, 113, 114, 115, 123, 124, 137, 143, 158

Lisette Santos
313 Windsor St.
"As the future quickly approaches, I slowly think of the past."
30, 33, 114, 126, 141

Roberto Santos
564 Chapin St.
30, 72, 116

Jennifer E. Schimmel
38 Gamache Dr.
"If a tree does not live according to its nature, it dies and so a man."
—Thoreau
104, 128

Kevin Schwerdtfeger
146 Highland Ave.

William Scott

Most Talkative
Shawn Prophet and Desiree LaBrecque

Class Dramatists
Sharon Lecuyer and Adam Rivest

92 Parkview St.
13, 30, 84, 115, 116

Angela Silva
121 Prokop Ave.
"Take it as it comes."
30, 119, 124, 128

Licinio Silva
32 Joy St.
9, 30

Rui Simao
17 Barna St.
30, 120, 124

Stela Simoes
99 Hubbard St.

Michelle Skarbek
61 Evergreen Circle
30, 124, 131

Becki Small
208 East St.
"When you are at peace with yourself, any place is home."
12, 30, 102, 103, 108, 109, 112, 114, 115, 125, 128, 141

Shannon Stebbins
522 West St.
"Thanks Miss August for helping make my year 1995."
13, 30, 125, 139, 160

Melissa Faith Strycharz
39 Gaudreau Ave.
"Listen to your heart, because only you know what is good for you."
30, 104, 105, 120

Kristine Stuart
53 Wilson St.
"If you hold onto the past, you die a little every day, but I'd rather live."
30, 104, 105, 124

Michael Surreira
66 Pine St.
31

Sara Swiatlowski
15 Brookfield St.
"In life, everyone wants to be someone, but the most important person you can be is yourself."
12, 31, 124

Nicole Tarby
51 Aldo Dr.
"Our lives are before us . . .
Our past is behind us,
But our memories are forever with us."
16, 18, 31, 111, 114, 120, 121, 135

Laura Ann Tereso
76 Lawton St.
"If it happens, it was meant to be. If it doesn't, then it simply just was not meant to be."
3, 31, 124, 138

Corey Tomlinson
42 Elm St.
"A choice now lies before us; we either turn our dreams into reality, or let reality crash our dreams."
12, 31, 84, 85, 95, 101, 109, 112, 113, 122, 124

John Vigiliano
58 Cady St.
"We finally graduated!!!"
31, 124

Steven Vitorino
15 Helene St.
31, 101, 115, 126

Jeffrey Webb
31 Sroka Ln.
31, 116

Kenneth White
85 Simmonds St.
32

Karen Wisell
191 Reynolds St.
10, 18, 31, 102, 103, 111, 114, 115

Karen Wolcheck
66 Fuller St.
31, 100

Class Musicians
Sharon Lecuyer and Marc Cincone

Nicest Smile
Desiree LaBrecque and Danny Pederneira

Class Artists
Andrew Dorval and Sabrina Gallo

The Road

The road is long,
Sometimes cold and icy,
Other times warm and smooth.

We walk the road,
All of us together.
We walk the road,
Through the good and the bad.

Everyone walks this road,
Some may walk a different path,
But we will all meet,
And walk together again.

For those who remain,
We walk like an army
Act like heroes,
And not as cowards.

We walk to find success
Maybe greater life,
Never forgetting the people who carried us,
when the road seemed never-ending.

And now we will walk the road . . . for life.
– Jessica Beston

Class Couple
Marco Ferreira and Nicole Tarby

Most Involved
Adam Rivest and Chrissy Santos

The Greniers
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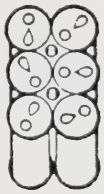

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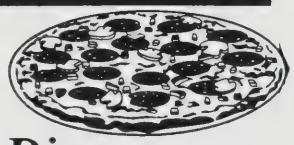

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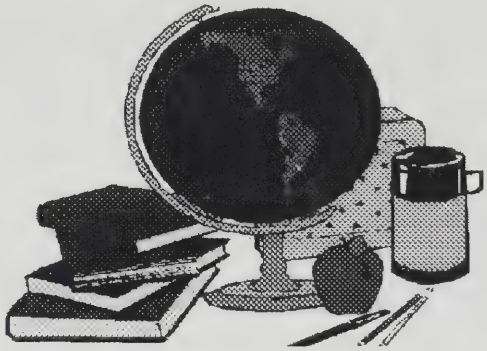

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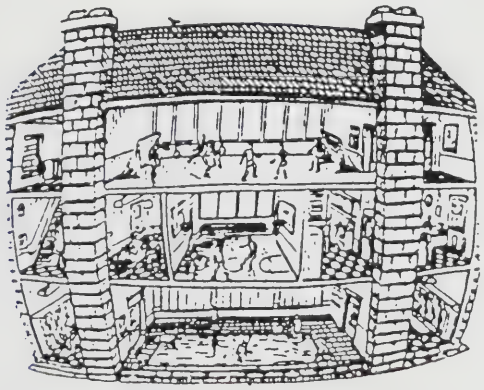

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Congratulations

to the

Class of 1995

From the faculty and staff

Congratulations from Parents and Friends

Congratulations and Best Wishes to the Class of 1995.

Your Advisors,
Mrs. Gaumond, Mrs. Thompson,
and Mr. Larrivee

We knew you could do it!
We're proud of you.
Love,
Mom and Dad

Congratulations!

Andrea Ruest

In this basketball game called life,
Always take it to the hoop and
Never be afraid to take the 3's.
The best is yet to come.

HOOP IT UP, Chooch!!!

We all love you and are very proud of you, Bach.

Mom, Dad, Tony, Nonnie and Grampa

Shawn,

Good Luck in all your years ahead.

Love,
Mom, Dad, and Shelley

Chrissy,

May happiness and success always be yours. We are very proud of you.

Love,
Mom and Dad

Ben,
Congratulations on your graduation. We all wish you the best of everything in your future and know that you'll be successful in anything you try. We're very proud of you!
With love,
Mom, Dad,
Ethan, and Aaron

Cindy,

You have made us so proud. We always knew you could do it. Good Luck in all you try to accomplish.

With Love,
Mom, Dad, Marc, Steven

Congratulations David —

You've made us proud, in all you've done. May your future plans bring you success and happiness.

We Love You
Mom, Dad, Terri, and Mike

Desi, Kara, Andrea, Megan, Kim

As You Graduate

Cherish your memories,
but look forward...

Treasure your friendships,
but reach outward...

Learn from the past,
but move onward...

Live each day with hope,
and climb upward...

Best Wishes from the LHS Girls' Basketball Boosters

Ross,

You have grown into a very responsible, considerate, young man. We love you and wish you much success and happiness in the future.

Love,
Mom, Dad, Eric, and Nick

Congratulations Craig! We are so proud to have you as our son. You made the difficult job of being a parent not only fun, but easy! You're a great kid. Best wishes for a happy future.

Love,
Mom and Dad

Congratulations, Carissa!

You brighten our lives with your love and enthusiasm. We are so proud of you.

Love,
Mom and Dad

Andrea,

You're beautiful, talented, compassionate, and very special to me. I have always been proud of you for all your accomplishments, especially your determination. I Love You.

Love,
Mom

Dear Brian,

Thank you for the adventures you have taken us on; now it is time for you to go on your own. Take our Love and Caring with you.

Love,
Mom, Dad, and Jim

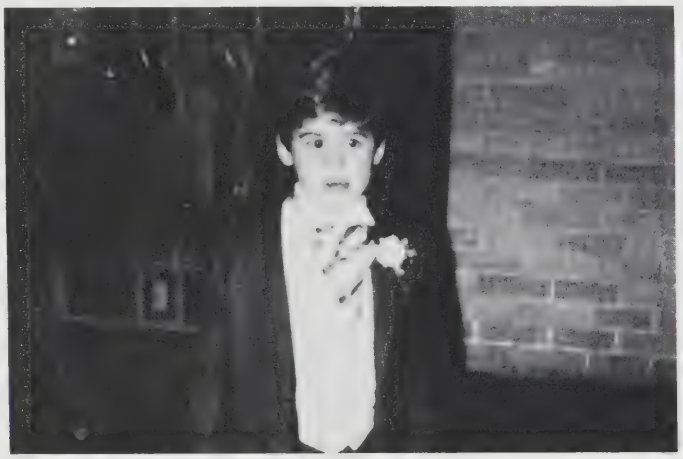
Congratulations! All the best in the future, Andrew.

Love,
Mom

Friends till the end. Congratulations and best wishes Jen and Jen.
Love,
Mom and Dad
Fitz

Congratulations! Where have the years gone? Reach for the sky and collect as many stars that you can.

With Love and Pride
Mom and Dad



Ray Antaya,

We are very proud to be your parents. Congratulations and best wishes for your future.
Love,
Mom, Dad, Renee,
Ron, and Rosemary

Congratulations Shannon!
You have always made us proud. Love, Mom, John, Rebecca, and Little John.

Ludlow H
Class

gh School

1995